# Understanding self-supervised Learning Dynamics without Contrastive Pairs



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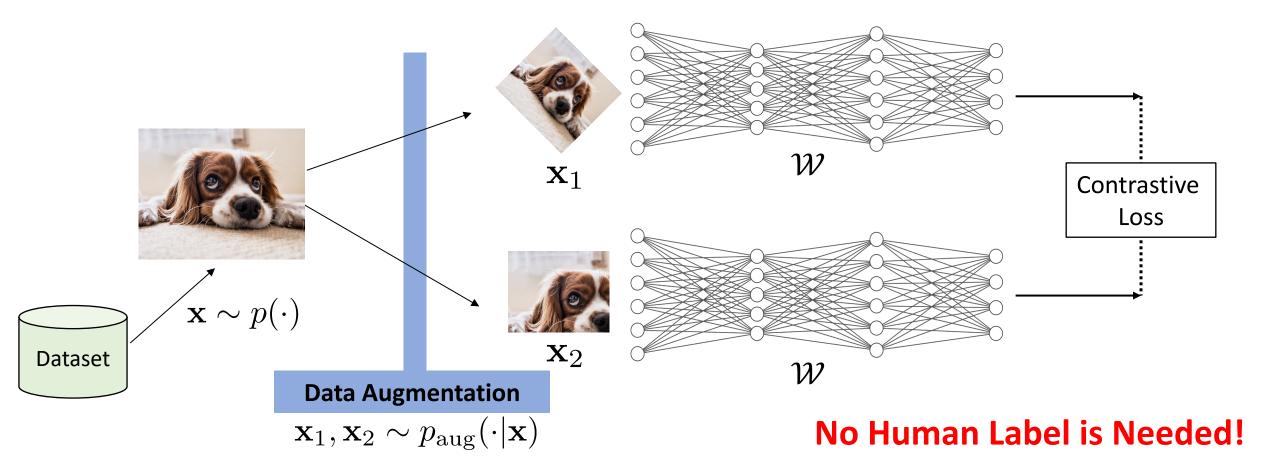
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**ICML 2021 Long oral** 

Code: https://github.com/facebookresearch/luckmatters/tree/master/ssl

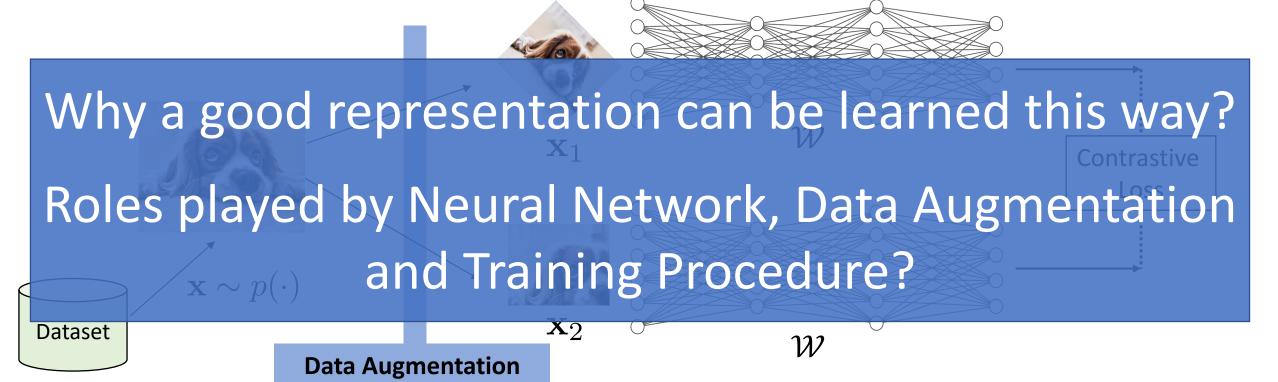
## Self-supervised Learning (SimCLR)



