Optional Lanyard and Clip

Lanyard and clip may be purchased separately

To remove the wrist straps, slide the small, silver quick release pin on the back of the unit toward the center of the device and pivot the strap away.

To attach the lanyard, align the indents on the back of the device with the lanyard clip. Firmly press the device into the clip until it clicks and there are no gaps between the back of the device and the clip.

To remove the lanyard, hold the top of the clip while twisting the device away from it.

To attach the belt clip, align the indents on the back of the device with the clip.

Firmly press the device into the clip until it clicks and there are no gaps between the back of the device and the clip. To remove, twist away.

Alert 1

Never Face an Emergency Alone™

For assistance or questions,
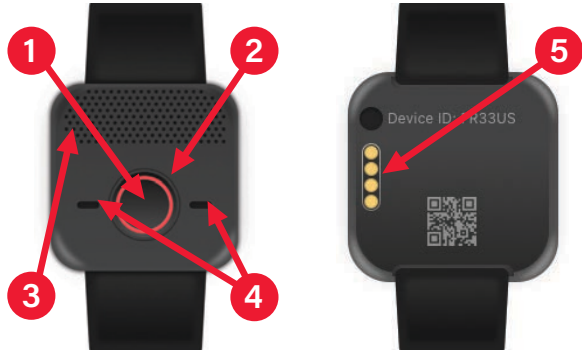Please Call *Member Care* at

800-693-5433 ext 2
or visit
Alert-1.com

On-the-Go
Wristband
with Location Services + Optional Fall Detection

User Guide

Read thoroughly. Contains important information.

Alert 1

1 SOS Call Button

2 Red Battery Light/Blue Call Light

3 Speaker

4 Microphones

5 Charging Pins

Water-Resistant:
This medical alert is water-resistant and should be worn in the shower. However, the device should not be submerged. Always towel-dry after exposure to water.

Pacemakers:
Individuals with pacemakers should consult their physician and follow their pacemaker's guidance regarding interaction with cell phones.
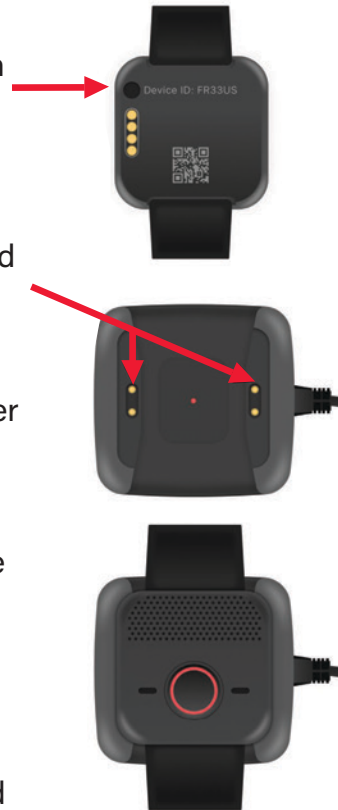
IMPORTANT: Fully charge before first use.

Plug in the charger and place unit in it as shown. Typical charging time is **2-3 hours.** The red light flashes while charging and is **solid red** when fully charged.

If the battery is low, the red battery light will slowly flash when off the charging cradle.

1. Locate the gold charging pins on the device.

2. Plug in the charging cradle and wait for a red light to turn on. Line up the gold pins on the device with either set of gold pins on the cradle.

3. When the device is placed in the cradle correctly, you will hear an audible "charging" message and the red light will flash.

We recommend testing every week.

Press and hold the alert button until the light turns blue, then release.	You will hear a message, then a tone, before being connected.	The Command Center will send help unless you inform them that you are testing.

For those with Fall Detection, your device can *automatically* send an alert if it senses a fall. However, we recommend pressing your button whenever possible.

To call for help, follow the same process for testing. Tell the Command Center if you would like them to send one of your contacts or emergency personnel. If you are unable to communicate, *we will send help.*

During an SOS call, the blue light on the call button will be solid.

If the blue light flashes every 1 second OR it double flashes, please contact us for support.

We recommend gently wiping the gold pins, unit, and cradle with a soft cloth each week.