

Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Total	14.2 (0.25)	6.5 (0.18)	4.5 (0.15)	8.6 (0.20)	2.9 (0.13)	8.4 (0.20)	2.1 (0.10)	1.6 (0.09)	3.8 (0.14)	5.6 (0.16)
Sex										
Male	11.6 (0.32)	5.4 (0.23)	3.5 (0.19)	7.5 (0.27)	2.2 (0.17)	6.9 (0.26)	1.6 (0.12)	1.5 (0.13)	2.3 (0.17)	3.9 (0.20)
Female	16.5 (0.34)	7.5 (0.25)	5.4 (0.21)	9.5 (0.27)	3.5 (0.18)	9.8 (0.28)	2.6 (0.16)	1.7 (0.12)	5.1 (0.20)	7.1 (0.24)
Age (years)										
18–44	4.3 (0.22)	1.5 (0.14)	0.9 (0.10)	2.2 (0.17)	1.2 (0.11)	2.4 (0.16)	0.5 (0.07)	0.5 (0.07)	0.9 (0.11)	1.5 (0.14)
45–64	19.2 (0.55)	8.1 (0.38)	5.8 (0.32)	11.4 (0.43)	4.9 (0.29)	11.5 (0.46)	3.1 (0.23)	2.2 (0.20)	4.9 (0.28)	7.6 (0.35)
65–74	27.5 (0.82)	13.2 (0.65)	9.0 (0.55)	17.6 (0.71)	4.2 (0.36)	17.9 (0.69)	3.8 (0.35)	2.7 (0.28)	7.3 (0.48)	10.0 (0.57)
75 and over	45.5 (1.04)	26.2 (0.97)	19.0 (0.88)	29.9 (0.97)	5.1 (0.52)	26.3 (0.97)	7.3 (0.58)	5.1 (0.51)	14.5 (0.81)	19.8 (0.91)
Race										
One race ²	14.1 (0.25)	6.5 (0.18)	4.5 (0.15)	8.5 (0.20)	2.9 (0.13)	8.4 (0.20)	2.1 (0.10)	1.5 (0.09)	3.7 (0.14)	5.5 (0.16)
White	13.9 (0.27)	6.1 (0.20)	4.2 (0.17)	8.3 (0.22)	2.8 (0.14)	8.3 (0.23)	2.0 (0.11)	1.5 (0.09)	3.5 (0.15)	5.1 (0.17)
Black or African American	17.3 (0.76)	9.4 (0.59)	7.0 (0.50)	10.9 (0.62)	3.5 (0.37)	10.4 (0.61)	2.5 (0.30)	2.0 (0.31)	5.2 (0.47)	8.0 (0.53)
American Indian or Alaska Native	21.3 (2.21)	8.8 (1.60)	7.2 (1.41)	14.4 (2.15)	7.6 (2.22)	12.9 (2.07)	2.6 (1.02)	1.6 (0.70)	8.2 (2.18)	11.3 (2.01)
Asian	9.1 (0.87)	4.9 (0.68)	3.6 (0.55)	6.2 (0.70)	2.0 (0.45)	5.3 (0.63)	1.8 (0.47)	1.1 (0.32)	3.6 (0.57)	5.2 (0.71)
Native Hawaiian or Other Pacific Islander	23.1 (6.36)	*	*	*	*	*	*	*	*	*
Two or more races ³	21.8 (1.87)	8.8 (1.24)	5.9 (1.00)	12.2 (1.38)	4.8 (1.06)	13.3 (1.47)	4.9 (1.16)	3.3 (0.81)	6.6 (1.22)	10.0 (1.45)
Black or African American, white	15.5 (4.61)	*	*	*	*	*	0.5 (0.49)	0.5 (0.49)	*	*
American Indian or Alaska Native, white	27.9 (3.33)	9.5 (1.73)	5.6 (1.36)	12.1 (1.87)	7.0 (2.13)	14.0 (2.24)	*	*	8.1 (1.90)	13.6 (2.52)
Hispanic or Latino origin ⁴ and race										
Hispanic or Latino	14.6 (0.81)	6.7 (0.61)	6.1 (0.63)	8.8 (0.72)	4.0 (0.58)	9.2 (0.73)	3.1 (0.46)	2.1 (0.38)	5.8 (0.60)	6.8 (0.59)
Mexican or Mexican American	14.8 (1.08)	6.7 (0.87)	6.8 (0.91)	8.7 (1.03)	4.1 (0.93)	10.2 (1.06)	2.8 (0.62)	2.2 (0.54)	5.6 (0.86)	6.4 (0.84)
Not Hispanic or Latino	14.2 (0.26)	6.5 (0.18)	4.4 (0.15)	8.6 (0.21)	2.8 (0.12)	8.4 (0.21)	2.0 (0.10)	1.5 (0.09)	3.6 (0.13)	5.5 (0.16)
White, single race	13.9 (0.28)	6.1 (0.21)	4.1 (0.18)	8.2 (0.24)	2.7 (0.13)	8.2 (0.24)	2.0 (0.12)	1.5 (0.10)	3.3 (0.14)	5.0 (0.18)
Black or African American, single race	17.4 (0.77)	9.4 (0.59)	7.0 (0.51)	10.9 (0.64)	3.4 (0.37)	10.5 (0.63)	2.6 (0.31)	1.9 (0.32)	5.1 (0.48)	8.1 (0.54)

Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵										
Less than a high school diploma	25.0 (0.94)	12.9 (0.72)	9.9 (0.61)	15.6 (0.78)	6.3 (0.61)	15.0 (0.77)	4.1 (0.41)	3.1 (0.35)	9.0 (0.63)	12.2 (0.68)
High school diploma or GED ⁶	20.1 (0.60)	10.1 (0.46)	6.8 (0.37)	12.2 (0.50)	4.3 (0.31)	12.4 (0.50)	3.2 (0.27)	2.3 (0.24)	5.2 (0.33)	7.5 (0.39)
Some college	17.1 (0.50)	7.3 (0.37)	5.1 (0.31)	10.4 (0.41)	3.5 (0.25)	10.2 (0.42)	2.6 (0.21)	2.1 (0.19)	4.0 (0.26)	6.3 (0.34)
Bachelor's degree or higher	9.5 (0.35)	3.6 (0.23)	2.2 (0.18)	5.6 (0.27)	1.4 (0.17)	5.2 (0.26)	1.0 (0.13)	0.5 (0.10)	2.3 (0.20)	3.4 (0.23)
Current employment status⁷										
Employed	7.5 (0.39)	2.2 (0.26)	1.5 (0.21)	2.7 (0.20)	1.2 (0.11)	4.5 (0.35)	0.8 (0.12)	0.5 (0.08)	0.8 (0.10)	1.6 (0.14)
Full-time	6.4 (0.60)	2.2 (0.52)	0.9 (0.18)	1.9 (0.17)	0.9 (0.11)	3.9 (0.59)	0.4 (0.08)	0.5 (0.11)	0.5 (0.09)	1.2 (0.14)
Part-time	10.8 (0.72)	3.0 (0.39)	2.3 (0.42)	4.2 (0.44)	1.9 (0.32)	6.6 (0.59)	1.4 (0.25)	0.9 (0.21)	1.7 (0.30)	2.8 (0.37)
Not employed but has worked previously	26.2 (0.63)	13.1 (0.47)	8.9 (0.41)	17.4 (0.54)	6.5 (0.35)	15.9 (0.52)	4.3 (0.26)	2.9 (0.23)	7.7 (0.36)	11.4 (0.43)
Not employed and has never worked	21.0 (1.47)	11.0 (1.19)	8.8 (1.16)	13.6 (1.32)	3.6 (0.69)	12.2 (1.23)	4.5 (0.86)	3.3 (0.78)	8.5 (1.11)	10.4 (1.12)
Family income⁸										
Less than \$35,000	23.6 (0.53)	12.3 (0.42)	9.0 (0.37)	15.4 (0.46)	6.2 (0.35)	14.3 (0.44)	4.5 (0.28)	2.9 (0.20)	7.8 (0.36)	10.7 (0.40)
\$35,000 or more	11.0 (0.28)	4.5 (0.19)	2.9 (0.16)	6.2 (0.23)	1.8 (0.13)	6.4 (0.23)	1.3 (0.12)	1.1 (0.11)	2.4 (0.16)	3.8 (0.18)
\$35,000–\$49,999	15.7 (0.76)	7.3 (0.55)	4.6 (0.45)	9.7 (0.63)	2.7 (0.39)	9.6 (0.64)	2.0 (0.31)	1.6 (0.28)	4.0 (0.45)	5.9 (0.52)
\$50,000–\$74,999	14.0 (0.60)	5.9 (0.43)	3.7 (0.39)	7.8 (0.50)	2.3 (0.29)	8.1 (0.51)	1.6 (0.23)	1.5 (0.23)	2.8 (0.33)	4.6 (0.42)
\$75,000–\$99,999	10.9 (0.67)	4.0 (0.43)	2.8 (0.39)	5.4 (0.50)	2.0 (0.31)	6.5 (0.57)	1.5 (0.30)	1.0 (0.25)	2.1 (0.35)	3.5 (0.40)
\$100,000 or more	7.6 (0.42)	2.8 (0.30)	1.7 (0.24)	4.3 (0.33)	1.2 (0.20)	4.3 (0.34)	0.9 (0.18)	0.8 (0.17)	1.9 (0.26)	2.6 (0.28)
Poverty status⁹										
Poor	27.8 (0.84)	15.0 (0.73)	11.3 (0.62)	18.8 (0.77)	8.0 (0.59)	17.4 (0.74)	5.7 (0.47)	3.8 (0.38)	11.0 (0.64)	13.7 (0.71)
Near poor	21.6 (0.68)	11.4 (0.55)	8.1 (0.50)	14.3 (0.59)	4.9 (0.38)	13.1 (0.58)	3.8 (0.34)	2.6 (0.25)	6.4 (0.44)	9.5 (0.51)
Not poor	10.9 (0.26)	4.4 (0.17)	2.9 (0.14)	6.1 (0.21)	1.8 (0.12)	6.3 (0.21)	1.3 (0.10)	1.1 (0.09)	2.3 (0.13)	3.7 (0.16)

