



2018 Health Safety & Work-Life
Service Center,
Regional Practice/Clinic
Contact List

CG HEALTH SAFETY & WORK LIFE SERVICE CENTER		
300 E Main Street Norfolk VA 23510-1753		
CG HSWL SERVICE CENTER, DETACHED		
Building 50-6 Coast Guard Island Alameda, CA 94501		
Commanding Officer	CAPT Amy. E. Kovac	(757) 628-4324
Admin Assistant	Ms. Jacque Burns	(757) 628-4328
Deputy	Mr. Harold Price	(757) 628-4787
Chief of Clinical Staff	CAPT Andrew Meagher	(757) 628-4333
Command Master Chief	HSCM Claudia N. Simpson	(757) 628-4375
Division	Division Officer	
Operational Medicine	CAPT Joseph Perez	(757) 628-4338
Safety & Env. Health	Mr. Edward Bock	(757) 628-4412
Medical Administration	CDR Leah Preston	(757) 628-4362
Field Operations	Mr. Harold Price	(757) 628-4327
Work-Life	CAPT Jerald Mahlau-Heinert	(757) 628-4795
Business Cell	Mr. Martin Ladyman	(757) 628-4396
Senior IDHS Coordinator	HSCM Naomi Dennis	(757) 628-4358

TRICARE LIAISONS		
TRO East	LT Geoffrey Daly	(210) 536-6392
TRO West (AK)/D17&D13 MARC	CWO Abner Ayala	(907) 743-1807
TRO West	LT Kalim Wigfall	(619) 236-5313
SAS/SPOC	HSCS Juan Perez	(757) 628-4379

CG HSWL REGIONAL PRACTICE NEW LONDON		
US Coast Guard Academy 15 Mohegan Ave New London CT 06320-4195		
Regional Practice Director/ Senior Medical Executive	CAPT Brent Pennington	(860) 444-8352
Senior Den Exec	CAPT Jodine Anderson	(860) 701-6733
Regional Pharm Exec	CDR Paul Michaud	(860) 701-6614
MARC	CWO Walter Lipski	(757) 628-4364
ACADEMY CLINIC		
Health Services Clinic Administrator	LCDR Patrick O'Donnell	(860) 701-6738
Clinic Supervisor	HSC Daniel Polhemus	(860) 444-8431
CG HSWL REGIONAL PRACTICE CAPE MAY		
1 Munro Ave Cape May NJ 08204-5002		
Regional Practice Director/ Senior Medical Executive	CAPT Alicia Vantran	(609) 898-6567
Senior Den Exec	CAPT Steven Florer	(609) 898-6960
Regional Pharm Exec	LT Martin Newton	(609) 898-6863
Senior IDHS	HSC Robert Parinella	(609) 898-6431
MARC	CWO Walter Lipski	(757) 628-4364
CAPE MAY CLINIC		
1 Munro Ave Cape May NJ 08204-5002		
Health Services Clinic Administrator	LT. Jessica Hamilton	(609) 898-6860
Clinic Supervisor	HSCM Charles Weiss	(609) 898-6277
ATLANTIC CITY CLINIC		
FAA Technical Center, Bldg. 350 Atlantic City International Airport Egg Harbor Township, NJ 08234-9393		
Senior HS Officer	Vacant	(609) 677-2028
Health Services Clinic Administrator	HS1 Elizabeth Nash	(609) 677-2117

