# WITH YOUALL THE WAY

TMA supports you at every stage of your career, in all practice settings.

### **Medical Students**

- Low-interest loans and scholarships
- Leadership opportunities within the <u>TMA Medical Student Section</u> (MSS) and on TMA boards, councils, and committees
- Networking with your peers at MSS meetings and TMA conferences
- Wellness resources and services through your medical school
- Advocacy and policymaking training and practice
- Turnkey <u>community outreach</u> programs to make a difference and gain experience

For more information about the MSS, contact karen.kollar@texmed.org.

### **Residents/Fellows**

- Low-interest loans
- Networking with your peers at <u>TMA</u> <u>Resident and Fellow Section</u> (RFS) meetings and TMA conferences
- Professional development, career support, and leadership opportunities
- Free presentations through your residency program
- Advocacy and policymaking training and practice
- Guidance on choosing a practice setting, expert help starting a practice, and contract negotiation
- Free \$250K life insurance under age 50 by TMA Insurance Trust

For more information about the RFS, contact karen.kollar@texmed.org.

# **Young Physicians**

(first eight years in practice)

- <u>Physician wellness</u> education and counseling services
- Leadership training and career support through TMA's Leadership College
- Hundreds of hours of <u>free CME</u>, including mandated courses for maintaining licensure, plus <u>podcasts</u>/ courses to sharpen your practice know-how
- Networking with your peers at <u>TMA Young Physician Section</u> (YPS) meetings and TMA conferences
- Advocacy and policymaking training and practice
- Free \$250K life insurance under age 50 by TMA Insurance Trust
- Turnkey <u>community outreach</u> programs to extend your practice's reach

For more information about the YPS, contact melanie.fossett@texmed.org.

## **Physicians**

- <u>Physician wellness</u> education and counseling services
- Hundreds of hours of <u>free CME</u>, including mandated courses for maintaining licensure, plus <u>podcasts</u>/ courses to sharpen your practice know-how
- Leadership training through TMA's Lifelong Leadership Program and annual Leadership Conference, and opportunities to serve in leadership roles
- Networking and learning at TexMed (TMA's annual meeting) and annual Business of Medicine Conference
- Advocacy and policymaking training and practice
- Turnkey <u>community outreach</u> programs to extend your practice's reach