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Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰										
Under 65:										
Private	6.0 (0.23)	1.8 (0.13)	1.1 (0.10)	2.8 (0.16)	1.3 (0.11)	3.2 (0.17)	0.6 (0.08)	0.7 (0.09)	1.0 (0.10)	1.8 (0.13)
Medicaid	24.4 (0.87)	12.6 (0.78)	8.8 (0.64)	16.5 (0.81)	7.2 (0.57)	15.3 (0.82)	4.2 (0.40)	2.6 (0.33)	8.0 (0.60)	11.3 (0.69)
Other coverage	25.0 (1.41)	11.9 (1.01)	8.6 (0.94)	16.6 (1.19)	7.6 (0.89)	16.0 (1.23)	5.3 (0.80)	3.8 (0.76)	6.7 (0.82)	11.2 (1.03)
Uninsured	10.1 (0.73)	3.4 (0.44)	2.7 (0.40)	5.1 (0.54)	2.7 (0.42)	6.3 (0.60)	1.7 (0.36)	1.2 (0.25)	2.6 (0.46)	3.8 (0.48)
65 and over:										
Private	33.4 (0.90)	17.3 (0.86)	11.9 (0.71)	21.0 (0.88)	3.7 (0.43)	20.2 (0.88)	4.5 (0.45)	3.7 (0.45)	9.1 (0.63)	12.0 (0.70)
Medicare and Medicaid	60.0 (2.66)	37.8 (2.53)	34.8 (2.44)	46.9 (2.61)	14.2 (2.00)	40.0 (2.65)	14.2 (1.77)	9.1 (1.43)	30.5 (2.45)	34.2 (2.52)
Medicare Advantage	32.8 (1.29)	16.8 (1.08)	10.9 (0.89)	19.3 (1.16)	3.2 (0.45)	18.4 (1.07)	3.9 (0.59)	2.6 (0.37)	7.7 (0.76)	12.0 (0.98)
Medicare only	37.4 (1.72)	20.6 (1.57)	13.7 (1.27)	25.1 (1.50)	3.8 (0.67)	21.9 (1.52)	6.2 (0.88)	4.3 (0.82)	11.4 (1.18)	15.9 (1.39)
Other coverage	38.0 (2.50)	19.9 (2.08)	14.1 (1.90)	27.1 (2.44)	7.2 (1.57)	27.6 (2.35)	6.5 (1.39)	3.3 (0.92)	9.8 (1.59)	17.1 (2.15)
Uninsured	*	*	*	*	*	*	*	*	*	*
Marital status										
Married	11.9 (0.32)	5.0 (0.22)	3.2 (0.19)	6.8 (0.25)	2.3 (0.16)	6.8 (0.25)	1.5 (0.12)	1.2 (0.11)	2.6 (0.17)	4.2 (0.20)
Widowed	23.8 (3.55)	15.0 (3.39)	10.6 (2.98)	16.8 (3.39)	*	17.2 (3.49)	3.5 (0.71)	2.1 (0.32)	*	10.5 (2.89)
Divorced or separated	20.4 (0.81)	9.6 (0.57)	7.1 (0.48)	12.9 (0.64)	5.3 (0.49)	12.2 (0.66)	3.5 (0.35)	2.6 (0.33)	6.0 (0.44)	8.9 (0.56)
Never married	16.2 (0.68)	8.3 (0.56)	6.3 (0.55)	10.2 (0.60)	2.7 (0.28)	9.7 (0.60)	2.8 (0.36)	1.5 (0.22)	4.8 (0.45)	7.1 (0.55)
Living with a partner	14.2 (1.19)	6.4 (0.88)	4.9 (0.81)	9.4 (1.04)	2.9 (0.46)	9.1 (1.02)	2.6 (0.61)	1.8 (0.43)	4.0 (0.72)	6.2 (0.88)
Place of residence ¹¹										
Large MSA	12.6 (0.33)	5.9 (0.24)	4.0 (0.20)	7.5 (0.26)	2.4 (0.16)	7.4 (0.26)	1.9 (0.14)	1.3 (0.11)	3.5 (0.18)	4.8 (0.21)
Small MSA	15.3 (0.45)	6.8 (0.33)	4.8 (0.29)	9.2 (0.37)	3.1 (0.21)	9.0 (0.38)	2.2 (0.18)	1.7 (0.15)	3.9 (0.23)	6.3 (0.31)
Not in MSA	18.7 (0.74)	8.3 (0.51)	6.1 (0.44)	11.6 (0.64)	4.4 (0.52)	11.5 (0.62)	2.9 (0.26)	2.4 (0.29)	5.1 (0.46)	7.2 (0.46)
Region										
Northeast	12.4 (0.53)	5.8 (0.40)	4.2 (0.35)	7.5 (0.42)	2.3 (0.24)	7.3 (0.44)	1.6 (0.19)	1.5 (0.21)	3.6 (0.28)	5.2 (0.34)
Midwest	14.4 (0.46)	6.5 (0.34)	4.1 (0.28)	8.3 (0.38)	2.5 (0.24)	8.2 (0.39)	1.9 (0.17)	1.5 (0.15)	3.2 (0.20)	4.9 (0.27)
South	15.6 (0.46)	7.3 (0.33)	5.1 (0.26)	9.4 (0.36)	3.3 (0.24)	9.5 (0.36)	2.4 (0.20)	1.8 (0.16)	4.2 (0.25)	6.3 (0.30)
West	13.3 (0.47)	5.7 (0.33)	4.3 (0.31)	8.4 (0.41)	3.1 (0.27)	7.9 (0.39)	2.3 (0.20)	1.2 (0.16)	3.8 (0.31)	5.2 (0.34)