CG HSWL REGIONAL PRACTICE WASHINGTON			
2701 Martin Luther King Jr Ave SE Gate 6, Building 50 Washington, DC 20032			
Regional Practice Manager	LCDR Gregory S. Sickels		(202) 372-4080
Senior Med Exec	CAPT Thomas Herndon		(410) 636-3165
Senior Den Exec	CDR Stephanie Burrell		(410) 636-7506
Regional Pharm Exec	CAPT Michael Shiber		(202) 372-4126
Senior IDHS	HS1 Christopher Caron		(202) 372-4111
MARC	CWO Walter Lipski		(757) 628-4364
HEADQUARTERS CLINIC—St. Elizabeth Campus			
2701 Martin Luther King Jr Ave SE Gate 6, Building 50 Washington, DC 20032			
Senior HS Officer	CAPT Thomas Herndon		(202) 372-4126
Health Services Clinic Administrator	CWO Michael Ford		(202) 372-4110
Clinic Supervisor	HSC Vinkel Valentin		(202) 372-4103
CG Yard Clinic			
2401 Hawkins Point Road Baltimore, MD 21226-1797			
Senior HS Officer	Vacant		(410) 636-3165
Health Services Clinic Administrator	CWO Jacques Velez-Balay		(410) 636-3183
Clinic Supervisor	HSC Anna Brothers		(410) 636-3702

CG HSWL REGIONAL PRACTICE D1		
427 Commercial St Boston MA 02109-1027		
Regional Practice Manager	LCDR Frank Morrison	(617) 223-3485
Senior Med Exec	CAPT Gelynn Majuire	(508) 968-6572
Senior Den Exec	CAPT Robert Dvorak	(508) 968-6726
Regional Pharm Exec	CDR Jeff Eertmoed	(508) 968-6702
District Flight Surgeon	LCDR Pacia-Rantayo,	(508) 968-6572
Senior IDHS	HSCS John Steward	(617) 223-3121
MARC	CWO Walter Lipski	(757) 628-4364
BASE BOSTON CLINIC		
427 Commercial Street Boston, MA 02109		
Senior HS Officer	CAPT Gelynn Majure	(508) 968-6572
Health Services Clinic Administrator	HSCS Mike Anderson	(617) 223-3231
Clinic Supervisor	HS1 Colleen Walter	(617) 223-3121
BASE CAPE COD CLINIC		
CG Air Station Cape Cod Cape Cod, MA 02542-5024		
Senior HS Officer	CAPT Kristin Sareault	(508) 968-6705
Health Services Clinic Administrator	CWO Janet Combs	(508) 968-6582
Clinic Supervisor	HSC Gerrit Slade	(508) 968-6713
SECTOR NEW YORK CLINIC		
215 Drum Road Staten Island, NY 10305		
Senior HS Officer	CAPT Quirico Cabredo	(718) 354-4414
Health Services Clinic Administrator	HSC Oneil Lue	(718) 354-4341
Clinic Supervisor	HS1 Brett Woodward	(718) 354-4414

CG HSWL REGIONAL PRACTICE D5		
4000 Coast Guard Blvd		
Portsmouth VA 23703-2199		
Regional Practice Manager	LCDR Matthew Calvert	(757) 686-4020
Senior Med Exec	CAPT Carlos Rivera	(757) 856-2306
Senior Den Exec	CAPT Michael Overbeck	(757) 483-8686
Regional Pharm Exec	LCDR Jason Foote	(757) 483-8600
District Flight Surgeon	VACANT	(252) 335-6460
Senior IDHS	HSCS Kelly Longstreet	(757) 686-4228
MARC	CWO Walt Lipski	(757) 628-4364
BASE PORTSMOUTH CLINIC		
Senior HS Officer	CAPT Carlos Rivera	(757) 483-8597 x8596
Health Services Clinic Administrator	CWO Kyle Lind	(757) 483-8557
Clinic Supervisor	HSC Susan Carson	(757) 483-8462
BASE ELIZABETH CITY CLINIC		
BSU Elizabeth City		
Weeksville Road		
Elizabeth City, NC 27909		
Senior HS Officer	CAPT Sharon Raghubar	(252) 335-6533
Health Services Clinic Administrator	CWO Erik Andersen	(252) 335-6527 x 9
Clinic Supervisor	HSC Jamie Lane	(252) 335-6521 x 8
TRACEN YORKTOWN CLINIC		
1 US Coast Guard Training Center		
Yorktown, VA 23690-5000		
Senior HS Officer	CAPT Pedro Nazario	757-856-2306
Health Services Clinic Administrator	HSCM Tyrone Anderson	(757) 856-2302
Clinic Supervisor	HSC Catherine Stansberry	(757) 856-2552

