


REVIEW

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Ferroptosis, a therapeutic target for cardiovascular diseases, neurodegenerative diseases and cancer

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Abstract

The identification of ferroptosis represents a pivotal advancement in the field of cell death research, revealing an entirely novel mechanism of cellular demise and offering new insights into the initiation, progression, and therapeutic management of various diseases. Ferroptosis is predominantly induced by intracellular iron accumulation, lipid peroxidation, or impairments in the antioxidant defense system, culminating in membrane rupture and consequent cell death. Studies have associated ferroptosis with a wide range of diseases, and by enhancing our comprehension of its underlying mechanisms, we can formulate innovative therapeutic strategies, thereby providing renewed hope for patients.

Keywords Ferroptosis, Cardiovascular diseases, Neurodegenerative diseases, Cancer, Immunotherapy

Introduction

In 2012, the concept of ferroptosis—a unique kind of programmed cell death—was put forth. It is characterized by aberrant iron metabolism, excessive accumulation of reactive oxygen species (ROS), and lipid peroxides that are dependent on iron [1]. Ferroptosis has recently gained attention in biomedical research, and emergent research elucidates the pivotal role ferroptosis assumes in myriad physiological and pathological episodes, including cardiovascular diseases (CVDs), neurodegenerative

diseases (NDs) and cancer. In these three disease types, oxidative stress and inflammation are critical factors that can lead to ferroptosis, which may interact with and exacerbate disease progression. Particularly during cancer treatment, chemotherapy and radiation can contribute to CVDs and NDs. Thus, ferroptosis could be a shared pathological mechanism among these conditions, and targeting it may present a new therapeutic approach [2, 3]. Inhibiting iron ion aggregation, using antioxidants, and ferritin autophagy are the main goals of current treatment approaches to ferroptosis [4, 5]. For clinical use, further research and inquiry are still required, despite certain studies demonstrating the promise of various treatment approaches.

Although research on ferroptosis in CVDs is still in its infancy, there is mounting evidence that it plays a part in their development and progression. At present, the intricate relationship between ferroptosis and CVDs is mainly focused on cardiac ischemia–reperfusion, atherosclerosis, and heart failure [6, 7]. Myocardial cells are harmed by hypoxia and ischemia during myocardial infarction, which causes an imbalance in

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iron metabolism that ultimately results in ferroptosis [8]. Aggregation of iron ions and oxidative stress may have aided in the death and destruction of endothelial cells in atherosclerotic lesions [9]. Cardiomyocyte damage and death accompany the beginning and progression of heart failure, a complex clinical condition [10]. Thus, targeted ferroptosis becomes a hotspot in the treatment of cardiovascular disease.

Intense research focus also surrounds the role of ferroptosis in NDs. These conditions involve the progressive deterioration of neurons and their myelin sheath, exemplified by Alzheimer's disease (AD), Parkinson's disease (PD), Huntington's disease (HD), among others [11]. Ferroptosis is believed to significantly contribute to their advancement. For instance, AD patients often exhibit increased iron accumulation and reduced ferritin levels in brain regions like the hippocampus and cortex. Treatment with the iron chelator deferramine has shown potential in mitigating cognitive decline [12]. Similarly, animal models and HD patients have shown signs of lipid peroxidation, iron accumulation, and decreased glutathione (GSH) levels [13]. The regulatory mechanisms of ferroptosis are closely intertwined with treatment and intervention strategies for NDs. Thus, modulating ferroptosis may offer novel approaches for treating these diseases.

Ferroptosis has emerged as a new area of focus for cancer research, and it is anticipated that it will offer fresh approaches and methods for cancer treatment. The metabolism of tumor cells has a direct relationship to ferroptosis. To support their growth and proliferation, tumor cells need a lot of energy and material, so they must use minerals like iron efficiently. Due to the accumulation of iron ions and oxidative stress brought on by excessive iron use, this need may result in ferroptosis [14]. A potential method of treating tumors that are drug-resistant and recurrent may involve ferroptosis. Inducing ferroptosis can successfully destroy tumor cells that are resistant to traditional therapies because they may be extremely sensitive to the condition [15, 16]. At the same time, the exploration of ferroptosis in tumor immunotherapy is also increasing.

In conclusion, ferroptosis has a significant impact on both physiological and pathological processes of organisms and is strongly linked to the onset and progression of numerous diseases, such as CVDs, NDs and cancer. To give a more informed and useful tool for the prevention and treatment of linked diseases, this article delves into an in-depth examination of the regulatory processes underlying ferroptosis and its intricate links to various pathological conditions.

Ferroptosis

The view of ferroptosis

In the panorama of programmed cell death modalities, ferroptosis emerges as a unique entity, differentiated from apoptosis, necrosis, and pyroptosis [17, 18]. Its cardinal mechanism rests upon the catalytic role of ferrous ions or lipoxygenase, instigating a cascade of lipid peroxidation on the cellular membrane, which teems with unsaturated fatty acids, resulting in membrane rupture and subsequent cell death. In addition, the reduction of glutathione peroxidase 4 (GPX4), a key enzyme in the antioxidant system (glutathione system) is also linked to ferroptosis [19] (Fig. 1). Morphologically, ferroptosis results in smaller mitochondria, heightened membrane density, decreased cristae, and minimal changes in nuclear structure. In cellular components, ferroptosis is manifested by increased lipid peroxidation and elevated ROS [20]. Ferroptosis is significantly different from necrosis, pyroptosis and autophagy in cell morphology and function (Table 1).

Molecular mechanisms of ferroptosis

Iron metabolism

Iron metabolism is the process by which organisms absorb, transport, distribute, store, utilize, transform, and excrete iron after absorption. Iron ions typically enter cells bound to transferrin as trivalent iron, are reduced to divalent iron by metal reductases, and then form various iron-containing complexes, exerting various physiological functions [21]. When iron-binding complexes become saturated, excess divalent iron accumulates in cells, forming unstable iron pools, and excess iron ions are stored in the heavy and light chains of ferritin [22]. Fe^{2+} can enter the cytoplasm via bivalent metal ion transporter-1 (DMT1) or ZRT-IRT-like proteins. After that, part of the cytoplasm Fe^{2+} binds to ferritin heavy chain 1 (FTH1) and is oxidized to Fe^{3+} , which binds to ferritin light chain (FTL) to form ferritin complex and is stored in the cell. At the same time, the remaining Fe^{2+} forms free iron pools in the cytoplasm. On the one hand, Fe^{2+} in the free iron pool binds to poly-binding proteins [23, 24]. On the other hand, Fe^{2+} can bind to L-Cys residues of GSH to ensure the stability of Fe^{2+} . Additional Fe^{2+} can be transported out of the cell via the ferroportin 1 (FPN1) and continues to participate in blood transport. Iron overload due to abnormal iron metabolism is a hallmark of ferroptosis. Iron overload is characterized by increased TF saturation and the formation of non-TF-bound iron (NTBI). NTBI is a potential iron that is a direct result of oxidative stress and tissue iron loading. The most common

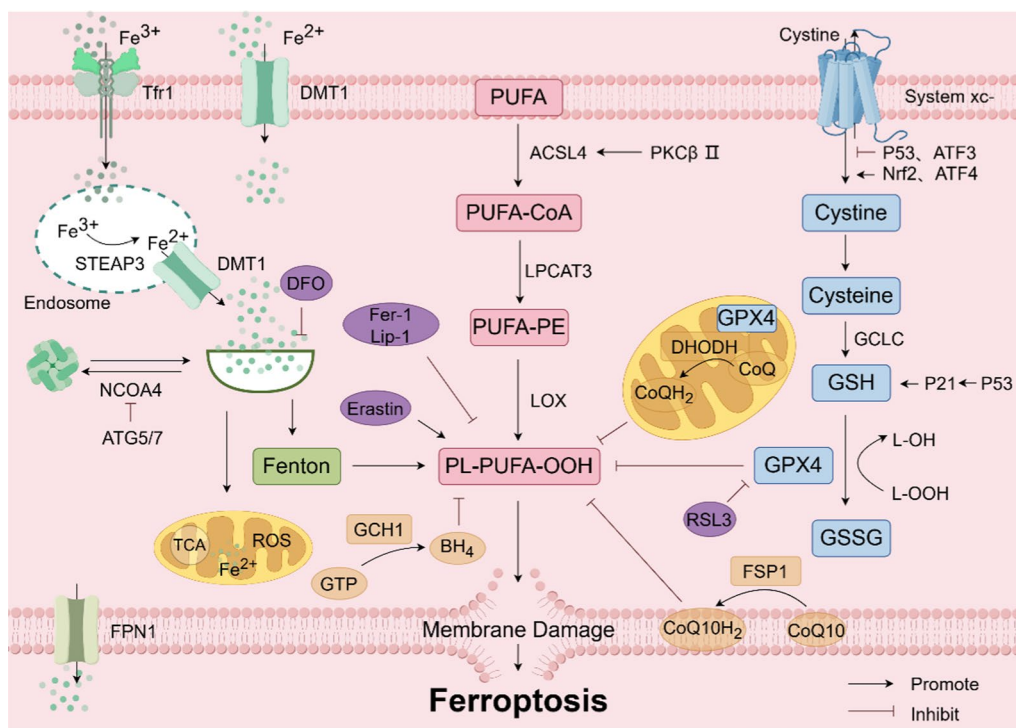


Fig. 1 Molecular mechanism of ferroptosis. Ferroptosis primarily occurs due to iron overload within cells, lipid peroxidation, or disruptions in the antioxidant system, leading to membrane rupture and subsequent cell death. *ACSL4* acyl-CoA synthetase long chain family member 4, *ATF3/4* activating transcription factor 3/4, *ATG5/7* autophagy related 5/7, *BH4* tetrahydrobiopterin, *CoQ* coenzyme Q, *CoQ10* coenzyme Q10, *DFO* Deferoxamine, *DHODH* dihydroorotate dehydrogenase, *DMT1* divalent metal transporter-1, *Fer-1* ferrostatin-1, *FPN1* ferroportin1, *FSP1* ferroptosis suppressor protein 1, *FTH* ferritin heavy chain, *GCH1* GTP cyclohydrolase 1, *GCLC* glutamate cysteine ligase, *GPX4* glutathione peroxidase 4, *GSH* glutathione, *GSSG* glutathione (Oxidized), *GTP* guanosine triphosphate, *Lip-1* liproxstatin-1, *LOX* lipoxygenase, *LPCAT3* lysophosphatidylcholine acyltransferase 3, *NCOA4* nuclear receptor coactivator 4, *Nrf2* nuclearrespiratory factor 2, *PKCβII* protein kinase CBII, *PUFA* polyunsaturated fatty acid, *ROS* reactive oxygen species, *STEAP3* six-transmembrane epithelial antigen of the prostate 3, *Tfr1* transferrin receptor 1

Table 1 The difference between ferroptosis and other cell death patterns

	Ferroptosis	Autophagy	Necroptosis	Pyroptosis
Biochemical Features	Iron accumulation and lipid peroxidation	DNA fragmentation	Increased lysosomal activity	Drop in ATP levels
Key genes	GPX4, SLC7A11,	Caspase, Bcl-2, Bax	ATG5, ATG7, LC3	Caspase-1, IL-1β, IL-18
Morphological features	Mitochondrial membrane density was concentrated, mitochondrial ridge was reduced or disappeared, and mitochondrial outer membrane was ruptured	Formation of double membraned autolysosomes	Plasma membrane rupture; organelle swelling; moderate chromatin condensation	Karyopyknosis, cell edema and membrane rupture

reason for the presence of NTBI is high TF saturation. However, the existence of NTBI cannot be considered a simple TF supersaturation phenomenon; Rather, it is the expression of a kinetic balance between iron excretion in serum, binding to TF, removal from circulation, and utilization in circulation [25]. In addition, some calcium channels may also be involved in intracellular Fe²⁺ transport. For example, L-type calcium channel blockers significantly reduce the uptake of NTBI by cardiomyocytes.