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Hispanic or Latino origin ⁴ , race, and sex										
Hispanic or Latino, male	11.4 (1.17)	5.4 (0.90)	4.8 (0.91)	7.9 (1.01)	3.4 (0.92)	7.5 (1.06)	1.8 (0.49)	2.3 (0.56)	4.2 (0.88)	5.4 (0.84)
Hispanic or Latina, female	17.6 (1.11)	7.8 (0.77)	7.3 (0.85)	9.7 (0.91)	4.6 (0.61)	10.9 (0.96)	4.2 (0.74)	2.1 (0.55)	7.2 (0.75)	8.2 (0.80)
Not Hispanic or Latino:										
White, single race, male	11.7 (0.37)	5.1 (0.28)	3.3 (0.22)	7.3 (0.30)	2.0 (0.16)	6.9 (0.31)	1.6 (0.14)	1.4 (0.14)	2.0 (0.18)	3.5 (0.21)
White, single race, female	16.0 (0.41)	7.1 (0.30)	4.7 (0.24)	9.1 (0.33)	3.4 (0.21)	9.4 (0.34)	2.3 (0.17)	1.5 (0.13)	4.4 (0.22)	6.3 (0.28)
Black or African American, single race, male	14.1 (1.18)	7.3 (0.88)	5.1 (0.68)	9.1 (1.02)	2.8 (0.50)	8.5 (0.92)	1.8 (0.35)	1.6 (0.47)	3.2 (0.63)	5.8 (0.78)
Black or African American, single race, female	19.9 (1.01)	10.9 (0.75)	8.4 (0.69)	12.3 (0.78)	3.9 (0.53)	12.0 (0.85)	3.2 (0.45)	2.1 (0.43)	6.7 (0.65)	9.9 (0.74)

* Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr/02/sr02_175.pdf), and is not shown.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity." For this table, response categories "very difficult" and "can't do at all" are combined.

²"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

³Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

⁴Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁵Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁶Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁷GED is General Educational Development high school equivalency diploma.

⁸"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁹Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

¹⁰"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹¹Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹²MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are included in the denominator when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2017 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2017.