**SimCLR**: [T. Chen, A Simple Framework for Contrastive Learning of Visual Representations, ICML 2020]

## Self-supervised Learning (SimCLR)

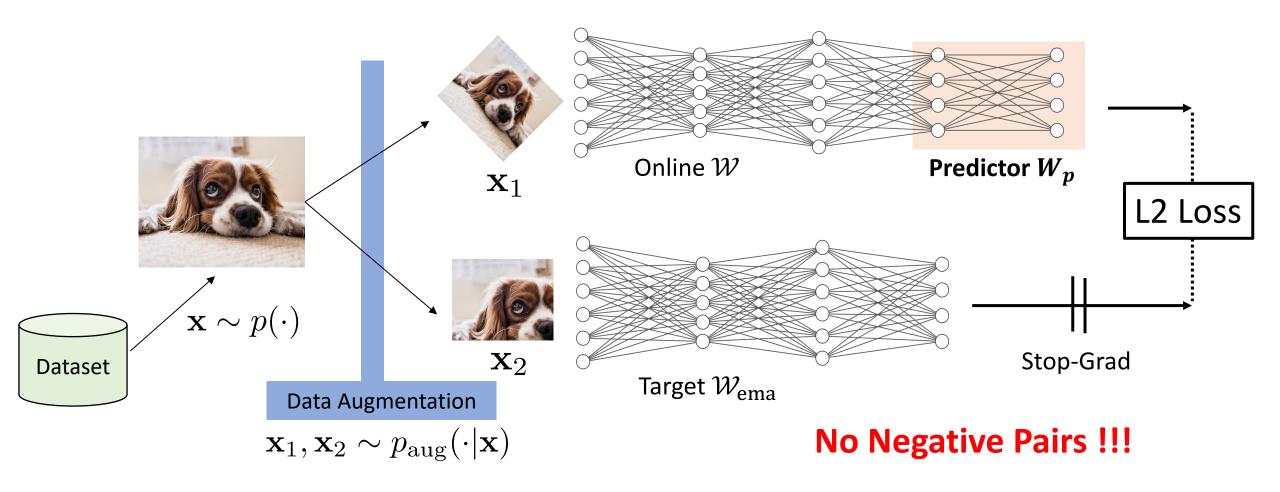
 $\mathbf{x}_1, \mathbf{x}_2 \sim p_{\mathrm{aug}}(\cdot|\mathbf{x})$ 



No Human Label is Needed!

SimCLR: [T. Chen, A Simple Framework for Contrastive Learning of Visual Representations, ICML 2020]

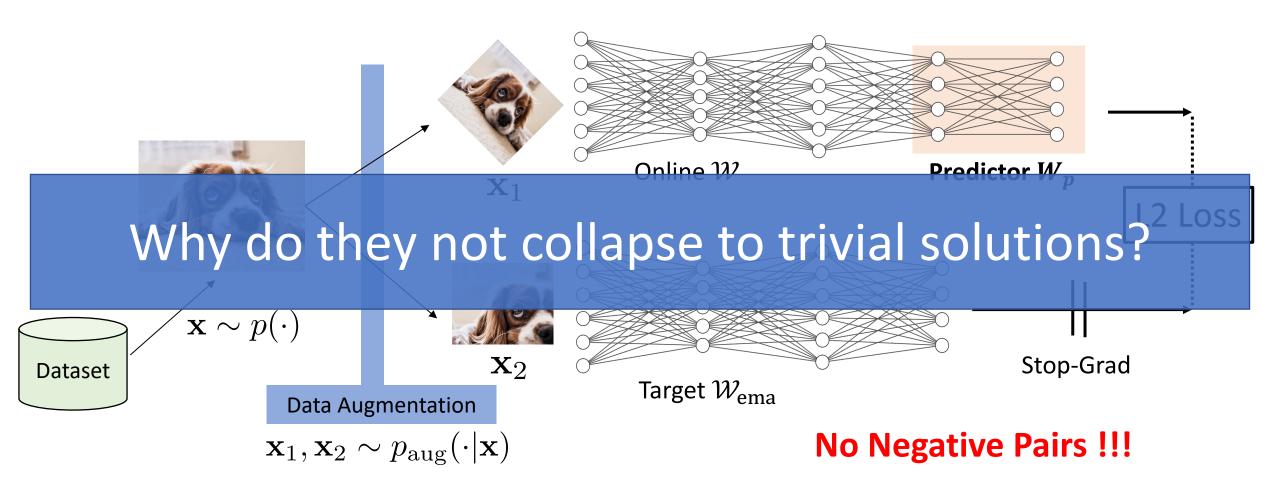
#### Non-contrastive SSL (BYOL/SimSiam)?