In contrast, the mechanism of iron uptake by thalassemia cardiomyocytes is mainly mediated by T-type calcium channels. The application of corresponding inhibitor channel inhibitors can significantly improve cardiac iron deposition and improve cardiac function [26, 27]. Fang et al. discovered that a high-iron diet can cause cardiac damage and hypertrophic cardiomyopathy in mice, displaying typical molecular features of ferroptosis [28]. Excessive ferrous ions can generate a large amount of

ROS through the Fenton reaction, disrupting the balance of redox reactions within cells, causing damage to lipids and proteins in cells, and triggering ferroptosis. FPN1 is the only protein capable of transporting iron ions out of cells, which can inhibit the occurrence of the Fenton reaction within cells, reduce cellular oxidative stress levels, and ultimately inhibit ferroptosis. Knockdown or inhibition of ferritin can promote ferroptosis [29]. Nuclear receptor coactivator 4 (NCOA4) facilitates the transport of ferritin to lysosomes for degradation, raising cellular Fe^{2+} levels and triggering ferroptosis. On the other hand, autophagy-related proteins 5 and 7 (ATG5/7) can inhibit NCOA4, thereby preventing this process. Additionally, iron chelation has been demonstrated to block erastin-induced cell death [30]. Therefore, the iron ion homeostasis within cells is crucial for regulating ferroptosis.

Lipid peroxidation

Lipid peroxidation refers to the reaction where the side chains of phospholipids, membrane receptors, enzyme-associated polyunsaturated fatty acids (PUFAs), and nucleic acids, among other macromolecules, undergo peroxidation reactions with ROS [31]. PUFA-PEs are synthesized from PUFAs on cell membranes and are mainly composed of arachidonic acid and adrenic acid [32]. The C-H bonds of PUFAs are more susceptible to erosion by a large number of oxygen free radicals, leading to the appearance of numerous hydroxyl groups on their surface, thereby forming a peroxidation state. Free PUFAs do not initiate ferroptosis, only peroxidized PUFAs incorporated into lipids like phospholipids can activate ferroptosis [28]. Research has demonstrated that acyl-CoA synthetase long-chain family member 4 (ACSL4) and lysophosphatidylcholine acyltransferase 3 (LPCAT3) are vital for the cell membrane, facilitating the production of PUFA-PE. PUFA-PE is highly susceptible to oxidation induced by lipoxygenase (LOX), thereby inducing ferroptosis. ACSL4 and LOX are key to regulating lipid peroxidation in this process. For example, one study found that the ACSL4 gene was expressed at very high levels in breast cancer cells, and knocking out the ACSL4 gene reduced the production of PUFA-PEs (ferroptosis inhibitors), thereby inhibiting RSL3-induced iron fall, and other studies have shown that Ablation and chemical inhibition of the ACSL4 gene increased resistance to RSL3-induced iron sag, while inhibition of 5-LOX and 15-LOX further inhibited RSL3-induced cell death [33, 34]. Furthermore, protein kinase C β II (PKC β II) can directly enhance the phosphorylation of ACSL4 at the Thr32 site, activating ACSL4, increasing lipid peroxidation, and thus inducing ferroptosis [35]. Therefore, suppressing the expression of ACSL4 and LPCAT3 can effectively prevent the excessive

buildup of lipid peroxides in cells, thereby inhibiting ferroptosis.

Antioxidant system

GPX4/GSH/ solute carrier family 7 member 11 (SLC7A11) constitutes a crucial antioxidant system in the human body. Disruption of this system accelerates lipid peroxide accumulation and increases ROS levels within cells, thereby inducing ferroptosis [36]. GPX4, a selenium protein, not only effectively reduces peroxides but also inhibits the activation of phospholipid peroxidation enzymes during the process of arachidonic acid metabolism, thereby suppressing ferroptosis [37]. GSH, acting as an essential cofactor for GPX4, facilitates the conversion of lipid peroxides into alcohols, efficiently preventing lipid peroxide buildup and ultimately inhibiting ferroptosis [38]. SLC7A11 is the main subunit of system Xc-, which is a cystine transporter protein facilitating the exchange of cystine and glutamate within cells, thereby promoting GSH synthesis and inhibiting ferroptosis. Nuclear respiratory factor 2 (Nrf2), as one of the transcription factors regulating ferroptosis, under oxidative stress, binds to the antioxidant reaction element in the target gene promoter region, promoting SLC7A11 transcription, accelerating GSH synthesis, and inhibiting ferroptosis [39]. Additionally, P53 increases intracellular levels of GSH and GPX4 by directly targeting GSH through regulating P21. P53 also decreases the expression of system Xc- by reducing the transcription level of SLC7A11 [30]. Additionally, some transcription factors also regulate ferroptosis through the GPX4 / GSH / SLC7A11 pathway. Activating transcription factor 3 (ATF3) represses the transcription of SLC7A11, leading to decreased GSH synthesis and ultimately facilitating ferroptosis. Conversely, activating transcription factor 4 (ATF4) stimulates the expression of SLC7A11, enhancing GSH synthesis and thus inhibiting ferroptosis [40]. The above studies affirm the pivotal role of the GPX4/GSH/SLC7A11 antioxidant system in suppressing ferroptosis through the regulation of pertinent proteins and transcription factors.

Other

Besides the impact of iron metabolism, lipid peroxidation, and the GPX4 / GSH / SLC7A11 system on ferroptosis, other factors like ferroptosis suppressor protein 1 (FSP1)/coenzyme Q10 (CoQ10), dihydroorotate dehydrogenase (DHODH), GTP cyclohydrolase 1 (GCH1)/tetrahydrobiopterin (BH4), among others, also demonstrate antioxidant effects independently of GPX4 regulation [41]. CoQ10 is an endogenous lipid-soluble antioxidant that effectively combats the generation of lipid peroxides. When FSP1 is post-translationally

modified by geranylgeranylation, it can promote the re-expression of reducible CoQ10, thereby inhibiting ferroptosis [42]. DHODH, situated in the inner mitochondrial membrane, can convert coenzyme Q (CoQ) into its reduced state, thus exhibiting antioxidative properties that culminate in the suppression of ferroptosis. Furthermore, BH4, functioning akin to CoQ10 as a scavenger of free radicals, and GCH1, a pivotal enzyme controlling the synthesis of BH4, not only modulate BH4 production but also enhance CoQ10 synthesis by regulating tyrosine production. This dual action impedes the buildup of lipid peroxides, thereby ultimately thwarting ferroptosis [43].

Ferroptosis is a meticulously controlled mechanism that encompasses multiple organelles and intricate signaling pathways, such as mitochondria, lysosomes, endoplasmic reticulum, and the Golgi apparatus. Among them, mitochondria and lysosomes are closely associated with ferroptosis. In most mammalian cells, mitochondria are significant sources of ROS, and several mitochondrial antioxidants play crucial roles in inhibiting ferroptosis. GPX4 can localize between the cytoplasm and mitochondrial intermembrane space, playing a role in alleviating lipid peroxidation during ferroptosis [44]. Lysosomes participate in selective autophagy pathways (including ferritinophagy, chaperone-mediated autophagy, clock-mediated phagocytosis, and lipophagy), where lysosomes fuse with autophagosomes to promote ferroptosis by degrading various substrates (including ferritin, SLC40A1, GPX4, ARNTL, and lipid droplets) [45]. When subjected to specific stimuli, endoplasmic reticulum stress initiates the unfolded protein response, aiming to rectify protein equilibrium. However, if the cell cannot restore this equilibrium, it may also instigate ferroptosis. Endoplasmic reticulum stress inducers like AMF-26 and M-COPA can induce ferroptosis, but compared to other organelles, research on the association between the Golgi apparatus and ferroptosis remains limited [46].

CVDs

Ferroptosis in heart

Disturbances in iron metabolism stand as a significant contributor to cardiac ferroptosis. Elevated iron levels within cardiac cells precipitate lipid peroxide buildup, culminating in cell demise. Furthermore, pivotal antioxidant systems like GPX4 and GSH within cardiac cells regulate ferroptosis. Reduced or exhausted antioxidant defenses make heart cells more vulnerable to ferroptosis [47]. Recent studies highlight that ferroptosis occurs in several heart conditions, including myocardial ischemia–reperfusion injury and doxorubicin (DOX)-induced cardiomyopathy [48] (Fig. 2). Moreover, specific drugs or gene modifications have demonstrated efficacy in inhibiting ferroptosis in the heart, thereby ameliorating

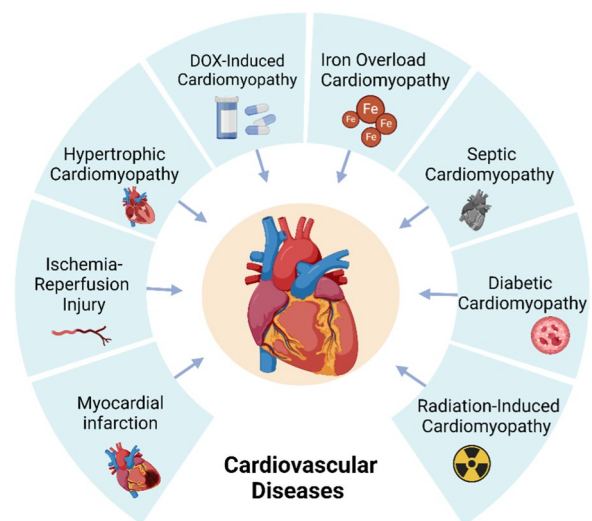


Fig. 2 Cardiovascular disease due to ferroptosis

cardiac damage and enhancing function [49]. Investigations into the subcellular localization of ferroptosis in the heart reveal that in DOX-induced cardiac injury models, iron accumulation and lipid peroxidation predominantly occur within cardiomyocyte mitochondria rather than in the cytoplasm [50]. This suggests mitochondrial impairment is a crucial trigger for cardiac ferroptosis. Given the pivotal role of mitochondria in cardiac function, mitochondrial oxidative phosphorylation defects disrupt cellular oxidation–reduction reaction balance, exacerbating ROS production and activating numerous pro-inflammatory genes and transcription factors like NF- κ B, p53, HIF-1 α , PPAR- γ , β -catenin/Wnt, and Nrf2. This cascade of events leads to inflammation and contributes to various cardiovascular disease subtypes [50–52]. Studies suggest that mitigating iron ion accumulation or employing antioxidants can reduce ferroptosis incidence, thereby shielding the heart from damage [53], and more and more cardiovascular disease-related drugs targeting ferroptosis have been clinically applied (Table 2).

