

MEDICAL HISTORY

When visiting a doctor, especially if it is the first visit, it is helpful to prepare your loved one's medical history in advance. The members of the healthcare team need as much information as possible so that they can determine the best treatment plan. The doctor's office may have specific forms, but this worksheet will help you collect the basic information needed before the appointment.

WORKSHEET FOR CAREGIVERS

Your loved one's information

NAME _____ DATE OF BIRTH (DOB) _____

PHONE NUMBER(S) _____

ADDRESS _____

EMAIL _____

EMPLOYER _____

SPOUSE'S NAME _____

SPOUSE'S PHONE NUMBER(S) _____

EMERGENCY CONTACT _____

EMERGENCY CONTACT'S PHONE NUMBER(S) _____

Primary care provider information

PRIMARY CARE PROVIDER _____

PRACTICE NAME _____

PHONE NUMBER(S) _____ FAX NUMBER _____

ADDRESS _____

EMAIL _____

Medical history

In the past, has your loved one been diagnosed with any of the following?
Check all that apply.

- | | | |
|--|--|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Depression | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Liver disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Lung disease |
| <input type="checkbox"/> Blood clots
(for example,
thrombosis) | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Cancer
Type:
_____ | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Sexually transmitted
infections (STIs) |
| <input type="checkbox"/> Colitis | <input type="checkbox"/> High cholesterol
level | <input type="checkbox"/> Urinary tract
infection |
| <input type="checkbox"/> Concussion | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Other:
_____ |
| | <input type="checkbox"/> Impaired mobility | _____ |
| | <input type="checkbox"/> Irritable bowel
syndrome | _____ |

List any previous surgeries, tests, hospitalizations or major procedures.

Procedure	Description/purpose	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



**Family
medical
history**

Has anyone in your loved one's family experienced any of the following? If so, who?

Disease

Family member

Asthma

Blood clots

Cancer (list types)

Depression

Diabetes

Heart disease

Hepatitis

High blood pressure

High cholesterol level

Low blood pressure

Kidney disease

Lung disease

Irritable bowel syndrome

Liver disease

Colitis

HIV/AIDS

Other

Medications and allergies

List all the medications your loved one is taking. Include any vitamins, supplements or over-the-counter medications.

Medication name	Dosage/frequency	Reason taken
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List all allergies to medications, foods, and any other substances:

Pharmacy

PHARMACY NAME

PHONE NUMBER(S)

FAX NUMBER

ADDRESS



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Track medications, side effects and more!



LEUKEMIA &
LYMPHOMA
SOCIETY
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