**BYOL:** [J. Grill, Bootstrap your own latent: A new approach to self-supervised Learning, NeurIPS 2020]

**SimSiam**: [X. Chen and K. He, Exploring Simple Siamese Representation Learning, CVPR 2021]

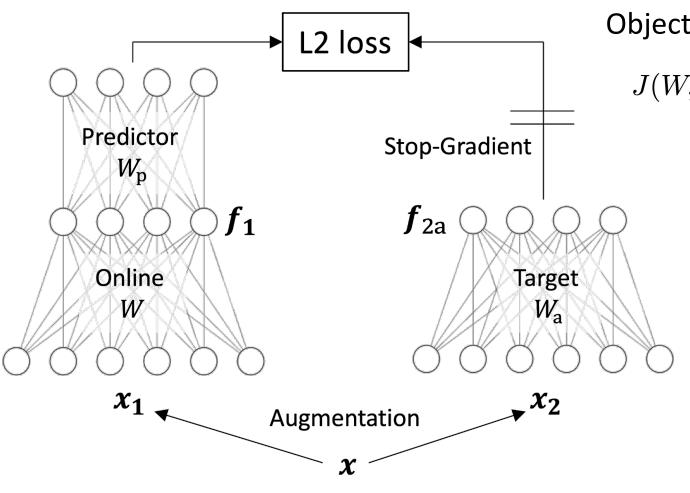
#### Non-contrastive SSL (BYOL/SimSiam)?



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#### A simple model



Objective:

$$J(W, W_p) := \frac{1}{2} \mathbb{E}_{\boldsymbol{x}_1, \boldsymbol{x}_2} \left[ \|W_p \boldsymbol{f}_1 - \operatorname{StopGrad}(\boldsymbol{f}_{2\mathrm{a}})\|_2^2 \right]$$

Linear online network W

Linear target network  $W_a$ 

Linear predictor  $W_p$ 

#### Learning Dynamics

$$egin{aligned} ar{m{x}}(m{x}) &:= \mathbb{E}_{m{x}' \sim p_{ ext{aug}}(\cdot | m{x})} \left[ m{x}' 
ight] \ X &= \mathbb{E} \left[ ar{m{x}} ar{m{x}}^{\intercal} 
ight] \ X' &= \mathbb{E}_{m{x}} \left[ \mathbb{V}_{m{x}' | m{x}} [m{x}'] 
ight] \end{aligned}$$

#### **Lemma 1.** BYOL learning dynamics following Eqn. 1:

$$\dot{W}_p = \alpha_p \left( -W_p W(X + X') + W_a X \right) W^{\mathsf{T}} - \eta W_p$$

$$\dot{W} = W_p^{\mathsf{T}} \left( -W_p W(X + X') + W_a X \right) - \eta W$$

$$\dot{W}_a = \beta (-W_a + W)$$

| Hyper-parameter | Description                                  |
|-----------------|--|
| $lpha_p$        | Relative learning rate of the predictor      |
| $\eta$          | Weight decay                                 |
| β               | The rate of Exponential Moving Average (EMA) |

#### Stop-Gradient do not work

<u>Theorem 2</u>: No Stop-Gradient doesn't work ( $W \rightarrow 0$ )

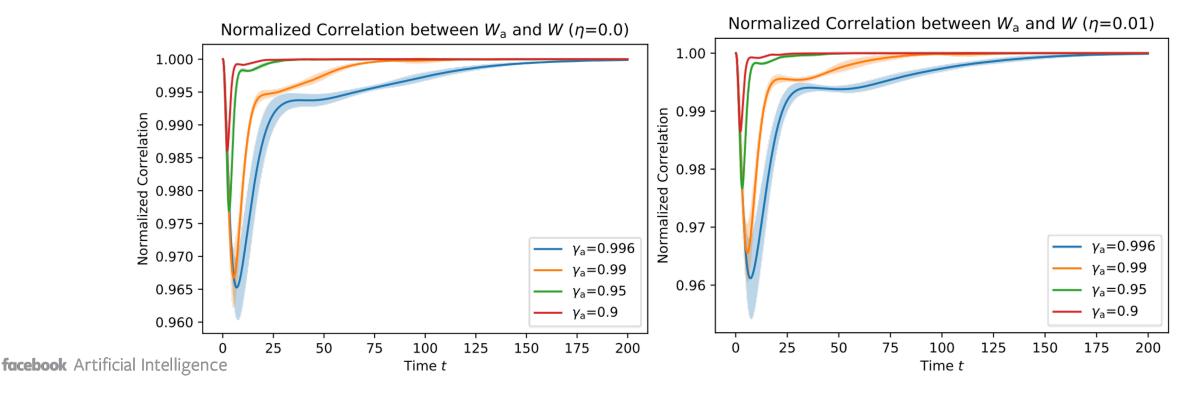
$$\frac{\mathrm{d}}{\mathrm{d}t} \mathrm{vec}(W) = -\left[ X' \otimes (W_p^{\mathsf{T}} W_p + I) + X \otimes \tilde{W}_p^{\mathsf{T}} \tilde{W}_p \right] \mathrm{vec}(W)$$
PSD matrix