Ferroptosis and CVDs

Myocardial infarction (MI)

MI is myocardial ischemia caused by coronary artery narrowing or obstruction, leading to myocardial cell death. The injured heart tissue is substituted with fibrotic scars. When the fibrotic scar tissue cannot compensate for contractile function, it leads to heart failure [54, 55]. Research indicates that during myocardial infarction, mitochondria in myocardial cells are damaged and dysfunctional, with abnormal accumulation of iron ions and imbalance in redox reactions, further exacerbating myocardial cell death [56]. Quantitative proteomic analysis

Table 2 Potential drugs and mechanisms of ferroptosis-targeted for CVDs

Reagents	Key mechanisms	References
DFO	Reduce iron overload, inhibit fenton reaction	[118]
DXZ	Reduce iron overload, prevents lipid peroxidation	[119]
Ferrostatin-1	Inhibit the iron accumulation, lipid peroxidation and increase the expressions of SLC7A11 and GPX4	[120]
Liproxstatin-1	Reduce lipid ROS, activate Nrf2 pathway and increase GPX4 levels	[121]
Mito TEMPO	Suppress lipid peroxidation	[122]
N-acetyl-L-cysteine	Scavenges cellular ROS	[123]
Puerarin	Block iron overload and lipid peroxidation	[124]
Rapamycin	Target mTOR, activated autophagy	[125]
Vitamin E	Reduce lipid ROS, maintain cellular redox homeostasis	[126]
XJB-5-131, JP4-039	Targeted mitochondrial clearance of ROS	[127]
Zileuton	Inhibit LOX and maintain cellular redox homeostasis	[128]

indicates a significant downregulation of the glutathione metabolism and ROS pathways in the early and middle stages of myocardial infarction, along with a reduction in GPX4, confirming the presence of ferroptosis during this condition [57, 58]. Another study suggests that a high-iron diet induces ferroptosis, leading to severe cardiac damage, hypertrophic cardiomyopathy, and eventual heart failure [59]. Thus, preventing ferroptosis could emerge as a novel approach to the prevention and treatment of myocardial infarction. The mechanism target of rapamycin (mTOR) inhibits ferroptosis and improves left ventricular remodeling by reducing ROS production, indicating that mTOR may be an effective therapeutic target for myocardial infarction by specifically managing iron homeostasis [60]. After heart ischemia–reperfusion(I/R) in adult mice, iron accumulates in cardiomyocytes surrounding myocardium scars. Excess iron leads to cardiac cell death, which can be inhibited by inhibiting the production of lipid-derived ROS. mTOR plays an important role in protecting cardiomyocytes from ferroptosis. mTOR targets a variety of iron transporters, regulates transferrin receptor1, and increases the expression of transferrin [61]. Thus, mTOR can influence ferroptosis by controlling iron metabolism in cardiomyocytes. Research has found that exosomes derived from pericardial adipose tissue can efficiently deliver lipids to myocardial tissue. Additionally, these exosomes interact with iron regulatory protein 2, leading to an increase in ferritin levels in the infarct border zone and a decrease in transferrin receptor levels. This regulation helps maintain iron balance and protects myocardial cells from ferroptosis [62]. Furthermore, miR-23a-3p delivered by umbilical cord blood-derived mesenchymal stem cell exosomes has been shown to inhibit myocardial cell ferroptosis and can be used to mediate myocardial repair in acute myocardial infarction [63]. Some antioxidants

or free radical scavengers can also inhibit ferroptosis by regulating intracellular iron ion balance, inhibiting oxidative stress responses, or intervening in ferroptosis-related signaling pathways. With further research into new types of cell death such as ferroptosis, more effective treatment methods may be developed in the future to improve the prognosis of myocardial infarction patients.

I/R

I/R is the most severe complication following acute myocardial infarction, particularly during the reperfusion phase. During this phase, a significant amount of ROS and free radicals are produced, leading to myocardial cell damage, necrosis, and ferroptosis [64]. During rat myocardial I/R injury, there's an elevation in oxidized phosphatidylcholine (OxPCs) production. Fragmented OxPCs have the potential to trigger ferroptosis [65]. In a mouse myocardial ischemia–reperfusion injury model, non-heme iron content in the myocardium increases, and markers of ferroptosis such as prostaglandin-endoperoxide synthase 2 (Ptgs2) mRNA expression are upregulated. Inhibition of ferroptosis with Ferrostatin-1 and RSL3 can alleviate ventricular remodeling and damage [66]. In myocardial ischemia–reperfusion injury, there are no notable changes in the levels of ACSL4, GPX4, iron, and malondialdehyde. However, following myocardial reperfusion, there's an increase in ACSL4, iron, and malondialdehyde levels, alongside a decrease in GPX4 levels. This suggests that ferroptosis predominantly takes place during the reperfusion phase [67]. I/R injury in the myocardium results in excessive iron accumulation caused by the engulfment of iron proteins, leading to iron leakage. Targeting iron protein engulfment with baicalin or the DNA (cytosine-5)-methyltransferase 1 inhibitor 5-aza-CdR notably mitigates myocardial damage in rats [68, 69]. Liproxstatin-1 (Lip-1) shields the myocardium

from I/R injury by diminishing voltage-dependent anion channel 1 activity on mitochondria, thereby reducing ROS levels and elevating GPX4 levels. Addressing iron overload using iron chelators represents a promising approach to preventing myocardial I/R injury. Clinical evidence supports the efficacy of the iron chelator deferoxamine (DFO) in this regard [70, 71]. Pre-reperfusion infusion of DFO in primary percutaneous coronary intervention can significantly reduce oxidative stress [72]. Ferroptosis causes I/R damage by inducing ERS. ERS has an ATF4-CHOP pathway. The resulting CHOP can bind to the pro-apoptotic protein PUMA to induce the expression of PUMA and promote apoptosis [73]. An in-depth study of the mechanism revealed that ferroptosis inducers can induce an unfolded protein response, which then activates the PERK/EIF2 α /ATF4/CHOP pathway, thereby triggering ERS. The specific process involves the separation of PERK from immunoglobulin-binding proteins and then phosphorylation; PERK is then activated by dimers in the cytoplasm. The α subunit activated by eIF2 α can promote the translation of ATF4, and then induce the expression of downstream CHOP molecules, inducing apoptosis and resulting in cell damage [74]. Ferroptosis can activate ERS by promoting the system xc (-). ERS, as a cellular response to ER dysfunction, can be triggered by ROS [75]. Thus, ferroptosis-induced ERS can act as a bridge between ferroptosis and I/R damage. One study found that during reperfusion injury caused by heart transplantation or coronary artery occlusion, cardiomyocytes undergo ferroptosis and then release inflammatory mediators that activate Toll-like receptor 4 (TLR4) /TRIF domain adapters to induce interferon (TRIF)/type I interferon (IFN) inflammatory signaling pathways. Promote the adhesion and recruitment of neutrophils and coronary endothelial cells, and aggravate heart injury. However, Fer-1, a ferroptosis inhibitor, reduces the PE level of cardiomyocytes, reduces the infarct size caused by coronary artery ligation, improves left ventricular systolic function, and reduces left ventricular remodeling [76]. Taken together, the above studies provide evidence that ferroptosis plays an important role in I/R injury.

Hypertrophic cardiomyopathy (HCM)

HCM stands as the prevalent primary myocardial condition, distinguished by left ventricular hypertrophy. It represents the leading cause of sudden cardiac death among young adults and athletes [77]. Research has revealed that blocking ferroptosis in a mouse model of hypertrophic cardiomyopathy can shield mice from left ventricular hypertrophy, cardiac damage, and myocardial cell demise. This indicates the potential critical involvement of ferroptosis in the development of HCM [47, 78]. Ferroptosis mediated by Slc7a11 directly promotes

the development of HCM in mice with FTH1 knockout, while promoting the expression of α -CT can prevent angiotensin II-induced HCM in a mouse model by inhibiting ferroptosis, providing a new avenue for treating HCM [59, 79]. It's noteworthy that Friedreich's Ataxia (FRDA), a form of HCM, stems from mutations in the FXN gene and is linked to ferroptosis. Botticelli et al. discovered that the ferroptosis inhibitor SRS11-92 can diminish cell mortality in primary fibroblasts from FRDA patients and in mouse fibroblasts carrying FRDA-related mutations [80, 81]. Ferroptosis assumes a pivotal role in DCM via modulation of the Nrf2/HO-1 pathway. Stimulating and enhancing Nrf2 activity leads to elevated levels of GPX4 and HO-1 expression, thereby mitigating DCM symptoms [82].

DOX-induced cardiomyopathy

DOX is renowned as one of the most efficacious chemotherapy agents for combatting a range of cancer types. Nevertheless, its profound cardiotoxic effects, including DICM and congestive heart failure, substantially curtail its clinical usage [83]. Studies suggest that DICM might be linked to apoptosis and autophagy of myocardial cells, mitochondrial impairment, oxidative stress, and excessive calcium accumulation [84]. Recent research has discovered that in a mouse model of DICM, DOX decreases GPX4 levels through the DOX-Fe²⁺ complex in mitochondria, triggering excessive lipid peroxidation and resulting in mitochondrial-dependent ferroptosis. This finding confirms that mitochondrial-dependent ferroptosis is the main driver of DOX-induced cardiac toxicity [83]. Moreover, in DOX-induced mouse models, the origin of myocardial cell death involves a significant upregulation of heme oxygenase-1 (HO-1) under Nrf2 regulation, promoting the release of free iron and resulting in cardiac ferroptosis, while iron suppressor-1 significantly reduces DICM [53]. It is reported that DOX increases oxidative phospholipids in myocardial cells. Ox-PL reduces cysteine intake and NADPH production, depleting GSH, and leading to GPX4 inactivation, ultimately causing ferroptosis [85]. Liu et al. explored the function of acyl-CoA thioesterase 1 (Acot1) in ferroptosis and discovered that Acot1 regulates the biosynthesis of PUFAs in a mouse model of DICM. Knocking out Acot1 makes myocardial cells sensitive to ferroptosis, while overexpression significantly protects against ferroptosis [86]. Fibroblast growth factor 2-mediated protection of the myocardium against DOX requires activation of the mTOR/Nrf-2/HO-1 pathway. Fer-1 or DXZ can also reverse DOX-induced ferroptosis and cardiac toxicity [85, 87].