CG HSWL REGIONAL PRACTICE D7 15614 SW 117th Ave Miami FL 33177-1623		
Regional Practice Manager	CDR Jamie Amon	(786) 412-9186
Senior Med Exec		(727) 535-7686
Senior Den Exec	CAPT Richard Stricklin	(305) 953-2266
Regional Pharm Exec	CDR Jenalyn Greenwood	(727) 535-1437 x 1610
District Flight Surgeon	CDR Fernando Andreu	(305) 953-2266
Senior IDHS	HSCS Gustavo Cardona	(305) 695-2395
MARC	CWO Walt Lipski	(757) 628-4364
BASE MIAMI BEACH CLINIC 100 MacArthur Causeway Miami Beach, FL 33139		
Senior HS Officer	VACANT	(305) 292--8715
Health Services Clinic Administrator	HSCM Charles Garwood	(305) 535-4386
Clinic Supervisor	HS1 Thomas Catuna	(305) 535-4314
AIRSTA MIAMI CLINIC 14750 NW 44th Court Opa Locka, FL 33054		
Senior HS Officer	CAPT James Landreau	(305) 953-2266
Health Services Clinic Administrator	HSCS Antonio Gomez	(305) 953-2262
Clinic Supervisor	HS1 April Allen	(305) 953-2339
AIRSTA CLEARWATER CLINIC 15100 Rescue Way Clearwater, FL 33762		
Senior HS Officer	CDR Fernando Andreu	(727) 535-1437 x 1615
Health Services Clinic Administrator	CWO Todd Devore	(727) 535-1437 x 1604
Clinic Supervisor	HSC Nathalia Gonzalez	(727) 535-1437 x 1605
SECTOR ST PETERSBURG CLINIC 600 8th Ave SE St. Petersburg, FL 33701		
Senior HS Officer	CDR Fernando Andreu	(727) 535-1437 x 1615
Health Services Clinic Administrator	CWO Todd Devore	(727) 535-1437 x 1604
Clinic Supervisor	HS1 Jose Varela	(727) 502-1585 x 1602
AIRSTA SAVANNAH CLINIC 1297 N. Lightning Road HAAF SAVANNAH, GA 31409-5053		
Senior HS Officer	LCDR James Fenno	(912) 652-4646
Health Services Clinic Administrator	HS2 Cindy Piper	(912) 210-1964

Sector Key West Clinic 100 Trumbo Pt Road Key West, FL 33040			
	Medical Officer	CAPT E. Sanchez-Olmo	(305) 292-8715
	Health Services Clinic Administrator	HSC Wanda Watts	(305) 292-8736
	Clinic Supervisor	HS1 Ryan Mcardle	(305) 292-8715
HITRON Clinic 13520 Aerospace Way Hanger 13 Jacksonville, FL 3221			
	Medical Officer	CAPT Mark Sheffler	(904) 594-6864
	Health Services Clinic Administrator	HS1 Scott Hughes	(904) 594-6864
CG HSWL REGIONAL PRACTICE PR C/O TRICARE Service Center 176 Chrisman Road Ft Buchanan PR 00604-4524			
	Deputy Regional Practice Manager	LT. Joseph McGovern	(787) 977-4576
	Senior Med Exec	CAPT Francisco Lago Velez	(787) 890-8477
	Senior Den Exec	VACANT	(787) 729-2300
	Regional Pharm Exec	CDR Ben Keller	(787) 729-2338
	District Flight Surgeon	CAPT Francisco Lago Velez	(787) 890-8478
	Senior IDHS	HSCS Gustavo Cardona	(787) 890-8479
	MARC	CWO Walt Lipski	(757) 628-4364
AIRSTA BORINQUEN CLINIC 260 Guard Road Aquadilla, PR 00603			
	Senior HS Officer	CAPT Francisco Lago Velez	(787) 890-8478
	Health Services Clinic Administrator	HSCM Rita Main	(787) 890-8479
	Clinic Supervisor	Vacant	(787) 890-8477 x 8872
SECTOR SAN JUAN CLINIC 5 Calle La Puntilla San Juan, PR 00901			
	Senior HS Officer	CDR Benjamin Keller	(787) 729-2338
	Health Services Clinic Administrator	HSC Katherine Busselman	(787) 729-2304
	Clinic Supervisor	HS1 Gary Zuniga	(787) 729-2397