Here 
$$\widetilde{W_p} := W_p - I$$

#### Assumptions

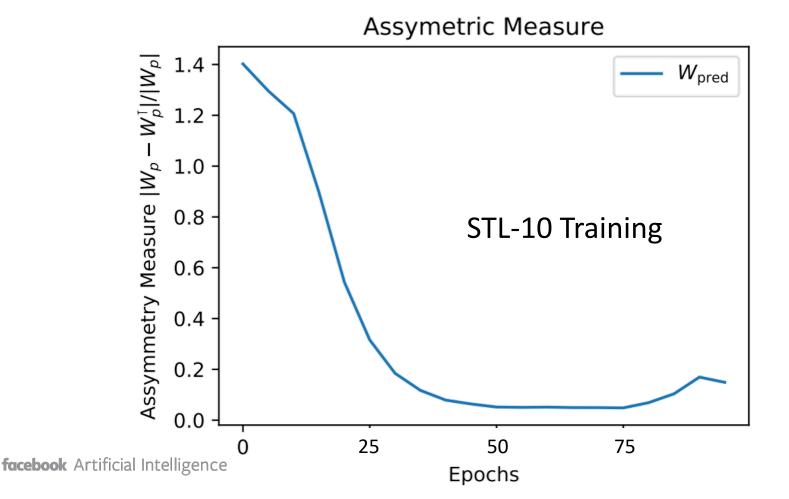
<u>Assumption 1</u> (Isotropic Data and Augmentation): X = I and  $X' = \sigma^2 I$ 

<u>Assumption 2</u>: the EMA weight  $W_a(t) = \tau(t)W(t)$  is a linear function of W(t)



#### Symmetrization of the dynamics

<u>Assumption 3</u> (Symmetric predictor  $W_p$ ):  $W_p(t) = W_p^T(t)$ 



 $W_p$  becomes more and more symmetric over training

## The effect of Symmetrized Predictor $W_{p}$

$$\begin{array}{|c|c|c|c|c|c|c|c|}\hline & No \ predictor \ bias \\ sym \ W_p & regular \ W_p & sym \ W_p & regular \ W_p \\\hline\hline \hline & One-layer \ linear \ predictor \\\hline EMA & 75.09 \pm 0.48 & 74.51 \pm 0.47 & 74.52 \pm 0.29 & 74.16 \pm 0.33 \\ no \ EMA & 36.62 \pm 1.85 & 72.85 \pm 0.16 & 36.04 \pm 2.74 & 72.13 \pm 0.53 \\\hline\hline & Two-layer \ predictor \ with \ BatchNorm \ and \ ReLU \\\hline EMA & 71.58 \pm 6.46 & 78.85 \pm 0.25 & 77.64 \pm 0.41 & 78.53 \pm 0.34 \\ no \ EMA & 35.59 \pm 2.10 & 65.98 \pm 0.71 & 41.92 \pm 4.25 & 65.59 \pm 0.66 \\\hline\hline \end{array}$$

Symmetric  $W_p$  affects the performance a lot!

#### Symmetrized Dynamics

Define anti-commutator  $\{A, B\} := AB + BA$ :

$$\dot{W}_{p} = -\frac{\alpha_{p}}{2}(1+\sigma^{2})\{W_{p}, F\} + \alpha_{p}\tau F - \eta W_{p}$$

$$\dot{F} = -(1+\sigma^{2})\{W_{p}^{2}, F\} + \tau\{W_{p}, F\} - 2\eta F$$

Here  $F := E[ff^T] = WXW^T$  is the correlation matrix of the input of the predictor.