Iron overload cardiomyopathy (IOC)

Iron overload in myocardial cells results in myocardial dysfunction, referred to as IOC. Normally, iron is absorbed and transported via the TfR1-DMT1-FPN1 pathway to regulate iron levels and prevent tissue damage [88, 89]. When a significant amount of free iron enters the mitochondria in myocardial cells, the ensuing ROS induces mitochondrial oxidative stress and lipid peroxidation, ultimately causing ferroptosis. It has been shown that mice fed a high-iron diet are susceptible to ferroptosis which can be rescued by the iron prolapse inhibitors Fer-1 and DXZ, as well as by antiferrochelators and TTCC blockers, desferrioxamine, and efronedipine, which can also reduce cardiac Ca^{2+} and iron levels [90, 91]. Iron chelator and antioxidant combination therapy, compared to monotherapy, has a more significant protective effect on the hearts of iron-overloaded rats [92]. This is demonstrated by the normalization of cardiac iron levels, reduction of oxidative stress, and improvement in mitochondrial function. Furthermore, in the same model, this combination therapy reestablishes cardiac Ca^{2+} balance and enhances myocardial contractility [93]. Chelator combination therapy also reduces cardiac unstable iron in patients with severe Mediterranean anemia, lowering cardiac toxicity and improving heart function [94].

Septic cardiomyopathy (SCM)

Cardiac dysfunction caused by sepsis, known as SCM, not only results in heart failure but also commonly triggers dysfunction or failure in other organs [95]. Previous research suggests that ferroptosis is a component of the pathogenic mechanism of SCM [96]. Li et al. discovered that lipopolysaccharide (LPS) can increase intracellular Fe^{2+} levels by upregulating the expression of mitochondrial iron transporters. This leads to the transport of more cytoplasmic Fe^{2+} into the mitochondria, resulting in the production of mitochondrial ROS and ferroptosis [97]. Cytokines like TNF- α , IL-1 β , IL-6, and HMGB1, along with activators of TLRs and NF- κ B, have been reported to contribute to the development of SCM and ferroptosis [98]. Jiang et al. identified ZJ01, an inhibitor of the Keap1-Nrf2 protein interaction, characterized by a core structure of sub-amino coumarin benzothiazole. In vitro and in vivo, it can activate Nrf2, inhibiting LPS-induced pro-inflammatory cytokines and ROS production, thereby suppressing ferroptosis and slowing down SCM progression [99].

Diabetic cardiomyopathy (DCM)

DCM stands out as a primary factor contributing to heart failure and mortality in individuals with diabetes. Its characteristics encompass early dysfunction in ventricular diastole, delayed dysfunction in ventricular systole,

cardiac hypertrophy, and fibrosis [100]. The onset mechanism is closely linked to the excessive production of ROS and compromised antioxidant capabilities in diabetes [56]. Research has affirmed that ROS and oxidative stress can trigger myocardial necrosis, apoptosis, autophagic inflammation, and fibrosis. Recent evidence suggests a potential involvement of ferroptosis in diabetes and its associated complications [101–104]. In a transgenic mouse model, Baseler et al. identified that GPX4 can ameliorate cardiac injury in diabetes [105]. Behring et al. observed that a diet rich in sugar and fat leads to mitochondrial lipid peroxidation and cardiac hypertrophy in mice [106]. Shu et al. found a correlation between high glucose levels and iron overload, indicating a likelihood of ferroptosis in diabetic patients [107]. Additionally, Bruni et al. noted that iron apoptosis inducers like erastin or RSL3 can impact beta cell function in vitro, heightening sensitivity to ferroptosis by regulating GPX4 expression [108]. Recent studies emphasize that activating Nrf2 can alleviate oxidative damage caused by high glucose levels in cultured myocardial cells, thus preventing the development of DCM [109]. Furthermore, overexpression of mouse HIF-1 α has shown potential in averting cardiac damage in diabetic mice [110]. Hence, further exploration is warranted to understand and regulate ferroptosis for the prevention and treatment of DCM.

Radiation-induced cardiomyopathy (RICM)

RICM refers to a persistent impairment of heart muscle function resulting from damage to the inner lining of blood vessels and the development of fibrous tissue in the myocardium [111]. Radiation exposure can result in diverse forms of cell demise, including apoptosis, necrosis, and autophagic cell death. Recently, researchers have also linked iron-dependent cell death, known as ferroptosis, to radiation-induced cell death [112–114]. ROS trigger lipid peroxidation and serve as crucial regulatory factors in ferroptosis. In mouse models, the STING pathway, which detects cytoplasmic DNA, triggers interferon-gamma production and controls the expression of the cyclooxygenase-2 (COX2) gene. Both STING and COX2 are linked to ferroptosis: STING activation preserves GPX4 levels and cellular equilibrium, while COX2 overexpression amplifies the neuroprotective properties of SH-SY5Y human neuroblastoma cells against iron-induced apoptosis by activating miR-137 [115, 116]. In a mouse model of radiation-induced lung fibrosis (RILF), ferroptosis assumes a crucial role, and the ferroptosis inhibitor liproxstatin-1 alleviates RILF by inhibiting TGF- β 1. Boerma et al. investigated the antioxidant vitamin E in a rat model and found that it reduces radiation-induced fibrosis by inhibiting ferroptosis [117].

There are many types of cardiovascular disease, such as myocardial infarction, ischemia–reperfusion Injury, hypertrophic cardiomyopathy, DOX-induced cardiomyopathy, iron overload cardiomyopathy, septic cardiomyopathy, diabetic cardiomyopathy and radiation-induced cardiomyopathy, which are associated with ferroptosis.

NDs

Ferroptosis in brain

Iron, an essential intracellular element, participates in vital biological functions like oxygen transportation, storage, and utilization. Excessive iron levels can trigger oxidative stress and lipid peroxidation within cells, potentially leading to ferroptosis. Ferroptosis is implicated in various brain-related conditions such as cerebral I/R injury, traumatic brain injury, and neurodegenerative diseases [129]. For instance, in cerebral I/R injury, iron overload can induce brain damage, while mitochondrial ferritin, a crucial protein for storing iron in mitochondria, can mitigate this damage by suppressing ferroptosis [130]. Likewise, the TrkB agonist N-acetyl serotonin facilitates functional recuperation following traumatic brain injury by inhibiting ferroptosis through the PI3K/Akt/Nrf2/H-Ferritin pathway [131]. Neurodegenerative diseases, characterized by progressive neuronal

degeneration leading to cognitive and behavioral decline, may benefit from targeting ferroptosis [132] (Fig. 3). Strategies such as using iron chelators to diminish intracellular iron levels or antioxidants to neutralize reactive oxygen species could effectively thwart ferroptosis and safeguard neurons [133]. Furthermore, nuclear transcription factors like Nrf2 have emerged as pivotal players in both neurodegenerative disease treatment and ferroptosis regulation [134].

Ferroptosis and NDs

AD

AD is a neurological condition characterized by progressive memory and behavioral decline, primarily attributed to the accumulation of β -amyloid β -protein (A β) and Tau protein [135]. Research has revealed elevated iron levels and reduced ferritin levels in brain regions such as the hippocampus and cortex of AD patients, with iron concentrations positively correlated with disease progression. Excessive Fe²⁺ levels trigger lipid peroxide production via the Fenton reaction, promoting hippocampal neuron degeneration and exacerbating AD advancement [136]. A β precipitation is also associated with iron buildup, with A β inducing pericellular mitochondria autophagy, leading to ferroptosis [137]. Furthermore,

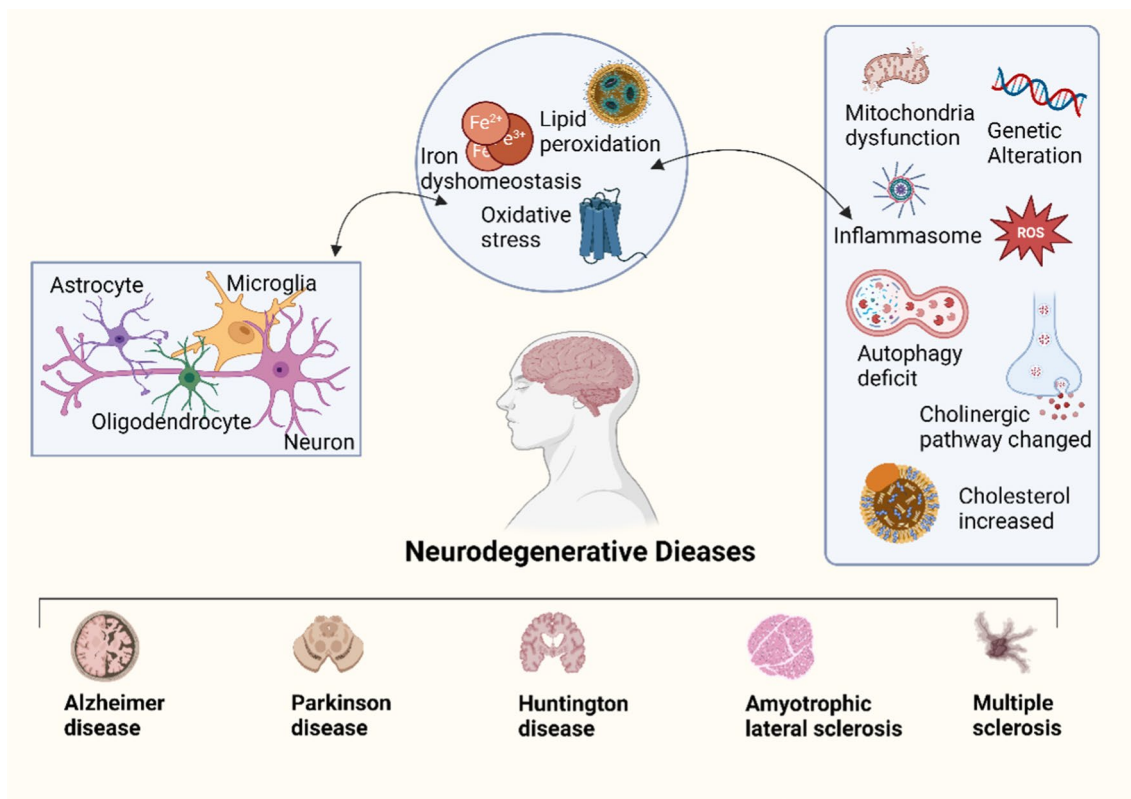


Fig. 3 Neurodegenerative diseases caused by ferroptosis and mechanisms

research has detected reduced expression of FPN in the brains of APP/PS1 mice and individuals with AD, resulting in hippocampal atrophy and memory decline resembling AD symptoms. This underscores the strong link between AD and ferroptosis. Specific inhibitors targeting ferroptosis effectively alleviate neuronal loss and memory deficits induced by A β aggregation [12]. Intramuscular desferriamine administration benefits AD patients, while nasal desferriamine administration reverses memory deficits in AD mice. Tetrahydroxy stilbene glycoside administration in AD model mice activates GPX4 and Nrf2, upregulating superoxide dismutase expression, ultimately alleviating AD symptoms [138]. Furthermore, hydroxylated chalcone compounds synthesized by Cong et al. inhibit A β accumulation and neuronal ferroptosis, enhancing AD patient behavior [139]. Study has shown that inhibiting ferroptosis by maintaining Ca²⁺ homeostasis is also an innovative target for the treatment of AD [140]. Hence, targeting neuronal ferroptosis holds promise as a potential AD treatment.