CG REGIONAL PRACTICE D8		
8501 Tanner Williams Road		
Mobile AL 36608-9862		
Regional Practice Manager	LT Shannon (Paul) Reck	(504) 253-4721
Senior Med Exec	CAPT Juan Palacio	(251) 441-6561
Senior Den Exec	CDR Daniel Barcomb	(251) 441-6404
Regional Pharm Exec	CDR Justin Eubanks	(251) 441-6878
District Flight Surgeon	CAPT Juan Palacio	(251) 441-6561
Senior IDHS	HSC Lena Shearer	(504) 253-4738
MARC	CWO Ernest Callahan	(757) 628-4385
ATC MOBILE CLINIC		
8501 Tanner Williams Road		
Mobile AL 36608-9862		
Senior HS Officer	CAPT Juan Palacio	(251) 441-6561
Health Services Clinic Administrator	LT Scott Allen	(251) 441-6725 x9
Clinic Supervisor	HSC Justin Stephen	(251) 441-6725
SECTOR HOUSTON		
13411 Hillard St		
Houston, TX 77034-5635		
Senior HS Officer	CDR James Warner	(281) 464-4611
Health Services Clinic Administrator	HSC Gordon Gatchell	(281) 464-4617
Clinic Supervisor	HS1 Brooke Williamson	(281) 464-4611
NEW ORLEANS CLINIC		
1790 Saturn Blvd		
New Orleans, LA 70129-2218		
Senior HS Officer	CAPT Edgardo Alicea	(504) 253-4676
Health Services Clinic Administrator	HSCS Ryan Leverenz	(504) 253-4671
Clinic Supervisor	HS1 Michael Lagoe	(504) 253-4671
AIRSTA Corpus Christi Clinic		
8930 Ocean Drive, Hangar 41		
Corpus Christi, TX 78419		
Senior HS Officer	CDR Maria de Arman	(361) 939-0297
Health Services Clinic Administrator	HS1 Abdiel Bermudez	(361) 939-0207

CG HSWL REGIONAL PRACTICE D9		
C/O CG 9TH District		
1240 East 9th Street		
Cleveland OH 44199-2060		
Regional Practice Manager	LCDR Rebecca Vinlove	(216) 902-6350
Senior Med Exec	CDR Harry Ko	(586) 239-5158
Senior Den Exec	CDR Shani Lewins	(586) 239-3006
Regional Pharm Exec	CDR John Kurowsky	(252) 335-6525
District Flight Surgeon	CDR Harry Ko	(586) 239-5158
Senior IDHS	HSC Aaron Holm	(216) 902-6357
MARC	CWO Ernest Callahan	(757) 628-4385
DETROIT CLINIC		
43401 N Jefferson, Bldg 825		
Selfridge ANGB, MI 48045		
Senior HS Officer	CDR Harry Ko	(586) 239-5158
Health Services Clinic Administrator	HSC Jayson Gatzke	(586) 239-5009
Clinic Supervisor	HS2 Elizabeth VanHorn	(586) 239-5381
TRAVERSE CITY CLINIC		
1175 Airport Access Road		
Traverse City, MI 49686-3586		
Senior HS Officer	CDR Glen MacPherson	(231) 922-8282
Health Services Clinic Administrator	HSC Thomas Gruennert	(231) 922-8281
Clinic Supervisor	HS2 Christopher Martin	(231) 922-8280

