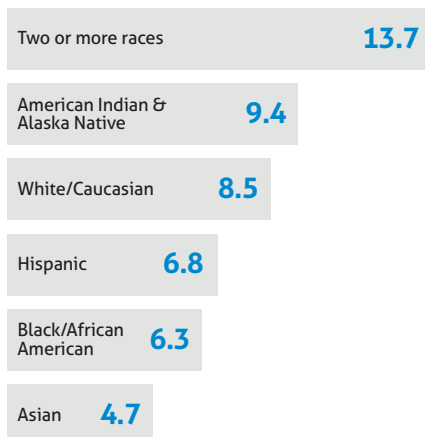


October is National Depression & Mental Health Awareness and Screening Month

No one is immune to depression

Depression is a leading cause of disability in the U.S. Of the **19.4 million** individuals who experience depression, 34% do not receive treatment.

Ethnicity as a percentage of the U.S. population:



Women:



9.6% of women experience depression

Men:



6% of men experience depression

LGBTQ adults:

2.5x more likely to experience depression than heterosexual individuals

Transgender youth:

4x more likely to experience depression than their non-transgender peers

If you or someone you know is experiencing symptoms of depression, call your program for helpful resources.



Employee Assistance Program
1-866-580-9046 (TTY 711)
MagellanAscend.com