APPENDIX 1: Study Data Description

Primary Data file description of:

Smartphone-based Unobtrusive Ecological Momentary Assessment of Day-to-Day Mood: # An Explorative Study.

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| Variable Name | Variable Description |
|------------------|---|
| | Participant identification |
| id | subject id, factor with 27 levels (AS14.01 AS14.33) |
| | Time |
| time | day of year (in 2014, 1) |
| stime | days in study (3-42) |
| EMA Self-reports | |
| mood | EMA mood: uni-dimensional (1-10); daily average. |
| valence | EMA mood: circumplex two-dimensional, valence (-2 to 2); daily average. |
| arousal | EMA mood: circumplex two-dimensional, arousal (-2 to 2); daily average. |
| UEMA predictors | |
| Photo camera log | |
| image.n | number of photo's taken on smartphone. |
| SMS log | |
| sms.c1c | number of SMS's sent to top SMS contact #1 (normalised histogram). |
| sms.c2c | number of SMS's sent to top SMS contact #2 (normalised histogram). |
| sms.c3c | number of SMS's sent to top SMS contact #3 (normalised histogram) |
| sms.c4c | number of SMS's sent to top SMS contact #4 (normalised histogram) |
| sms.c5c | number of SMS's sent to top SMS contact #5 (normalised histogram) |
| Call log | |
| call.c1c | number of calls made to top call contact #1 (normalised histogram) |
| call.c2c | number of calls made to top call contact #2 (normalised histogram) |
| call.c3c | number of calls made to top call contact #3 (normalised histogram) |
| call.c4c | number of calls made to top call contact #4 (normalised |

| | histogram | |
|--|---|--|
| call.c5c | number of calls made to top call contact #5 (normalised histogram) | |
| call.c1d | duration of calls made to top call contact #1 (normalised histogram) | |
| call.c2d | duration of calls made to top call contact #2 (normalised histogram) | |
| call.c3d | duration of calls made to top call contact #3 (normalised histogram) | |
| call.c4d | duration of calls made to top call contact #3 (normalised histogram) | |
| call.c5d | duration of calls made to top call contact #4 (normalised histogram) | |
| Application launcher logs (top 5 apps) | | |
| app.a1c | number of times top app #1 was launched (normalised histogram) | |
| app.a2c | number of times top app #2 was launched (normalised histogram) | |
| app.a3c | number of times top app #3 was launched (normalised histogram) | |
| app.a4c | number of times top app #4 was launched (normalised histogram) | |
| app.a5c | number of times top app #5 was launched (normalised histogram) | |
| app.a1d | duration of use of top app #1 (normalised histogram) | |
| app.a2d | duration of use of top app #2 (normalised histogram) | |
| app.a3d | duration of use of top app #3 (normalised histogram) | |
| app.a4d | duration of use of top app #4 (normalised histogram) | |
| app.a5d | duration of use of top app #5 (normalised histogram) | |
| Application launcher logs | (categorised apps) | |
| appCat.builtin.n | app use frequency (3-day normalised histogram) | |
| appCat.communication.n | app use frequency (3-day normalised histogram) | |
| appCat.entertainment.n | app use frequency (3-day normalised histogram) | |
| appCat.finance. | app use frequency (3-day normalised histogram) | |
| appCat.game.n | app use frequency (3-day normalised histogram) | |
| appCat.office.n | app use frequency (3-day normalised histogram) | |
| appCat.social.n | app use frequency (3-day normalised histogram) | |
| appCat.travel.n | app use frequency (3-day normalised histogram) | |
| <pre>appCat.utilities.n</pre> | app use frequency (3-day normalised histogram) | |
| appCat.weather.n | app use frequency (3-day normalised histogram) | |
| appCat.other.n | app use frequency (3-day normalised histogram) | |
| appCat.unknown.n | app use frequency (3-day normalised histogram) | |
| appCat.builtin.sum | app use duration (normalised histogram) | |
| | | |

| appCat.communication.sum | app use duration (normalised histogram) |
|--------------------------|--|
| appCat.entertainment.sum | app use duration (normalised histogram) |
| appCat.finance.sum | app use duration (normalised histogram) |
| appCat.game.sum | app use duration (normalised histogram) |
| appCat.office.sum | app use duration (normalised histogram) |
| appCat.social.sum | app use duration (normalised histogram) |
| appCat.travel.sum | app use duration (normalised histogram) |
| appCat.utilities.sum | app use duration (normalised histogram) |
| appCat.weather.sum | app use duration (normalised histogram) |
| appCat.other.sum | app use duration (normalised histogram) |
| appCat.unknown.n | app use duration (normalised histogram) |
| Screen log | |
| screen.duration | average screen duration, per screen-on moment (standardized within participant) |
| screen.n | screen-on frequency (standardized within participant) |
| Accelerometer | |
| accelerometer.high | average percentage of high accelerometer data points |
| Lagged EMA self-report | |
| mood.l1 | unidimensional mood (EMA), lag 1 |
| mood.12 | unidimensional mood (EMA), lag 2 |
| valence.l1 | two-dimensional mood - valence (EMA circumplex), lag 1 |
| valence.12 | two-dimensional mood - valence (EMA circumplex), lag 2 |
| arousal.l1 | two-dimensional mood - arousal (EMA circumplex), lag 1 |
| arousal.12 | two-dimensional mood - arousal (EMA circumplex), lag 2 |