

Chest  
Heart &  
Stroke  
Scotland



# 6 Month Post Stroke Review

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What is this?

A review of how you are after your stroke

- Reflect on what you have achieved.
- Highlight any needs that have not been addressed.



## How?

- 6 month review will be carried out by your CHSS Stroke Nurse or other relevant health care professional.



**Discussion via phone/video call/ home visit.**

- You can decide who completes this review with you.

## When?

**Around 6 months from the date of your stroke.**

- Review date will be set at first contact with your CHSS Stroke Nurse but can be changed nearer the time if required.
- Review will take around an hour, depending on your needs.

## Why?

- Recommended by Scottish Government in the 'Progressive Stroke Pathway', March 22.
- To ensure that you 'live no life half lived' and continue to meet your personal goals.

**Will facilitate access into specialist services where required.**

- Ensure any unmet needs following your stroke are met.
- To give you the opportunity to ask any questions you may have on your recovery.



**NB: You do not need to have a 6 month review if you do not want one, just let your CHSS Stroke Nurse know.**



To find out more about our service call us on

**0808 801 0899**

or visit [chss.org.uk/services](https://chss.org.uk/services)

CHSS has health information available  
in Urdu, Punjabi, Ukrainian and Polish.

**NO LIFE  
HALF LIVED**

[www.chss.org.uk](https://www.chss.org.uk)



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