PD

The characteristic traits of PD involve the degeneration of dopamine neurons in the substantia nigra pars compacta and the development of Lewy bodies within these neurons. Iron overload in the body triggers dopamine oxidation and free radical generation, disrupting oxidative balance and accelerating dopaminergic neuron loss, thus contributing to PD pathophysiology [141, 142]. Neuroimaging and postmortem examinations show that there is a buildup of iron in the substantia nigra, and the remaining dopaminergic neurons have higher levels of iron. This emphasizes the significant involvement of iron in the degeneration of dopaminergic neurons in PD [20, 143]. Studies suggest that in both animal models and patients with PD, there is an increase in lipid peroxide levels and impaired mitochondrial function in the substantia nigra pars compacta. This is accompanied by decreased levels of GSH, which ultimately triggers the initiation of ferroptosis [144]. A fascinating aspect is that α -synuclein, a crucial regulator in PD, has been linked to iron and lipid metabolism, contributing to neurodegeneration. Administering the iron chelator deferrone to PD mice diminishes α -synuclein's harmful effects [145]. Pretreatment with ferroptosis inhibitors attenuates cell death in 6-hydroxy-dopamine-induced PD cell models [146]. Deferiprone significantly delays motor disorders and enhances glutathione peroxidase activity in PD patients' cerebrospinal fluid, showing promise in phase II clinical trials and animal models [129]. Research has demonstrated that rapamycin can counteract ferroptosis in PD models induced by MPTP/MPP+ by enhancing

autophagy [147]. Thus, targeting the iron metabolism-mediated ferroptosis pathway holds promise as a therapeutic approach for PD.

HD

HD is a genetic neurodegenerative condition inherited in an autosomal dominant pattern. It is distinguished by the expansion of CAG repeats within the Huntingtin (HTT) gene. It is distinguished by neurodegeneration in the striatum, cortex, and cerebral cortex, manifesting clinically as dystonia, motor impairment, and cognitive decline [129]. Excessive iron levels are pivotal in ferroptosis onset, as evidenced by iron supplementation exacerbating oxidative stress and hastening disease progression in newborn R6/2 HD mice [148]. Research indicates that individuals with HD exhibit elevated levels of lipid peroxidation in their plasma and reduced levels of GSH, rendering them more vulnerable to ferroptosis. It has been observed that elevated lipid peroxidation occurs in corticostriatal brain slices of HD patients, where it coincides with mHTT inclusions in striatal neurons. This lipid peroxidation impairs axonal signal transmission, ultimately resulting in neuronal degeneration [149, 150]. Skouta et al. administered specific ferroptosis inhibitors to HTT striatal neurons, finding that Fer-1 and SRS11-92 significantly enhanced neuronal survival in a dose-dependent manner [151]. Thus, comprehending ferroptosis's role in HD development offers a promising avenue for HD treatment.

Amyotrophic lateral sclerosis (ALS)

ALS is a fatal and prevalent neurodegenerative disorder affecting the nervous system. Clinical manifestations primarily involve limb weakness and bulbar dysfunction, and death often within two years of diagnosis [152]. Research indicates elevated serum ferritin levels in the cerebrospinal fluid of ALS patients, with early neuronal iron accumulation observed in the corticospinal motor pathway preceding neuropathological changes and microglial activation. Treatment of SodG86R mice and ALS patients with iron chelators improves ALS symptoms, significantly reducing cerebrospinal fluid oxidative stress levels without inducing iron deficiency anemia [153, 154]. ALS progression is characterized not only by disturbances in iron metabolism but also by mitochondrial impairment. Dynamin-related protein 1 (Drp1), a GTP enzyme involved in mitochondrial fission, disrupts intracellular fission–fusion equilibrium, induces oxidative stress, and increases peroxide synthesis. Iron chelators alleviate oxidative stress damage by inhibiting Drp1 dephosphorylation activity [119, 120]. GPX4 deletion is evident in the spinal cords of ALS patients post-mortem

and is a common feature in early mouse models of transgenic ALS mutations like SOD1G93A, TDP-43, and C9orf72. GPX4 overexpression in SOD1G93A mice significantly delays ALS onset [155]. Edaravone exhibits antioxidant and lipid-stabilizing properties, inhibits ferroptosis, and thus mitigates ALS progression [156]. Treatments utilizing multifunctional small molecules that target various aspects of mitochondrial dysfunction, oxidative stress, as well as HIF and NF- κ B activity, could potentially offer more effective and innovative therapy options compared to drugs that solely focus on a single target [157].

Multiple sclerosis (MS)

The characteristic pathological features of MS encompass the development of plaques within the central nervous system, destruction of neuronal myelin sheaths, and hyperplasia of astrocytes [158]. In the initial stages of MS, there is frequently an association with inflammation. Prolonged inflammation leads to the accumulation of iron and subsequent lipid peroxide increase, ultimately resulting in the initiation of ferroptosis. Ferroptosis, in turn, facilitates T-cell activation-induced neurodegeneration in MS [159, 160]. Active and long-standing MS lesions, along with the cerebrospinal fluid of MS patients, displayed various indications of ferroptosis. This was indicated by increased levels of labile iron, peroxidized phospholipids, and lipid degradation byproducts [161]. Iron is predominantly stored in oligodendrocytes in the healthy brain and plays a role in myelin formation, suggesting that iron release may contribute to demyelinating lesions. Research has demonstrated elevated iron levels in the brains of MS patients, particularly in gray matter and areas adjacent to MS lesions, which could contribute to myelin loss in MS [162]. Schwann cells, peripheral nerve glial cells involved in myelin formation, may also play a role. Knocking out DMT1 and FTH in mouse Schwann cells resulted in decreased axon proliferation, maturation, and myelination, suggesting that ferroptosis induced by abnormal iron metabolism is closely associated with MS [163].

Many neurodegenerative diseases are characterized by the accumulation of local iron in specific regions of the

central nervous system and peripheral nervous system, and abnormalities in iron homeostasis in brain tissue can induce large production of ROS in brain cells [164]. This results in catastrophic oxidative damage to sensitive subcellular structures. In mice, GPX4 knockdown leads to age-dependent neurodegenerative changes and neuron loss, exacerbated by dietary vitamin E deficiency [165]. In recent years, with the clear mechanism of ferroptosis, ferroptosis-based ferroptosis inhibitors have developed rapidly. The main function of common ferroptosis inhibitors is to inhibit lipid peroxidation, reduce the concentration of free iron, or inhibit the formation of oxygen free radicals (Table 3).

Neurodegenerative diseases like Alzheimer's, Parkinson's, Huntington's, Amyotrophic Lateral Sclerosis, and Multiple Sclerosis are connected to ferroptosis. Ferroptosis mainly arises from imbalances in iron, lipid peroxidation, or oxidative stress. It can impact the interactions between nerve cells, and is associated with mitochondrial dysfunction, genetic mutations, inflammasome activity, autophagy deficits, alterations in the cholinergic pathway, increased cholesterol levels, and other physiological changes.

Cancer

Ferroptosis in cancer

Cancer, a malignant growth arising from epithelial tissue, is marked by irregular cell differentiation and proliferation, unrestricted expansion, invasion, and metastasis. It stands as the second most common cause of death worldwide, overtaking CVDs in certain countries with high human development indexes, and emerging as the primary cause of premature mortality. The complex and multi-faceted nature of cancer development involves factors such as smoking, infection, occupational exposure, environmental pollution, unhealthy diet, and genetic predisposition [173]. According to the World Health Organization's 2020 statistics, 9.95 million people worldwide succumbed to cancer, with lung cancer being the most prevalent, accounting for 18.0% of all cancer deaths. Other notable contributors include colorectal cancer (9.4%), liver cancer (8.3%), stomach cancer (7.7%), and female breast cancer (6.9%) [174, 175]. The high mortality

Table 3 Drugs and compounds associated with ferroptosis for neurodegenerative diseases treatment

Drugs	Inhibitor	Target	References
Lipid peroxidation inhibitors	Zileuton	Inhibit 5-LOX	[166, 167]
Antioxidants	Ferrostatin-1	ROS scavenger, increase GSH level,	[168]
Antioxidants	SRS11-92	ROS scavenger, reduce lipid peroxides	[169, 170]
Antioxidants	SRS-16-86	ROS scavenger, reduce lipid peroxide	[171, 172]
Lipid soluble antioxidant	Vitamin E	GPX4	[165]

rates underscore the formidable challenge in the field of anticancer therapy.

Iron is an essential micronutrient in the human body, pivotal for physiological functions such as hemoglobin formation, DNA synthesis, and energy metabolism. Disruptions in iron metabolism can contribute to the proliferation, infiltration, spread, and reappearance of cancer [176]. Iron deficiency leads to a decrease in red blood cell count, affecting the transport of oxygen and nutrients, resulting in hypoxia and ischemia in various organs and a weakened immune system. For cancer patients, anemia can diminish the effectiveness of chemotherapy and radiotherapy, foster tumor development, and increase tumor aggressiveness [177]. Conversely, cancer cells rely on iron as a raw material for reproduction. Excessive iron in the body becomes fuel for cancer cells, accelerating tumor growth and worsening the disease. This suggests a potential recommendation against iron supplementation or an excess intake of iron-rich foods for cancer patients [178]. Simultaneously, iron deficiency may impact immune cell activity and alter the tumor microenvironment, affecting the immune system's ability to defend against cancer [179].