CG REGIONAL PRACTICE D11		
Coast Guard Island Bldg 21 Alameda CA 94501-		
Regional Practice Manager	CDR Melba Crisp	(510) 437-3189
Base LA/LB Department Head. Work-Life Div Chief-	LT Christopher Morrett	(310) 521-6126
Senior Med Exec	CAPT Mark Comnick	(707) 765-7230
Senior Den Exec	CAPT Hsiao Peng	(510) 437-3603
Regional Pharm Exec	LCDR Zachary Woodward	(510) 437-3602
District Flight Surgeon	CAPT Mark Comnick	(916) 643-7568
Senior IDHS	HSCS Deborah West	(510) 437-3672
MARC	CWO Kameo Gorman	(510) 437-5798
ALAMEDA CLINIC		
Coast Guard Island Bldg 1 Alameda CA 94501-		
Senior HS Officer	CAPT Hsiao Peng	(510) 437-3602
Health Services Clinic Administrator	LT Kristina Quinn	(510) 437-3596
Clinic Supervisor	HSC Julie Stajduhar	(510) 437-3624
HUMBOLDT CLINIC		
1001 Lycoming Way McKinleyville, CA 95519		
Senior HS Officer	CAPT Jose Sanchez	(707) 839-6176
Health Services Clinic Administrator	HSC Michael Gray	(707) 839-6182
Clinic Supervisor		(707) 839-6582
PETALUMA CLINIC		
599 Tomales Road Petaluma, CA 94952-5000		
Senior HS Officer	CAPT Mark Comnick	(707) 765-7230
Health Services Clinic Administrator	CWO Tim Estes	(707) 765-7203
Clinic Supervisor	HSC Maureen Potratz	(707) 765-7195
SACRAMENTO CLINIC		
6037 Price Ave McClellan, CA 95652		
Medical Officer	CAPT Joseph Chen	(916) 561-7568 x 2477
Health Services Clinic Administrator	HSC Ruben Garcia	(916) 561-7568 x 2473
Clinic Supervisor	HS1 Justine Tunupopo	(916) 561-7568 x 2476

SEC SAN DIEGO CLINIC			
Naval Branch Clinic, NTC 2051 San Diego, CA 92106			
	Medical Officer	CAPT James Hendricks	(619) 524-5739
	Fleet Liaison	HSC Jeff Young	(619) 524-4039
LA/LONG BEACH CLINIC			
1001 S. Seaside Ave, Bldg 23 San Pedro, CA			
	Senior HS Officer	CAPT Elmer Martin	(310) 521-6071
	Health Services Clinic Administrator	CWO Andrea Tocco	(310) 521-6065
	Clinic Supervisor	HS1 Eric Fialkowski	(310) 521-6069

CG HSWL REGIONAL PRACTICE D13		
1519 Alaskan Way South Seattle, WA, 98134-1102		
Regional Practice Manager	LT Joanne Warzynski	(206) 217-6611
Senior Med Exec	LCDR Kahlid Jaboori	(206) 217-6445
Senior Den Exec	CAPT Khoi Nguyen	(206) 217-6445
Regional Pharm Exec	LCDR Garrett Heitmann	(206) 217-6434
District Flight Surgeon	CAPT Randall Schick	(360) 417-5894 x 5890
Senior IDHS	HSCS William Brouhard	(206) 217-6674
MARC	CWO Abner Ayala	(907) 743-1807
SEATTLE CLINIC		
Senior HS Officer	CAPT Kohi Nguyen	(206) 217-6435
Health Services Clinic Administrator	CWO Kristopher McGhee	(206) 217-6441
Clinic Supervisor	HSC Lisa Brendon	(206) 217-6442
SECTOR COLOMBIA RIVER		
2185 SE 12th Place Warrenton, OR 97146		
Senior HS Officer	CAPT Christopher Bennett	(503) 861-6241
Health Services Clinic Administrator	HSC Derek Williams	(503) 861-6244
Clinic Supervisor	HS1 Michael Henry	(503) 861-6240
NORTH BEND CLINIC		
2000 Connecticut Ave North Bend, OR 97459		
Senior HS Officer	Capt Kevin Nolan	(541) 756-9237
Health Services Clinic Administrator	HSC Erica Pasquier	(541) 756-9286
Clinic Supervisor	HS2 Jaclyn Davis	(541) 756-9234
PORT ANGELES CLINIC		
1 Ediz Hook Road Port Angeles, WA 98362		
Senior HS Officer	CAPT Randall Schick	(360) 417-5894 x 5890
Health Services Clinic Administrator	HSC Cade Moses	(360) 417-5892
Clinic Supervisor	HS1 Brandelle Delph	(360) 417-5894

