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Nutrients

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Message from the Editors-in- Chief

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem
Prof. Dr. María Luz Fernandez

Aims

Nutrients will consider manuscripts for publication that provide novel insights into the impacts of nutrition on human health or novel methods for assessing nutritional status. This includes manuscripts describing the outcomes of animal studies that have relevance to human health.

Scope

- Macronutrients
- Micronutrients
- Essential nutrients
- Bioactive nutrients
- Nutrient requirements
- Nutrient sources
- Human nutrition aspects
- Functional foods
- Nutraceuticals
- Health claims
- Public health
- Diet-related disorders
- Metabolic syndrome
- Malnutrition
- Nutritional supplements
- Sport nutrition
- Nutritional status and body composition
- Bariatric surgery
- Sarcopenia
- Nutritional physiology
- Nutrigenomics

Author Benefits

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Thorough Peer-Review

2023 Impact Factor: 4.8

(*Journal Citation Reports* - Clarivate, 2024)

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Spanish Nutrition Society (SEN)

Spanish Society of Community Nutrition (SENC)



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