Ferroptosis, a form of cell demise reliant on iron, is intricately linked to the onset, progression, metastasis, and treatment resistance of cancer [180]. Firstly, tumor cells exhibit a heightened demand for iron, termed "iron addiction," making them more vulnerable to ferroptosis when iron levels rise [181]. Secondly, during ferroptosis, iron ions can initiate the generation of ROS through the Fenton reaction, triggering lipid peroxidation and ultimately causing cell death. This phenomenon is particularly pronounced in tumor cells, characterized by elevated ROS levels and diminished antioxidant capacity [182]. Nevertheless, the occurrence of ferroptosis releases pro-inflammatory factors, inducing inflammation and altering the tumor microenvironment. This, in turn, reduces the immune susceptibility of tumor cells, suggesting that ferroptosis may, to some extent, promote tumor growth and spread [183]. Ferroptosis participates in various crucial molecules and signaling pathways within cancer. Apart from iron and ROS, it is governed by additional pathways like the p53 pathway in cancer. It can be inhibited by several pathways including the FSP1-CoQ10 pathway, GCH1-BH4 pathway, and the DHODH-CoQH2 system [184]. Increasing evidence indicates the pivotal involvement of ferroptosis in cancer therapy, with

Table 4 Clinical trial drugs inducing ferroptosis for antitumor treatment

Drugs	Target	Cancer type	References
Sorafenib	SLC7A11	Hepatocellular carcinoma, gastric cancer, clear cell renal cell carcinoma	[216, 245, 246]
Sulfasalazine	SLC7A11	Prostate cancer, lymphoma, lung cancer, colorectal cancer, head and neck cancer, pancreatic ductal adenocarcinoma, ovarian clear cell carcinoma, breast cancer	[129, 247–250]
Lapatinib	Iron	Breast cancer, pancreatic cancer	[251, 252]
Neratinib	Iron	Breast cancer	[253]
Salinomycin	Iron	Various solid tumour types	[254]
Artesunate	Iron	Prostate cancer, pancreatic cancer, hepatocellular carcinoma, head and neck cancer	[251, 253–255]
Cisplatin	GSH	Breast cancer, gastric cancer, head and neck cancer, ovarian cancer	[256–259]
Gemcitabine	GPX4	Pancreatic cancer, lung adenocarcinoma	[260, 261]
Everolimus	GPX4	Renal cell carcinoma	[262]
Gefitinib	GPX4	Triple negative breast cancer, lung cancer	[263, 264]
Withaferin A	GPX4	Neuroblastoma, hepatocellular carcinoma	[265, 266]
Fluvastatin	HMGCR	Lung adenocarcinoma	[267]
Pravastatin	HMGCR	Hepatocellular carcinoma	[268]
Simvastatin	HMGCR	Triple-negative breast cancer	[269]
Haloperidol	DRD2	Hepatocellular carcinoma, glioblastoma	[270, 271]
Zalcitabine	DNA stress	Pancreatic cancer	[272]
β-Elementene	TFEB	Colorectal cancer, non-small cell lung cancer	[272, 273]
Buthionine sulfoximine	GCL	Melanoma, neuroblastoma	[274]
Zileuton	5-LOX	Head cancer	[276]
Brequinar	DHODH	Cervical cancer, colon cancer, fibrosarcoma, lung cancer	[277–280]
Cetuximab	KRAS	KRAS mutant colorectal cancer	[263]
Curcumenol	FTH1	Lung cancer	[256]

some anti-cancer medications designed to target ferroptosis already being utilized in clinical settings (Table 4). The merging of classic chemotherapy agents such as cisplatin with substances that trigger ferroptosis has proven to be a potent method for halting the growth of head and neck tumors by working together synergistically [185]. Inducing ferroptosis has the potential to hinder the emergence of resistance in cancer cells to diverse cancer treatments, such as lapatinib, erlotinib, and vemurafenib [186–188]. Significantly, radiation can initiate ferroptosis, which holds comparable importance to apoptosis in thwarting radiation-induced tumors. This indicates that stimulating ferroptosis could potentially heighten the vulnerability of radioresistant cancer cells to radiation therapy [186, 189]. Employing combination therapy centered around ferroptosis presents a highly promising approach that can augment the efficacy of standard treatments, address drug-resistant tumors, and deter tumor recurrence [190]. In summary, the exploration of ferroptosis holds significant research potential in the cancer field. A thorough understanding of its mechanisms and its role in tumor development is anticipated to offer novel insights and approaches for cancer treatment.

Ferroptosis and antitumor treatment

Lung cancer

Lung cancer stands as one of the most widespread cancers worldwide, and despite continuous progress in treatment, the overall five-year survival rate for lung cancer patients remains around 16% [191]. Therefore, there is a pressing demand for innovative therapeutic approaches in the treatment of lung cancer. Bioinformatics increasingly indicates a significant correlation between the occurrence of ferroptosis and lung cancer development [192]. The onset of ferroptosis depends on the buildup of iron ions and ROS. In the context of lung cancer cells, disrupted iron and mitochondrial metabolism may elevate intracellular levels of iron ions and ROS, creating favorable conditions for ferroptosis. Moreover, the GSH-dependent GPX4 reduction system stands out as a pivotal pathway. p53 is an oncogene that inhibits cell uptake of cystine by directly inhibiting the transcription of SLC7A11, a key component of system Xc—in the p53-SAT1-ALOX15 pathway. Stimulation by erastin, for example, inhibits System Xc-, leading to the suppression of cysteine or selenocysteine, thereby reducing GPX4 expression and inducing ferroptosis [193]. Adjusting the expression of genes associated with ferroptosis can impact the proliferation and spread of lung cancer cells. For instance, inhibiting GPX4 expression can prompt ferroptosis in lung cancer cells, effectively restraining tumor growth and metastasis [194]. RNA Binding Motif Single Stranded Interacting Protein 1, functioning as a

translational enhancer of SLC7A11 in lung cancer, triggers ferroptosis upon its loss, inhibiting lung cancer cell growth and heightening sensitivity to radiotherapy [195]. CoQ-FSP1, an essential element downstream of the KEAP1-Nrf2 pathway, presents itself as a promising target for therapy aimed at addressing KEAP1-mutant lung cancer [196]. As a tumor suppressor, TRIM3 can inhibit the occurrence of non-small-cell carcinoma (NSCLC) by degrading SLC7A11, suggesting a novel strategy for treating NSCLC [62]. Additionally, certain ferroptosis inducers like RSL3 and Erastin have been identified to impede lung cancer cell growth and induce ferroptosis. The manipulation of ferroptosis-related gene expression or the utilization of ferroptosis inducers may pave the way for innovative approaches in lung cancer treatment [197]. As a result, ferroptosis might become a compelling focus for treating lung cancer, and delving deeply into the mechanisms and clinical uses of ferroptosis in lung cancer could provide innovative approaches and strategies for managing this condition.

Colorectal cancer (CRC)

CRC is a malignant growth that impacts the digestive system and ranks as the second most common cause of cancer-related deaths worldwide. The highly migratory and invasive nature of colorectal cancer cells, attributed to epigenetic and metabolic alterations, leads to a mere 12% 5-year survival rate for metastatic colorectal cancer [198]. Recent studies increasingly highlight the clinical significance of inducing ferroptosis in CRC by elevating Fe²⁺ and ROS levels within CRC cells, diminishing the antioxidant GSH levels, or deactivating GPX4. Conversely, inhibiting ferroptosis may contribute to tumor progression and treatment resistance in CRC [199]. By modulating relevant genes, such as the overexpression of serine and arginine-rich splicing factor 9, the induction of cell lipid peroxidation by erastin and sorafenib can be inhibited, leading to a reduction in GPX4 expression and the suppression of ferroptosis [200]. Heat shock protein family a member 5 also slows down the degradation of GPX4, providing colorectal cancer cells with more time to adapt to the toxicity of erastin [201]. Similarly, genes like IMCA and ACADSB, which down-regulate the expression of SLC7A11, result in decreased levels of cysteine and glutathione. This significantly induces ferroptosis in colorectal cancer cells, inhibiting their migration, invasion, and proliferation [202, 203]. Beyond coding genes, non-coding RNAs, including miRNAs, lncRNAs, and circRNAs, have been reported to mediate ferroptosis in CRC [204]. Intestinal microbiota participates in tumor progression by producing carcinogenic metabolites and can also promote the development of colorectal cancer by inhibiting ferroptosis [205]. Whether administered alone or in

conjunction with other chemotherapy agents, ferroptosis inducers can effectively trigger ferroptosis in cancer cells, particularly those resistant to treatment [206]. Furthermore, ferroptosis can selectively target aggressive cancer stem cells, offering potential improvements in immunotherapy efficacy and overcoming resistance to immunotherapy [207].

Hepatocellular carcinoma (HCC)

HCC stands as the most prevalent type of primary liver cancer, with its origins linked to genetic, environmental, and behavioral factors [208]. A potential strategy to eradicate malignant liver cells involves safeguarding healthy cells while selectively inducing the death of tumor cells. Research has demonstrated that ferroptosis inhibits the growth and proliferation of HCC cells in both in vitro and in vivo xenotransplantation models [209, 210]. The mutation or abnormal expression of genes associated with ferroptosis, such as ACSL4, GPX4, Nrf2, SLC7A11, heat shock protein family B (small) member 1, etc., may be implicated in the development of hepatocellular carcinoma [211, 212]. Radiotherapy is a primary method for treating hepatocellular carcinoma. In addition to triggering ferroptosis, it also results in the increased expression of genes that inhibit ferroptosis, such as SLC7A11 and GPX4. Tumor cells that overexpress SLC7A11 and GPX4 demonstrate substantial resistance to radiotherapy. Therefore, the combination of radiotherapy with ferroptosis inducers is anticipated as a research direction [213]. Furthermore, ferroptosis plays a role in the drug resistance process of hepatocellular carcinoma, where certain chemotherapy drugs or targeted medications can impede the growth and spread of HCC cells by inducing ferroptosis. Sorafenib, a widely used multikinase inhibitor for HCC treatment, has been found to have enhanced efficacy when combined with ferroptosis induction [214, 215]. Studies suggest that inducing ferroptosis can augment the sensitivity of hepatocellular carcinoma to sorafenib, thereby overcoming drug resistance. Glutathione S-transferase zeta 1 has been recognized as a factor that boosts sorafenib-triggered ferroptosis by suppressing the Nrf2/GPX4 pathway in HCC cells, suggesting a potentially effective treatment approach for HCC that involves combining sorafenib with a ferroptosis inducer [216, 217]. Additionally, ferroptosis is linked to the prognosis of hepatocellular carcinoma, with some research indicating a negative correlation between the expression level of iron-death-related genes and the prognosis of HCC patients. In other words, higher expression of iron-death-related genes is associated with a worse prognosis for patients [218–220]. Traditional Chinese medicine research indicates that Polyphyllin I intervention can enhance mitochondrial damage and

induce ferroptosis through the Nrf2/HO-1/GPX4 axis, thereby inhibiting the proliferation, invasion, and metastasis of HCC cells [5]. In conclusion, there exists a significant association between ferroptosis and hepatocellular carcinoma. A thorough exploration of the mechanism of ferroptosis in HCC holds great importance in understanding the onset and progression of hepatocellular carcinoma, unraveling drug resistance mechanisms, and developing novel therapeutic strategies.

Gastric cancer (GC)

GC is among the prevalent malignant tumors, holding the fifth position in terms of occurrence and fourth in mortality rates. Annually, worldwide, more than a million individuals receive a diagnosis of stomach cancer. Risk elements encompass *H. pylori* infection, tobacco use, alcohol intake, a diet rich in salt, and insufficient physical activity [221, 222]. A study indicates that higher iron content increases the risk of cancer [223]. Ferroptosis-associated RNA contributes to the expression patterns of stomach cancer cells to different extents. For instance, miR103a-3p influences ferroptosis in GC cells by modulating intracellular GSH levels [224]. Additionally, lncLASTR and Circ0000190 regulate the proliferation and migration of GC cells by controlling ferroptosis [225]. Manipulating functional proteins associated with ferroptosis, like GSH and GPX4 in GC cells, can influence the onset and progression of GC [226]. As an example, da2, a novel derivative of Jiyuan oridonin A, has been discovered to selectively suppress the proliferation of GC cells by triggering ferroptosis. This is achieved by reducing GPX4 levels and leading to the accumulation of iron within subcellular compartments [227]. Studies indicate that ferroptosis contributes to the establishment of the tumor microenvironment. Assessing the levels of macrophages and iron within the GC microenvironment may offer valuable insights into predicting the progression of tumors [228, 229].