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Total	246,657	38,196	17,575	12,272	23,179	7,701	22,866	5,740	4,191	10,204	14,941
Sex											
Male	118,990	14,641	6,686	4,412	9,412	2,814	8,775	1,977	1,846	2,909	4,833
Female	127,667	23,555	10,889	7,861	13,766	4,887	14,092	3,763	2,345	7,295	10,109
Age (years)											
18–44	113,636	4,907	1,652	1,000	2,459	1,385	2,682	550	520	1,074	1,719
45–64	83,494	16,065	6,763	4,806	9,549	4,059	9,627	2,605	1,851	4,076	6,322
65–74	29,454	8,101	3,893	2,647	5,173	1,240	5,273	1,114	799	2,147	2,935
75 and over	20,073	9,123	5,267	3,819	5,999	1,017	5,285	1,471	1,022	2,906	3,965
Race											
One race ²	241,760	37,272	17,220	12,039	22,685	7,490	22,312	5,537	4,060	9,943	14,531
White	192,033	30,133	13,492	9,278	18,109	5,897	18,063	4,459	3,270	7,640	11,090
Black or African American	30,560	5,207	2,783	2,070	3,299	1,094	3,127	754	577	1,551	2,409
American Indian or Alaska Native	2,944	558	216	192	357	188	326	63	47	207	265
Asian	15,675	1,262	657	461	828	270	708	251	149	485	706
Native Hawaiian or Other Pacific Islander	548	*	*	*	*	*	*	*	*	*	*
Two or more races ³	4,897	923	355	234	494	212	554	203	131	261	411
Black or African American, white	1,183	*	*	*	*	*	*	9	9	*	*
American Indian or Alaska Native, white	1,863	558	202	122	265	138	291	*	88	172	268
Hispanic or Latino origin ⁴ and race											
Hispanic or Latino	39,416	4,669	1,995	1,802	2,779	1,317	2,907	915	644	1,750	2,121
Mexican or Mexican American	23,657	2,708	1,142	1,132	1,592	765	1,848	472	399	930	1,130
Not Hispanic or Latino	207,242	33,527	15,580	10,470	20,400	6,384	19,959	4,825	3,547	8,454	12,820
White, single race	157,443	26,093	11,754	7,745	15,695	4,810	15,500	3,693	2,739	6,142	9,288
Black or African American, single race	29,127	5,032	2,672	1,977	3,165	1,019	3,026	739	543	1,475	2,332

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵											
Less than a high school diploma	24,473	7,447	4,025	3,119	4,750	1,742	4,564	1,259	969	2,755	3,715
High school diploma or GED ⁶	51,376	11,842	6,023	4,088	7,276	2,459	7,289	1,920	1,344	3,109	4,462
Some college	61,418	11,122	4,758	3,330	6,745	2,253	6,741	1,678	1,348	2,595	4,087
Bachelor's degree or higher	78,981	7,076	2,532	1,489	4,095	1,150	3,864	724	380	1,602	2,451
Current employment status⁷											
Employed	154,311	8,956	2,250	1,545	3,494	1,861	5,017	900	871	1,223	2,158
Full-time	126,572	6,245	1,497	965	2,373	1,304	3,384	549	574	703	1,379
Part-time	25,582	2,452	672	475	969	498	1,471	307	247	427	676
Not employed but has worked previously	79,750	26,845	14,051	9,764	18,130	5,432	16,431	4,332	2,988	8,025	11,544
Not employed and has never worked	12,466	2,374	1,268	950	1,539	400	1,418	508	333	939	1,228
Family income⁸											
Less than \$35,000	62,681	16,467	8,749	6,452	10,839	4,024	10,035	3,106	2,008	5,491	7,458
\$35,000 or more	158,267	17,415	6,858	4,357	9,648	2,924	10,252	2,096	1,733	3,671	5,861
\$35,000–\$49,999	24,774	4,173	1,967	1,256	2,586	725	2,591	515	419	1,077	1,573
\$50,000–\$74,999	38,018	5,541	2,332	1,447	3,098	897	3,244	635	593	1,119	1,822
\$75,000–\$99,999	28,310	3,075	1,103	785	1,518	583	1,886	426	298	552	980
\$100,000 or more	67,166	4,626	1,455	870	2,447	718	2,531	520	423	924	1,486
Poverty status⁹											
Poor	27,569	7,080	3,766	2,826	4,752	2,063	4,409	1,443	940	2,766	3,452
Near poor	39,410	9,101	4,906	3,514	6,057	1,967	5,514	1,621	1,075	2,743	4,035
Not poor	167,503	19,864	7,980	5,210	11,067	3,313	11,702	2,444	1,935	4,101	6,672

