



Maintaining positive relationships



Our relationships with others may be less than fulfilling if we don't try to nurture, deepen and strengthen them.

Register for this live webinar on Wednesday, February 8 at 1:00 pm CT to:

- Look at the essential components of healthy relationships.
- Learn how to nurture and maintain your relationships.
- Examine the importance of creating positive connections at work—including resolving interpersonal conflicts.

**All live webinars are recorded and posted on your member website.*

Visit MagellanAscend.com or call your Employee Assistance Program at 1-866-580-9046 (TTY 711) for helpful resources.