Pancreatic cancer

Pancreatic cancer is one of the most lethal cancers in the world, characterized by late diagnosis, rapid metastasis, chemotherapy resistance, and poor prognosis [230]. Acute pancreatitis ranks among the most prevalent acute abdominal conditions. In acute pancreatitis, the regulation of ferroptosis can control the excessive activation and release of pancreatic enzymes at the cellular level. By regulating ferritin, ferroptosis in AP can be reduced, and inflammatory factors can be modulated [231, 232]. Pancreatic ductal adenocarcinoma (PDAC) is the most common pathological type of pancreatic cancer, accounting for approximately 90% of cases. Mutations in the KRAS signal lead to increased production of ROS,

causing ferroptosis [233]. To avoid excessive ferroptosis in PDAC, substances like miR-125a, erastin, are used to reduce cysteine-induced ferroptosis in PDAC cells. The results confirm that systemic inhibition of α -CT can suppress tumor growth and metastasis [234]. Alternatively, a combination of cisplatin and dihydroartemisinin is used to synergistically inhibit the proliferation of PDAC cells and induce DNA damage. This outcome is mainly accomplished by heightening cellular susceptibility to ferroptosis and elevating intracellular free iron levels, thereby impeding the proliferation of PDAC cells [235]. Lipid peroxidation regulation is also explored, and research indicates that microsomal glutathione transferase 1 can bind with arachidonate 5-lipoxygenase to inhibit cancer cell ferroptosis by reducing lipid peroxidation [236]. Additionally, LncRNA associated with ferroptosis can be used in PDAC to evaluate patient prognosis, molecular characteristics, and treatment modalities. Studies showed that high expression of SLCO4A1-AS1 in PDAC patients is associated with lower sensitivity to ferroptosis, directly leading to a poorer prognosis for patients [237, 238].

Ovarian cancer (OVCA)

OVCA is the leading cause of female reproductive cancer deaths worldwide, with a high recurrence rate [239]. A study has found that the occurrence of ovarian clear cell carcinoma depends on the acquisition of cysteine, and the absence of cysteine leads to the disruption of the main protective pathway for ferroptosis, the GPX4-GSH pathway, triggering oxidative stress-induced ferroptosis [240]. Ferroptosis has a significant connection with the clinical management of OVCA. Current studies suggest that ferroptosis plays a pivotal role in the chemotherapy of ovarian cancer, augmenting the anticancer efficacy of cisplatin in the treatment of this disease [241]. In platinum-resistant OVCA cells, the addition of inhibitors of ferroptosis-related protein GPX4 can increase cancer cell sensitivity to ferroptosis, opening up new avenues for platinum-resistant OVCA treatment [242]. The synergistic effect of erastin and docetaxel also makes drug-resistant cancer cells more prone to ferroptosis [243]. Fortunately, researchers have analyzed and identified mRNA and genes associated with ferroptosis as both treatment targets and prognostic indicators, revealing new therapeutic vulnerabilities in OVCA patients and providing promising prognostic indicators [239, 244].

Ferroptosis and tumor immunotherapy

The immune system's vital function involves identifying and eradicating cancerous cells, thereby actively monitoring and managing tumor expansion. Tumor immunotherapy involves utilizing the immune system's capabilities to target and combat cancer cells, garnering significant

attention and research efforts in recent years. An illustrative example is CAR T-cell therapy, a technique that modifies T cells to identify and eliminate tumor cells, demonstrating success, particularly in treating leukemia and lymphoma [281]. Nevertheless, challenges exist within the realm of tumor immunotherapy. Firstly, not all patients exhibit a positive response to this treatment, and some show no response whatsoever. Secondly, immunotherapy may induce adverse effects such as inflammation and autoimmune reactions. Furthermore, the field must address challenges like overcoming tumor immune escape mechanisms and the diverse nature of tumor cells [282, 283]. In conclusion, while tumor immunotherapy holds promise and has achieved notable successes in treating various cancers, ongoing research and enhancements are imperative to refine its effectiveness and safety.

The identification of ferroptosis has opened up new avenues for tumor immunotherapy. On one hand, ferroptosis can eliminate tumor cells, disrupt the tumor's blood supply, incite the immune system's attack, and enhance the responsiveness of tumor cells to other treatments. On the other hand, ferroptosis can also release pro-inflammatory factors, triggering an inflammatory response, altering the tumor's microenvironment, and diminishing the immune resistance of tumor cells [284, 285]. By integrating immunotherapy with strategies that bolster ferroptosis, such as radiotherapy and targeted therapy, it's possible to collaboratively trigger ferroptosis. This approach can either boost anti-tumor immune reactions or inhibit detrimental immune responses [286] (Fig. 4).

Tumor immune checkpoint inhibitors (ICI)

It has been reported that ICI can significantly improve the treatment efficiency of advanced cancer, including PD-1 inhibitors and cytotoxic T lymphocyte-associated antigen-4 inhibitors. These drugs work by blocking checkpoint molecules on the surface of tumor cells, thereby activating immune cells and enabling them to better attack tumours [287, 288]. Several immune checkpoint inhibitors have been approved for use in the treatment of a wide range of tumors, for example, PD-1 inhibitors are widely used in tumours such as lung cancer, melanoma, renal cell carcinoma and Hodgkin's lymphoma [289]. The effectiveness of immune checkpoint blockade therapy in generating a widespread anti-tumor response for numerous cancers remains limited, primarily due to the complexity of the tumor microenvironment and inadequate stimulation of the host immune system [290]. Ferroptosis has recently been discovered to play a role in the effectiveness of CD⁸⁺ T cells against tumors and also affects how well anti-PD-1/PD-L1 immunotherapy works. Studies have shown that when CD⁸⁺ T cells are activated by anti-PD-L1 immunotherapy, they trigger

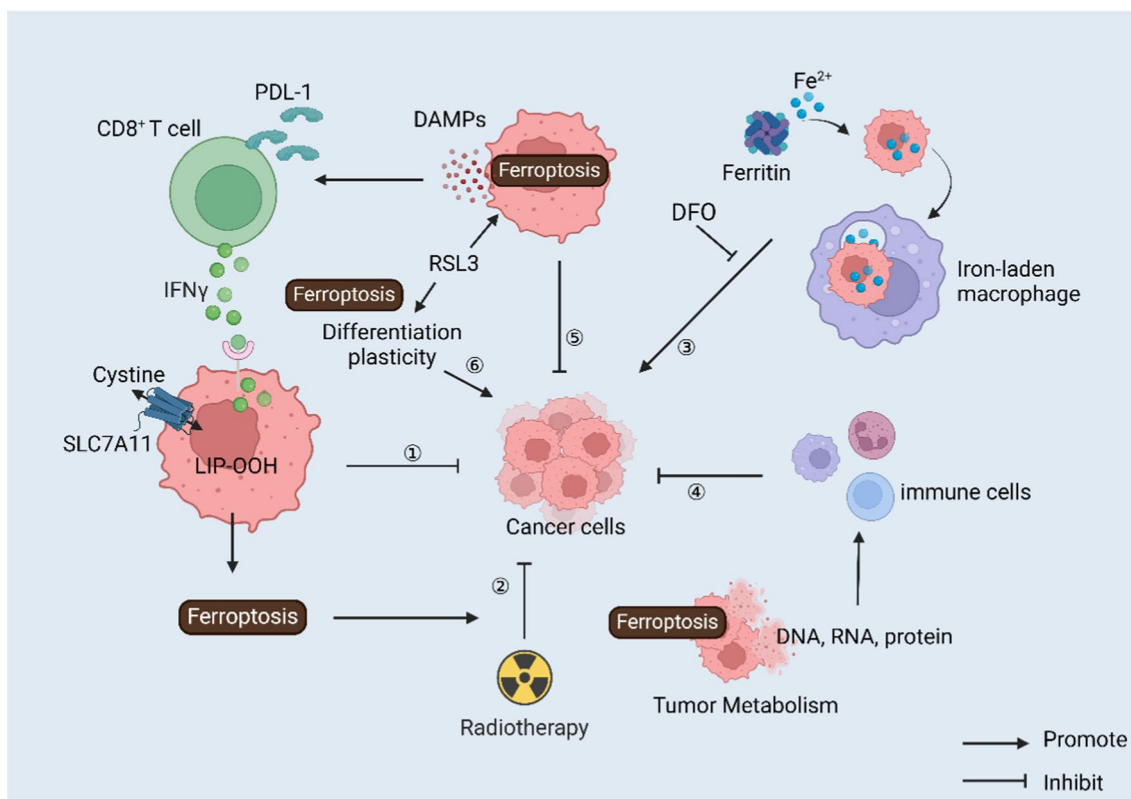


Fig. 4 Ferroptosis in combination with immunotherapy. Immunotherapy combined with the regulation of ferroptosis: ①tumor immune checkpoint inhibitors; ②revers radiotherapy resistance; ③iron-laden macrophages; ④tumor metabolism; ⑤damage-related molecular patterns; ⑥cancer cell differentiation plasticity

ferroptosis in tumor cells by releasing interferon- γ (IFN- γ) following PD-L1 blockade. The released IFN- γ notably decreases the expression of SLC7A11 in tumor cells, which reduces their ability to take up cystine, increases lipid peroxidation, and ultimately leads to ferroptosis [291, 292]. The combined action of cystathionine/cysteine enzymes alongside anti-PD-L1 treatment can generate potent anti-tumor immune responses by triggering ferroptosis [293, 294].

Revers radiotherapy resistance

Radiotherapy is a commonly used cancer treatment that destroys cancer cells through high-energy radiation. Nonetheless, certain tumor cells develop resistance to radiation therapy, often leading to tumor recurrence and metastasis, posing significant challenges in treatment [295]. Previous research has demonstrated that radio resistance in cancer cells was facilitated by increased DNA damage repair, reduced apoptosis, and accelerated autophagy [296–298]. Recent years have seen the development of a novel and significant method for increasing the sensitivity of tumor radiation and immunotherapy: triggering ferroptosis in cancer cells [299]. Effector T cells

and radiotherapy engage in a collaborative interaction via ferroptosis to enhance tumor elimination. The use of IFN and CD8⁺ T lymphocytes encourages tumor cell ferroptosis and causes radio sensitization. By generating IFN in conjunction with radiotherapy-activated ataxia telangiectasia mutated protein targeting SLC7A11 to prevent cystine uptake, immune therapy-activated CD8⁺T cells cause tumor cells to undergo ferroptosis [189, 197]. In certain mouse models receiving combined treatment of radiation alongside PD-L1/PD-1 or cytotoxic T lymphocyte-associated antigen-4 inhibition, this results in robust tumor immunity, induction of tumor ferroptosis, and subsequent tumor regression [300]. This indicates that tumor ferroptosis represents a new convergence point between radiotherapy and adaptive immunity.