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰											
Under 65:											
Private	136,430	9,124	2,745	1,761	4,389	2,006	4,882	993	1,017	1,569	2,784
Medicaid	25,831	6,180	3,193	2,225	4,180	1,827	3,871	1,052	650	2,011	2,858
Other coverage	9,334	3,276	1,693	1,192	2,285	983	2,084	713	427	979	1,510
Uninsured	24,357	2,296	760	615	1,138	628	1,418	387	277	580	848
65 and over:											
Private	20,155	6,300	3,196	2,195	3,950	712	3,847	843	682	1,689	2,241
Medicare and Medicaid	3,643	2,180	1,364	1,254	1,703	516	1,450	511	322	1,104	1,238
Medicare Advantage	13,349	4,304	2,184	1,408	2,529	440	2,443	503	343	1,001	1,552
Medicare only	8,457	3,041	1,676	1,114	2,019	330	1,817	503	355	907	1,269
Other coverage	3,578	1,339	689	475	952	254	969	222	118	337	589
Uninsured	261	*	*	*	*	*	*	*	*	*	*
Marital status											
Married	129,268	17,997	7,482	4,842	10,409	3,440	10,435	2,217	1,776	3,954	6,249
Widowed	14,492	6,209	3,612	2,631	3,991	929	3,789	1,107	743	2,308	2,807
Divorced or separated	27,735	7,337	3,562	2,622	4,801	1,876	4,644	1,350	878	2,179	3,233
Never married	55,574	4,716	2,122	1,575	2,844	953	2,765	745	545	1,252	1,879
Living with a partner	19,212	1,869	786	583	1,105	502	1,202	297	237	488	763
Place of residence ¹¹											
Large MSA	142,082	18,854	8,825	5,972	11,231	3,700	11,205	2,892	1,905	5,169	7,213
Small MSA	73,127	12,430	5,619	3,991	7,592	2,451	7,405	1,789	1,391	3,170	5,091
Not in MSA	31,448	6,912	3,131	2,309	4,356	1,550	4,257	1,058	896	1,865	2,638
Region											
Northeast	45,169	6,494	3,079	2,260	3,968	1,159	3,867	824	773	1,887	2,720
Midwest	53,793	8,437	3,813	2,433	4,906	1,430	4,850	1,126	870	1,879	2,853
South	89,318	15,018	7,115	4,908	9,092	3,241	9,208	2,380	1,798	4,120	6,138
West	58,377	8,247	3,567	2,671	5,213	1,871	4,941	1,410	750	2,318	3,231

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Hispanic or Latino origin ⁴ , race, and sex											
Hispanic or Latino, male	19,584	1,663	754	621	1,140	506	1,040	215	280	562	751
Hispanic or Latina, female	19,832	3,005	1,241	1,182	1,639	811	1,867	699	365	1,188	1,371
Not Hispanic or Latino:											
White, single race, male	76,561	10,343	4,618	2,974	6,550	1,737	6,178	1,407	1,257	1,728	3,035
White, single race, female	80,881	15,749	7,136	4,771	9,144	3,072	9,322	2,286	1,482	4,414	6,253
Black or African American, single race, male	13,175	1,812	939	635	1,182	375	1,092	232	207	395	737
Black or African American, single race, female	15,952	3,219	1,733	1,342	1,984	644	1,934	507	336	1,081	1,595

* Corresponding crude percentage for the frequency is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), and is not shown.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are included in the denominator when calculating percentages. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2017 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2017.