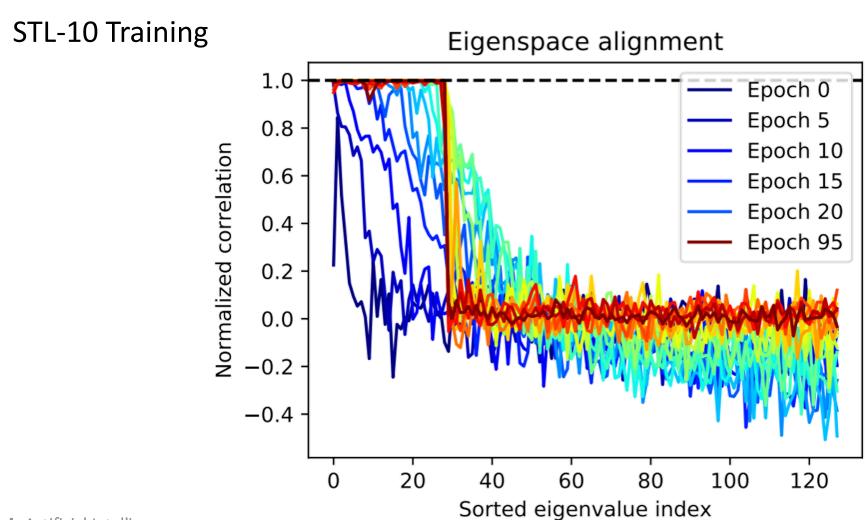
#### Eigenspace Alignment

Theorem 3: Under certain conditions,

$$[F, W_p] \coloneqq FW_p - W_pF \to 0 \text{ when } t \to +\infty$$

and thus the eigenspace of  $W_p$  and F gradually aligns.

#### Empirical Result says the same



#### Decoupled dynamics

When eigenspace aligns, the dynamics becomes decoupled:

$$\dot{p}_{j} = \alpha_{p} s_{j} \left[ \tau - (1 + \sigma^{2}) p_{j} \right] - \eta p_{j}$$

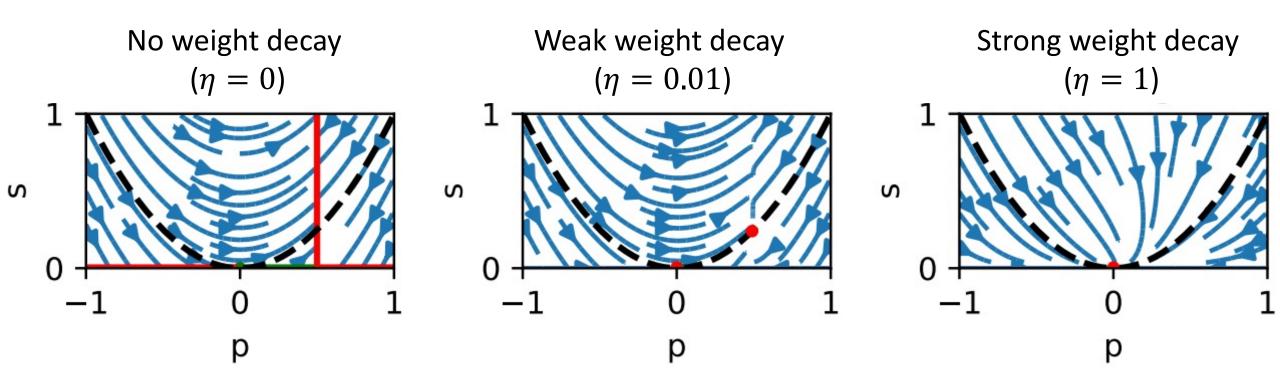
$$\dot{s}_{j} = 2 p_{j} s_{j} \left[ \tau - (1 + \sigma^{2}) p_{j} \right] - 2 \eta s_{j}$$

$$s_{j} \dot{\tau} = \beta (1 - \tau) s_{j} - \tau \dot{s}_{j} / 2.$$

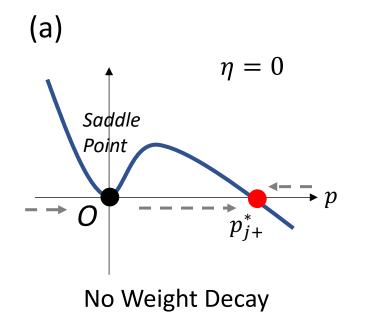
Where  $p_j$  and  $s_j$  are eigenvalues of  $W_p$  and F