Iron-laden macrophages

Macrophages are a type of leukocyte that are significant components of the tumor microenvironment and have a significant impact on the tumor immune system and immune response. It is involved in the development, proliferation, metastasis, and resistance to drugs of tumors, as well as interactions with ferroptosis and

other pathways [301–303]. Normally, the immune system identifies cancer cells and macrophages eliminate them, however, in acidic environments, ferritin phagocytosis facilitates the maximal release of iron, which is eliminated by cancer cells and subsequently assimilated by macrophages to generate iron-laden macrophages [304, 305]. Not only does the presence of iron-laden macrophages in the tumor microenvironment have prognostic significance, but it also represents a significant functional deficit in macrophages' capacity to combat cancer cells. The ability of iron-loaded macrophages to combat cancer cells decreases with increasing iron loading. Reduced serum iron concentration from increased iron uptake by macrophages causes an iron deficit in nearby normal cells, which in turn lowers the activity of iron-dependent enzymes in numerous iron metabolic pathways and generally impairs normal cell function [306, 307]. Accordingly, researchers have demonstrated that using iron chelating agents to reduce the iron load in macrophages can restore the decreased anti-cancer action of iron-laden macrophages and the corresponding iron deficit in normal cells. The most effective iron mobilizer of ferritin and hemosiderin is 1,2-Dimethyl-3-hydroxypyrid-4-one, which has also been demonstrated to remove iron from macrophages and many other cell types during concentration-dependent iron mobilization mediated by chelating agents in inflammatory and cancerous disorders [308–311]. Thus, early after cancer diagnosis, we can introduce iron chelation therapy, which can reduce the iron effect of cancer cells and improve the anti-cancer activity of macrophages and other related therapeutic interventions, in the anti-cancer targeting related to the regulation of iron-laden macrophages. In a similar vein, chelating medications working in tandem with immune agents can enhance cancer treatment.

Tumor metabolism

Tumor cells require a large amount of energy to support their rapid growth and proliferation, which comes mainly from the process of glucose fermentation, however, this metabolism produces large amounts of ROS and iron ions, which, when at a certain concentration within the cell, can trigger tumor cell ferroptosis [14]. In this process, on the one hand, ferroptosis can induce tumor cells to release intra-cellular substances, such as proteins, DNA, and RNA, which can activate the NF- κ B signal pathway in immune cells, thereby promoting immune cell activation and anti-tumor immune response. On the other hand, ferroptosis can also cause tumor cell membrane breakage, making it easier for immune cells to identify and attack tumor cells. Research has

demonstrated that small-cell lung cancer cells and triple-negative breast cancer cells are susceptible to ferroptosis [312, 313]. Therefore, some drugs and gene therapies can induce an immune response by inducing ferroptosis, which kills tumor cells.

Clever use of damage-related molecular patterns (DAMPs)

DAMPs are endogenous molecules that interact with immune cell receptors, triggering dendritic cell maturation and CD8⁺ T cell activation, leading to IFN- γ production. Targeting DAMPs holds promise for novel therapies in conditions like sepsis and cancer. Various forms of cell demise, including apoptosis, ferroptosis, and necroptosis, facilitate the liberation of DAMPs [10, 284, 314]. These molecules can also be actively ejected from viable cells through processes such as lysosomal or exosomal secretion, exocytosis of exosomes, and the activation of cell membrane channel pores. In the context of renal fibrosis, ferroptosis is more immunogenic than apoptosis, given the signaling release and activation of DAMPs [315, 316]. Ferroptosis entails the release of cellular components, including DAMPs, which, when outside the cell, serve as immune stimulants, triggering activation of both the innate and adaptive immune systems through binding to pattern recognition receptors. In heart injury, DAMPs release occurs when toll-like receptor 4 (TLR4) signaling is triggered by ferroptosis. This phenomenon is observed in situations such as kidney and brain ferroptosis, wherein cells undergoing ferroptosis release factors that robustly activate the innate immune system [76, 317]. Furthermore, the high mobility group protein B1 (HMGB1) plays a crucial role in DNA regulation, encompassing repair, transcription, and replication. Agents that induce ferroptosis, such as erastin, sorafenib, RSL3, and FIN56, can trigger the release of HMGB1. Subsequently, HMGB1 interacts with the immune system, thereby impacting cancer treatment [318, 319]. As a result, the buildup of DAMPs can trigger tissue inflammation and regulate ferroptosis through an automatic cascade [320]. Strategically utilizing DAMPs can trigger favorable immune responses, hindering tumor proliferation.

Targeting cancer cell differentiation plasticity

Cancer cell plasticity refers to the flexible nature of cancer cells as they change states, affecting tumor growth, spread, and response to treatment. The increasing diversity of cancer cells helps them adapt to the environment and evade anticancer therapies, presenting a major challenge in cancer treatment [321, 322]. Tsoi et al. demonstrate that melanoma can be classified into four subtypes based on a differentiation trajectory. Each subtype exhibits its distinct sensitivity to ferroptosis induction, suggesting

a therapeutic strategy to target differentiation plasticity. This approach aims to enhance the effectiveness of targeted and immune therapies for melanoma treatment [186]. Changes in cancer metabolism facilitate invasion and metastasis but render cells vulnerable to lipid peroxidation during oxidative stress. Cancers exhibiting mesenchymal characteristics, such as sarcomas found in bone, soft tissue, ovary, and kidney, heavily depend on the lipid peroxidase pathway. They display heightened sensitivity to ferroptosis-inducing agents like RSL3, ML-162, ML210, ML239, and statins compared to cancers originating from epithelial tissues like the esophagus and urinary tract. This implies that ferroptosis inducers may be more efficacious in treating mesenchymal-derived cancers than those derived from epithelial tissues [188]. Under certain metabolic and oxidative stress conditions, cancer cells can evade destruction, and by targeting this distinctive defense mechanism, it becomes possible to selectively eliminate cancer cells [323]. In the treatment of metastatic cancers that exhibit resistance and immune evasion, it is crucial to focus on regulating the GPX4, NF2-YAP signaling pathway, reversible epithelial-to-mesenchymal transition, and the pathways associated with blebbistatin metastatic switch. Targeting these processes is essential for inducing ferroptosis and other forms of cell death, addressing the challenges posed by metastatic cancers [324–327].

Conclusion and future direction

Ferroptosis has emerged as a significant research focus in life sciences in recent years. Its discovery not only broadens our understanding of cell death diversity but also introduces new strategies and ideas for treating various diseases. Current research indicates that ferroptosis plays a crucial regulatory role in the onset and progression of cardiovascular diseases, neurodegenerative diseases, cancer, and other conditions. Modulating the ferroptosis pathway could potentially slow disease progression, offering innovative treatment approaches. However, there are challenges associated with ferroptosis, such as its lack of high specificity and difficulty in distinguishing it from other cell death modes. Treatments targeting ferroptosis can have side effects, including the unintended death of immune cells. Additionally, clinical applications face obstacles like targeted drug delivery and off-target effects.

Looking ahead, ferroptosis research can be further explored in several areas: Understanding the molecular mechanisms, including gene regulation, iron metabolism, and lipid metabolism interactions, will enhance our comprehension of ferroptosis in biology and medicine. Clinically, developing ferroptosis-targeting drugs and exploring drug combinations, along with identifying

molecular markers for disease risk prediction and treatment evaluation, are crucial. Interdisciplinary research, integrating fields such as chemistry, materials science, and computer science, will advance ferroptosis research using new technologies and methods. In summary, ferroptosis, as a novel form of programmed cell death, holds significant research and clinical potential. With ongoing research and technological advancements, ferroptosis is expected to make substantial contributions to human health.

Abbreviations

Acot1	Acyl-CoA thioesterase 1
ACSL4	Acyl-CoA synthetase long chain family member 4
AD	Alzheimer disease
ALS	Amyotrophic lateral sclerosis
ATF3/4	Activating transcription factor 3/4
ATG5/7	Autophagy related 5/7
BH4	Tetrahydrobiopterin
CRC	Colorectal cancer
CoQ	Coenzyme Q
CoQ10	Coenzyme Q10
COX2	Cyclooxygenase-2
CVDs	Cardiovascular diseases
DAMPs	Damage-related molecular patterns
DCM	Diabetic cardiomyopathy
DFO	Deferoxamine
DHODH	Dihydroorotate dehydrogenase
DMT1	Divalent metal transporter-1
DOX	Doxorubicin
Drp1	Dynamin-related protein 1
FPN1	Ferroportin 1
FRDA	Friedreich's Ataxia
FSP1	Ferroptosis suppressor protein 1
FTH1	Ferritin heavy chain 1
FTL	Ferritin light chain
GC	Gastric cancer
GCH1	GTP cyclohydrolase 1
GPX4	Glutathione peroxidase 4
GSH	Glutathione
HCC	Hepatocellular carcinoma
HCM	Hypertrophic cardiomyopathy
HD	Huntington disease
HMGB1	High mobility group protein B1
HO-1	Heme oxygenase-1
HTT	Huntingtin
Lip-1	Lipoxystatin-1
ICI	Immune checkpoint inhibitors
IFN- γ	Interferon- γ
IOC	Iron overload cardiomyopathy
I/R	Ischemia–reperfusion injury
LOX	Lipoxygenase
LPCAT3	Lysophosphatidylcholine acyltransferase 3
LPS	Lipopolysaccharide
MI	Myocardial infarction
MS	Multiple sclerosis
mTOR	Mechanism target of rapamycin
NCOA4	Nuclear receptor coactivator 4
NDs	Neurodegenerative diseases
Nrf2	Nuclearrespiratory factor 2
NSCLC	Non-small-cell carcinoma
NTBI	Non-TF-bound iron
OVCA	Ovarian cancer
OxPCs	Oxidized phosphatidylcholine
PD	Parkinson disease
PDAC	Pancreatic ductal adenocarcinoma
PKC β III	Protein kinase C β III

Ptgs2	Prostaglandin-endoperoxide synthase 2
PUFA	Polyunsaturated fatty acid
RICM	Radiation-induced cardiomyopathy
RILF	Radiation-induced lung fibrosis
ROS	Reactive oxygen species
SCM	Septic cardiomyopathy
SLC7A11	Solute carrier family 7 member 11
TLR4	Toll-like receptors 4

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Bio Render

Author contributions

Yinghui Li wrote the manuscript and drew diagrams; Cuiyun Liu and Bo Fang revised the manuscript and completed tables; Xinzhe Chen and Kai Wang checked the grammar and polished the manuscript; Hui Xin, Kun Wang and Su-Min Yang responded comments and revised the manuscript. All authors read and approved the final manuscript.

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