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Total	15.5 (0.29)	7.1 (0.20)	5.0 (0.17)	9.4 (0.23)	3.1 (0.14)	9.3 (0.23)	2.3 (0.11)	1.7 (0.10)	4.1 (0.15)	6.1 (0.18)
Sex										
Male	12.3 (0.36)	5.6 (0.26)	3.7 (0.21)	7.9 (0.30)	2.4 (0.18)	7.4 (0.28)	1.7 (0.13)	1.6 (0.13)	2.4 (0.18)	4.1 (0.21)
Female	18.5 (0.40)	8.5 (0.29)	6.2 (0.24)	10.8 (0.31)	3.8 (0.19)	11.0 (0.33)	2.9 (0.18)	1.8 (0.13)	5.7 (0.22)	7.9 (0.27)
Age (years)										
18–44	4.3 (0.22)	1.5 (0.14)	0.9 (0.10)	2.2 (0.17)	1.2 (0.11)	2.4 (0.16)	0.5 (0.07)	0.5 (0.07)	0.9 (0.11)	1.5 (0.14)
45–64	19.2 (0.55)	8.1 (0.38)	5.8 (0.32)	11.4 (0.43)	4.9 (0.29)	11.5 (0.46)	3.1 (0.23)	2.2 (0.20)	4.9 (0.28)	7.6 (0.35)
65–74	27.5 (0.82)	13.2 (0.65)	9.0 (0.55)	17.6 (0.71)	4.2 (0.36)	17.9 (0.69)	3.8 (0.35)	2.7 (0.28)	7.3 (0.48)	10.0 (0.57)
75 and over	45.5 (1.04)	26.2 (0.97)	19.0 (0.88)	29.9 (0.97)	5.1 (0.52)	26.3 (0.97)	7.3 (0.58)	5.1 (0.51)	14.5 (0.81)	19.8 (0.91)
Race										
One race ²	15.4 (0.29)	7.1 (0.21)	5.0 (0.17)	9.4 (0.24)	3.1 (0.14)	9.2 (0.23)	2.3 (0.11)	1.7 (0.10)	4.1 (0.15)	6.0 (0.18)
White	15.7 (0.32)	7.0 (0.24)	4.8 (0.20)	9.4 (0.27)	3.1 (0.15)	9.4 (0.27)	2.3 (0.13)	1.7 (0.11)	4.0 (0.17)	5.8 (0.20)
Black or African American	17.0 (0.85)	9.1 (0.62)	6.8 (0.52)	10.8 (0.67)	3.6 (0.39)	10.2 (0.65)	2.5 (0.29)	1.9 (0.30)	5.1 (0.48)	7.9 (0.55)
American Indian or Alaska Native	19.0 (2.40)	7.3 (1.28)	6.5 (1.40)	12.1 (2.05)	6.4 (1.88)	11.1 (2.02)	2.1 (0.74)	1.6 (0.70)	7.0 (1.71)	9.0 (1.71)
Asian	8.1 (0.88)	4.2 (0.66)	2.9 (0.51)	5.3 (0.69)	1.7 (0.40)	4.5 (0.60)	1.6 (0.43)	0.9 (0.31)	3.1 (0.52)	4.5 (0.66)
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	*
Two or more races ³	18.9 (1.99)	7.2 (1.09)	4.8 (0.88)	10.1 (1.26)	4.3 (1.00)	11.3 (1.39)	4.1 (1.03)	2.7 (0.64)	5.3 (1.05)	8.4 (1.32)
Black or African American, white	*	*	*	*	*	*	0.8 (0.77)	0.8 (0.77)	*	*
American Indian or Alaska Native, white	30.0 (3.73)	10.9 (2.15)	6.5 (1.74)	14.2 (2.40)	7.4 (2.13)	15.6 (2.66)	*	4.7 (1.37)	9.2 (2.37)	14.4 (2.82)
Hispanic or Latino origin ⁴ and race										
Hispanic or Latino	11.8 (0.78)	5.1 (0.54)	4.6 (0.54)	7.0 (0.65)	3.3 (0.46)	7.4 (0.68)	2.3 (0.37)	1.6 (0.31)	4.4 (0.50)	5.4 (0.51)
Mexican or Mexican American	11.4 (1.05)	4.8 (0.74)	4.8 (0.75)	6.7 (0.90)	3.2 (0.68)	7.8 (0.96)	2.0 (0.47)	1.7 (0.44)	3.9 (0.68)	4.8 (0.68)
Not Hispanic or Latino	16.2 (0.31)	7.5 (0.22)	5.1 (0.17)	9.8 (0.25)	3.1 (0.13)	9.6 (0.24)	2.3 (0.11)	1.7 (0.10)	4.1 (0.15)	6.2 (0.18)
White, single race	16.6 (0.35)	7.5 (0.25)	4.9 (0.21)	10.0 (0.29)	3.1 (0.15)	9.8 (0.29)	2.3 (0.13)	1.7 (0.11)	3.9 (0.16)	5.9 (0.21)