CG HSWL REGIONAL PRACTICE D14		
400 Sand Island Parkway Honolulu HI 96819-4326		
Regional Practice Manager	LT William (Stan) Perry	(808) 842-2086
Senior Med Exec	CAPT Paul Heiderscheidt	(808) 682-2673
Regional Pharm Exec	LCDR Jacklyn Finocchio	(707) 765-7507
District Flight Surgeon	CAPT Paul Heiderscheidt	(808) 682-2673
Senior IDHS	HSCS Dean Patterson	(808) 842-2935
MARC	CWO Kameo Gorman	(510) 437-5798
BARBERS POINT CLINIC		
1 Coral Sea Road Kapolei, HI 96707		
Senior HS Officer	CAPT Paul Heiderscheidt	(808) 473-1880 x2312
Health Services Clinic Administrator	HSC Christopher Lisk	(808) 682-2673
Clinic Supervisor	HS1 Warner Hayes	(808) 682-2673

CG HSWL REGIONAL PRACTICE D17		
District Po Box 195022		
Kodiak AK 99619-5022		
Regional Practice Manager	CDR Todd Emerson	(907) 487-5320 x 6666
Asst FO Supervisor	LT Marvin Pena	(907) 463-2122
Senior Med Exec	CDR Ryan Sheffield	(907) 487-5757 x 6800
Senior Den Exec	CDR Robert Lummis	(907) 487-5757 x 6847
Regional Pharm Exec	CAPT Paul Huntzinger	(907) 487-5757 x 2105
District Flight Surgeon	CDR Ryan Sheffield	(907) 487-5757
Senior IDHS	HSCS Dave Galvizo	(907) 487-5757 x 2142
MARC	CWO Abner Ayala	(907) 743-1807
KODIAK CLINIC		
Senior HS Officer	CAPT Paul Huntzinger	(907) 487-5757 x 6804
Health Services Clinic Administrator	CWO Erin Bohner	(907) 487-5757 x 2107
Clinic Supervisor	HSC Palomita Castillo	(907) 487-5757 x 6808
KETCHIKAN CLINIC		
1300 Stedman Street		
Ketchikan, AK 99901		
Senior HS Officer	CAPT Bruno Himmler	(907) 228-0360
Health Services Clinic Administrator	HSC Harold Thomas	(907) 228-0351
Clinic Supervisor	HS1 Krystyna McRobert	(907) 228-0320
JUNEAU CLINIC		
709 W 9th Street		
Juneau, AK 99801		
Senior HS Officer	CAPT J Russell Bowman	(907) 463-2148
Health Services Clinic Administrator	HSC Juan Guevara	(907) 463-2146
Clinic Supervisor	HS1 Thomas Culpepper	(907) 463-2140
SITKA CLINIC		
611 Airport Road		
Sitka, AK 99835		
Senior HS Officer	CDR Kjersti Koskinen	(907) 966-54308
Health Services Clinic Administrator	HSC Jason Neth	(907) 966-5477
Clinic Supervisor	HS1 Darcy Hislop	(907) 966-5469