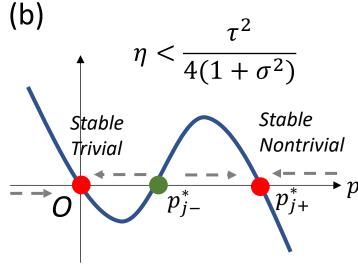
Invariance holds:  $s_j(t) = \alpha_p^{-1} p_j^2(t) + e^{-2\eta t} c_j$ 

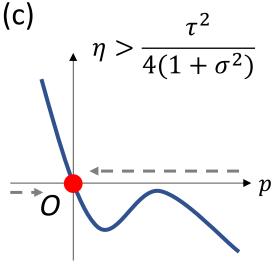
#### State Space Dynamics (Phase Diagram)



#### Why BYOL doesn't collapse?







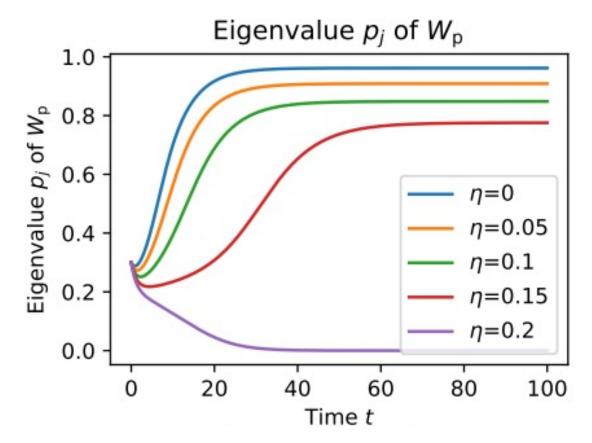
Strong Weight Decay

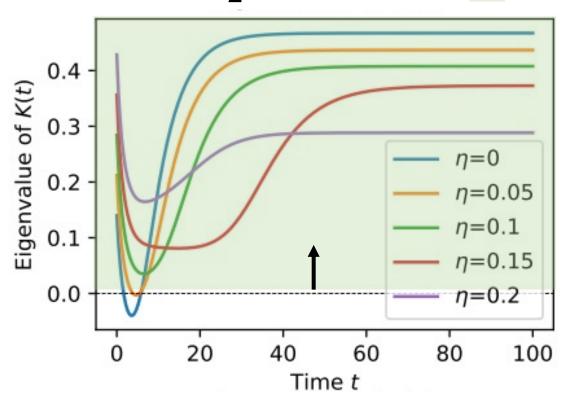
#### The Benefit of Weight Decay

Let 
$$\Delta_j \coloneqq p_j [\tau - (1 + \sigma^2)p_j] - \eta$$

Eigenspace alignment condition

$$\Delta_j < \frac{1}{2} \left[ \alpha_p (1 + \sigma^2) s_j + \eta \right]$$





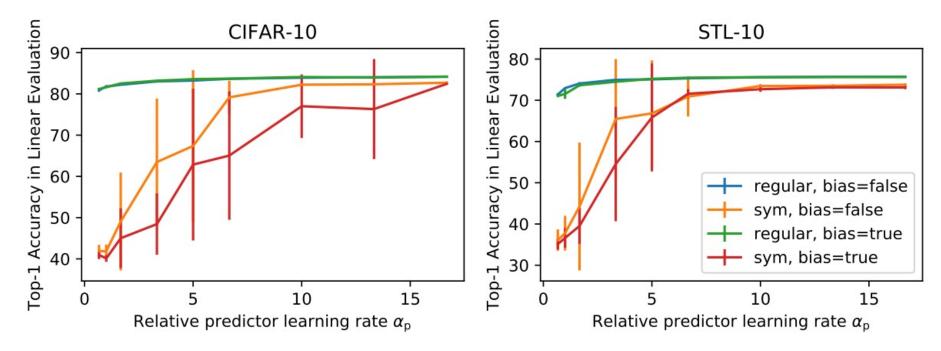
Higher weight decay leads to better satisfaction of alignment condition!

