

Curriculum Vitae

Dr Konstantinos Tsamakias MD MSc PhD MRCPsych

Full Name: Konstantinos Tsamakias
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Date of Birth: 24 April 1979

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Nationality: Greek, British citizenship

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MD (Ptycheio Iatrikes) – MRCPsych - CCT in General Adult Psychiatry & Substance Misuse Psychiatry – MSc Health Management - PhD Medical Education - Section 12 approved (under MHA) - Approved Clinician- GMC Reference Nr: 6090320

Highly motivated and enthusiastic General Adult Consultant Psychiatrist with Substance Misuse Psychiatry endorsement. Intrigued by body and mind link and psychosocial aspects of mental illness. Enthusiastic team player, leader and educator. Completed Core Training in Maudsley and West London Mental Health Trust, and Higher Training in East London NHS Foundation Trust. Particularly interested and trained in Psychotherapy including Psychodynamic/Psychoanalytic psychotherapy, CBT and Mindfulness. Experienced in Quality Improvement and Health Service development. Special interest and experience in Global Mental Health. Dedicated to teaching, with official qualifications in medical education.

Extensive experience in assessing and managing all major mental illnesses

- **2003** Degree in Medicine, School of Medicine, University of Athens, Greece (MD)
- **2004** General Medical Council (GMC UK) full registration

- **2010** MSc in Executive Health Management, City University London, UK
- **2012** PhD Medical Education, School of Medicine, University of Athens, Greece

- **2014** MRCPsych (full membership with Royal College of Psychiatrists, UK)

- **2014** Section 12 Approval under MHA

- **2016** Foundation Course on Psychoanalysis, Institute of Psychoanalysis, London, UK
- **2017** Out of Program for Training (OOPT) in Pantang Psychiatric hospital, Accra, Ghana , Africa
- **2018** CCT in General Adult Psychiatry with endorsement in Substance Misuse Psychiatry (GMC Specialty Register)
- **2018** Approved Clinician, UK

PRIZES-DISTINCTIONS

- **2012** PhD: Distinction in my doctorate exams
- **2003** : 1st prize at the National Olympiad of Medical Knowledge for Medical Students, Greece
- **1997**: Scholarship/bursary for entering Medical School at the top 3% , Medical School of Athens, Greece

05/2019- present: Consultant Psychiatrist at Private Practice

01/2019- present: Clinical Research fellow in 2nd Department of Psychiatry, Attikon hospital, Greece

08/2018 – 10/2018 Employer: East London, RESET, Drugs & Alcohol Service Job Title: Locum Consultant

I have been employed as a locum Consultant in General & Substance Misuse Psychiatry at RESET, East London NHS Foundation Trust's Drug and Alcohol Service.

Responsibilities: Locum Consultant Psychiatrist in a large Addiction Service covering the whole of Tower Hamlets locality. Clinical duties include assessments of complex dual diagnosis cases, commencing and monitoring Opioid Substitute Treatment (OST), specialist mental health reviews, follow up clinics, leading weekly MDT/professional meetings, leading service restructuring and development.

08/2015 – 07/2018 Completed Senior Training in General Adult Psychiatry at East London NHS Foundation Trust

- **08/2017 – 07/2018 Job Title: ST6 in General Adult Psychiatry and Substance Misuse Psychiatry at RESET, Drug & Alcohol Service, Mile End Hospital**
- **08/2016 - 01/ 2017 & 05/2017- 08/2017 Job Title: ST5 General Adult Psychiatry, Crisis and Home Treatment Team, Hackney Centre for Mental health**
- **02/2017- 04/2017 Out of Program for Training (OOPT- ST5 equivalent) in Pantang Psychiatric hospital, Accra, Ghana , Africa.**

- **08/2015 – 08/2016** Job Title: **ST4 in General Adult Psychiatry, Bow & Poplar CMHT and inpatient, Tower Hamlets, Mile End Hospital**

Responsibilities: In day-to-day practice I have been dealing with complex cases, liaising with different services and agencies including OT, psychology, housing, liaison police and social services. My role included specialist assessments with management plan formulation and liaison with different specialties. I was running independently outpatient clinics. During this time I also completed a three month Out of Programme for Training (OOPT) in Pantang Psychiatric Hospital in Accra, Ghana, where I was supporting, mentoring and teaching local clinical staff.

04/2015 – 05/2015 Employer: **WLMHT.** Job Title: **Research Clinical Fellow in the Cognitive Impairment & Dementia Service, Hounslow, West London Mental Health Trust**

08/2012 – 02/2015 **Completed Core Training in Psychiatry at West London Mental health Trust**

02/2012 - 07/2012 Employer: **South London and Maudsley NHS Trust (SLAM), Maudsley hospital.** Job Title: **LAT CT1 in General Adult Psychiatry, Acute Assessment ward.**

04/2011- 08/2011 Employer: **Northampton General Hospital, Northampton, UK.** Job Title: **LAT CT1 in A&E**

01/2007- 03/2011 Employer: **Atos Healthcare/ Department for Work & Pensions (DWP), London, UK.** Job Title: **Medical Adviser/Disability Analyst**

11/2005- 10/2006 Employer: **Hellenic Airforce hospital, Greece.** Job Title: **Senior House Officer in General Surgery & A&E**

02/2004- 10/2005 Employer: **Astakos Health Centre, Greece.** Job Title: **Rural General Practitioner and Senior House Officer in A&E**

07/2004- 08/2004 Employer: **Athens 2004 Olympic Games Committee.** Job title: **First Aid Officer** at the Olympic Aquatics centre (Voluntary work)

10/2003- 01/2004 Employer: **Mesolonghi General Hospital, Greece.** Job Title: **House Officer in the Departments of Medicine (1 month), General Surgery (1 month) and Cardiology (1 month)**