



# Six Furlong Grab & Go Breakfast Menu

Member's Name 會員姓名: \_\_\_\_\_

Pick-up time 領取時間: \_\_\_\_\_

Membership Number 會員編號: \_\_\_\_\_

Member's signature 會員簽署: \_\_\_\_\_

## Healthy Selection 健康精選

- Traditional Swiss Bircher Muesli with Seasonal Fruits and Nuts 60  
瑞士營養麥片配時令鮮果粒及果仁
- Yogurt with Homemade Granola 60  
原味乳酪配香蕉及自家製穀麥

## Local Favourites 港式精選

- Pork Chop Bun with Tomato and Lettuce 50  
番茄生菜豬扒包
- Fluffy Egg Sandwich 48  
滑蛋三文治
- Add Luncheon Meat 14  
另加午餐肉
- Sweet Crust and Butter Baked Bun with Scrambled Eggs 35  
鮮牛油菠蘿包配炒蛋

## Bakery 早餐包類

- Danish Pastry / Muffin (Blueberry / Banana / Chocolate) / Croissant (1 piece) 30  
丹麥甜包 / 鬆餅 (藍莓 / 香蕉 / 朱古力) / 牛角包 (1 件)
- White Toast / Whole Wheat Toast / Multi-grain Toast Basket (2 pieces) 30  
白多士 / 全麥多士 / 營養穀麥包籃 (2 片)

Coffee / Tea 配咖啡或茶 25

Upgrade to Speciality Coffee / Tea 升級至特選咖啡或茶另加 28

## Beverages 飲品

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li><input type="radio"/> FRESHLY BREWED COFFEE 35<br/>香濃咖啡</li> <li><input type="radio"/> CAFÉ LATTE 39<br/>牛奶咖啡</li> <li><input type="radio"/> ESPRESSO 35<br/>意式濃縮咖啡</li> <li><input type="radio"/> CAPPUCINO 39<br/>泡沫咖啡</li> <li><input type="radio"/> DOUBLE ESPRESSO 39<br/>雙倍意式濃縮咖啡</li> <li><input type="radio"/> CAFÉ MOCHA 39<br/>朱古力咖啡</li> <li><input type="radio"/> DAI PAI DONG TEA 35<br/>大排檔奶茶</li> </ul> | <ul style="list-style-type: none"> <li><input type="radio"/> TEA SELECTION 35<br/>各式茗茶<br/><br/>ENGLISH BREAKFAST TEA,<br/>EARL GREY TEA, CHAMOMILE TEA,<br/>PEPPERMINT TEA, GREEN TEA<br/>英式早餐茶、伯爵紅茶、<br/>洋甘菊茶、薄荷茶、綠茶</li> <li><input type="radio"/> CHOCOLATE 29<br/>朱古力</li> <li><input type="radio"/> FRESH MILK 29<br/>鮮奶</li> <li><input type="radio"/> SOYA MILK 29<br/>豆奶</li> <li><input type="radio"/> FRUIT JUICE 55<br/>果汁<br/>GRAPEFRUIT, ORANGE, APPLE,<br/>WATERMELON<br/>西柚、橙、蘋果、西瓜</li> </ul> |
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Breakfast Serving Period 供應時段

7:00 am – 10:45 am daily 早上 7 時至 10 時 45

Order location: Six Furlong

點餐地點: 六化郎咖啡室

If you have any food allergies, please inform our staff

如閣下有任何食物過敏，請告知本會職員

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