facebook Artificial Intelligence

## Relative learning rate of the predictor $lpha_p$

#### **Positive** ©

- 1. Large  $\alpha_p$  shrinks the size of trivial basin
- 2. Relax the condition of eigenspace alignment



**Negative**  $oldsymbol{\otimes}$  With very large  $\alpha_p$ , eigenvalue of F won't grow (and no feature learning)

#### Exponential Moving Average rate $oldsymbol{eta}$

 $\beta$  large  $\rightarrow W_a(t)$  catches W(t) faster

**Positive**  $\odot$ : Slower rate (small  $\beta$ ) relaxes the condition of eigenspace alignment

 $\tau$  needs to be small to satisfy the eigenspace alignment condition

$$p_{j}\tau - (1+\sigma^{2})p_{j}^{2} < \frac{\alpha_{p}}{2}(1+\sigma^{2})s_{j} + \frac{3}{2}\eta$$
 first order second order 
$$s_{j} \sim p_{j}^{2} \text{ second order}$$

Negative 🖰: Slower rate makes the training slow and expands the size of trivial basin

#### DirectPred

• Directly setting  $\mathcal{W}_p$  rather than relying on gradient descent update.

- 1. Estimate  $\hat{F} = \rho \hat{F} + (1 \rho) E[\mathbf{f} \mathbf{f}^T]$
- 2. Eigen-decompose  $\hat{F} = \hat{U}\Lambda_F \hat{U}^T$ ,  $\Lambda_F = \text{diag}[s_1, s_2, ..., s_d]$
- 3. Set  $W_p$  following the invariance:

$$p_j = \sqrt{s_j} + \epsilon \max_j s_j, \quad W_p = \hat{U} \operatorname{diag}[p_j] \hat{U}^{\mathsf{T}}$$

**Guaranteed Eigenspace Alignment ©** 

#### Performance of DirectPred on STL-10/CIFAR-10

| December 200 Classification Ton 1 | Number of epochs                           |                  |                  |  |  |
|-----------------------------------|--|------------------|------------------|--|--|
| Downstream Classification Top-1   | 100  | 300              | 500              |  |  |
| STL-10                            |  |                  |                  |  |  |
| DirectPred                        | $\boxed{\textbf{77.86} \pm \textbf{0.16}}$ | $78.77 \pm 0.97$ | $78.86 \pm 1.15$ |  |  |
| <b>DirectPred</b> (freq=5)        | L.   |                  |                  |  |  |
| SGD baseline                      | $75.06 \pm 0.52$                           | $75.25 \pm 0.74$ | $75.25 \pm 0.74$ |  |  |
| CIFAR-10                          |  |                  |                  |  |  |
| DirectPred                        | $\boxed{\textbf{85.21} \pm \textbf{0.23}}$ | $88.88 \pm 0.15$ | $89.52 \pm 0.04$ |  |  |
| <b>DirectPred</b> (freq=5)        | $84.93 \pm 0.29$                           | $88.83 \pm 0.10$ | $89.56 \pm 0.13$ |  |  |
| SGD baseline                      | $84.49 \pm 0.20$                           | $88.57 \pm 0.15$ | $89.33 \pm 0.27$ |  |  |

#### Performance of DirectPred on ImageNet

ImageNet performance (60 epoch)

| BYOL variants               | Accuracy |       |
|-----------------------------|----------|-------|
| DIOL Variants               | Top-1    | Top-5 |
| 2-layer predictor (default) | 64.7     | 85.8  |
| linear predictor            | 59.4     | 82.3  |
| DirectPred                  | 64.4     | 85.8  |

DirectPred using linear predictor is better than SGD with linear predictor, and is comparable with 2-layer predictor.

#### Performance of DirectPred on ImageNet

ImageNet performance (300 epoch)

| BYOL variants               | Accuracy |       |
|-----------------------------|----------|-------|
| BIOL variants               | Top-1    | Top-5 |
| 2-layer predictor (default) | 72.5     | 90.8  |
| linear predictor            | 69.9     | 89.6  |
| DirectPred                  | 72.4     | 91.0  |

DirectPred using linear predictor is better than SGD with linear predictor, and is comparable with 2-layer predictor.

# Thanks!