

THE PHYSICIANS BENEVOLENT FUND

We're here. We care.



Are you or someone you know facing a challenging situation?

As a physician, you navigate countless demands, but sometimes life throws unexpected challenges your way. Whether it's financial hardship, personal struggles, or professional stress, the Texas Medical Association's **Physicians Benevolent Fund (PBF)** is here to support you.

If any of the situations listed below resonate with you or someone you know, please check out the resources available through PBF, including financial assistance and/or free counseling services. Remember, you don't have to face these difficulties alone—TMA is here to help. Here are the details about qualifying:

PBF	PBF Wellness Fund	PBF Disaster Relief Fund
<ul style="list-style-type: none">✓ Unable to meet day-to-day expenses?✓ Loss of retirement funding?✓ Difficulty affording medical bills from an illness or injury (e.g. a car accident, stroke, or cancer diagnosis)?✓ Facing financial difficulties after medical practice closed?✓ Need financial help after the loss of your physician spouse?✓ Facing foreclosure or eviction due to unexpected financial difficulties? <p>See if you qualify and learn more at PBF.</p>	<ul style="list-style-type: none">✓ Participating in treatment for a potentially impairing condition?✓ Need financial support for family while a physician is receiving treatment? <p>See if you qualify for the PBF Wellness Fund.</p> <ul style="list-style-type: none">✓ Feeling burnt out or stressed from work?✓ Facing challenges in relationships or work and needing support?✓ Struggling with mental health and looking for counseling? <p>Get confidential affordable counseling with Anticipate Joy for \$25 per session. Learn more at Wellness First.</p>	<ul style="list-style-type: none">✓ Affected by a nationally declared natural disaster?✓ Practice losses not covered by insurance? <p>To reestablish your practice and restore patient care, check to see if funds are available by visiting PBF Disaster Relief Fund.</p>

Not sure how The Physicians Benevolent Fund can help?
Visit [texmed.org/TMACares](https://www.texmed.org/TMACares) to learn more.



Still have questions?
Email PBF@texmed.org