Black or African American, single race	17.3 (0.87)	9.2 (0.64)	6.8 (0.53)	10.9 (0.69)	3.5 (0.39)	10.4 (0.67)	2.5 (0.30)	1.9 (0.31)	5.1 (0.50)	8.0 (0.56)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵										
Less than a high school diploma	30.4 (1.08)	16.4 (0.86)	12.7 (0.74)	19.4 (0.92)	7.1 (0.66)	18.6 (0.92)	5.1 (0.49)	4.0 (0.41)	11.3 (0.73)	15.2 (0.81)
High school diploma or GED ⁶	23.1 (0.66)	11.7 (0.51)	8.0 (0.42)	14.2 (0.56)	4.8 (0.33)	14.2 (0.54)	3.7 (0.30)	2.6 (0.26)	6.1 (0.36)	8.7 (0.43)
Some college	18.1 (0.55)	7.7 (0.39)	5.4 (0.34)	11.0 (0.45)	3.7 (0.26)	11.0 (0.45)	2.7 (0.23)	2.2 (0.19)	4.2 (0.28)	6.7 (0.36)
Bachelor's degree or higher	9.0 (0.36)	3.2 (0.22)	1.9 (0.16)	5.2 (0.27)	1.5 (0.17)	4.9 (0.26)	0.9 (0.11)	0.5 (0.08)	2.0 (0.18)	3.1 (0.21)
Current employment status⁷										
Employed	5.8 (0.22)	1.5 (0.11)	1.0 (0.10)	2.3 (0.14)	1.2 (0.11)	3.3 (0.17)	0.6 (0.08)	0.6 (0.08)	0.8 (0.09)	1.4 (0.12)
Full-time	4.9 (0.23)	1.2 (0.11)	0.8 (0.11)	1.9 (0.15)	1.0 (0.11)	2.7 (0.18)	0.4 (0.09)	0.5 (0.09)	0.6 (0.09)	1.1 (0.12)
Part-time	9.6 (0.62)	2.6 (0.34)	1.9 (0.30)	3.8 (0.40)	1.9 (0.31)	5.8 (0.48)	1.2 (0.22)	1.0 (0.21)	1.7 (0.28)	2.6 (0.35)
Not employed but has worked previously	33.7 (0.60)	17.6 (0.48)	12.2 (0.43)	22.7 (0.53)	6.8 (0.32)	20.6 (0.51)	5.4 (0.27)	3.7 (0.22)	10.1 (0.37)	14.5 (0.43)
Not employed and has never worked	19.0 (1.46)	10.2 (1.13)	7.6 (0.95)	12.3 (1.19)	3.2 (0.55)	11.4 (1.14)	4.1 (0.69)	2.7 (0.56)	7.5 (0.94)	9.8 (1.08)
Family income⁸										
Less than \$35,000	26.3 (0.64)	14.0 (0.49)	10.3 (0.43)	17.3 (0.53)	6.4 (0.37)	16.0 (0.52)	5.0 (0.31)	3.2 (0.22)	8.8 (0.41)	11.9 (0.45)
\$35,000 or more	11.0 (0.30)	4.3 (0.19)	2.8 (0.16)	6.1 (0.23)	1.8 (0.13)	6.5 (0.24)	1.3 (0.12)	1.1 (0.11)	2.3 (0.15)	3.7 (0.18)
\$35,000–\$49,999	16.8 (0.83)	7.9 (0.59)	5.1 (0.48)	10.4 (0.67)	2.9 (0.41)	10.5 (0.68)	2.1 (0.31)	1.7 (0.29)	4.3 (0.46)	6.3 (0.55)
\$50,000–\$74,999	14.6 (0.67)	6.1 (0.48)	3.8 (0.41)	8.1 (0.54)	2.4 (0.30)	8.5 (0.54)	1.7 (0.24)	1.6 (0.24)	2.9 (0.34)	4.8 (0.44)
\$75,000–\$99,999	10.9 (0.71)	3.9 (0.44)	2.8 (0.41)	5.4 (0.51)	2.1 (0.33)	6.7 (0.59)	1.5 (0.31)	1.1 (0.28)	1.9 (0.35)	3.5 (0.41)
\$100,000 or more	6.9 (0.38)	2.2 (0.22)	1.3 (0.20)	3.6 (0.28)	1.1 (0.15)	3.8 (0.30)	0.8 (0.16)	0.6 (0.15)	1.4 (0.19)	2.2 (0.23)
Poverty status⁹										
Poor	25.7 (1.00)	13.7 (0.79)	10.3 (0.64)	17.2 (0.85)	7.5 (0.58)	16.0 (0.80)	5.2 (0.45)	3.4 (0.35)	10.0 (0.65)	12.5 (0.73)
Near poor	23.1 (0.76)	12.4 (0.59)	8.9 (0.54)	15.4 (0.65)	5.0 (0.38)	14.0 (0.63)	4.1 (0.37)	2.7 (0.25)	7.0 (0.47)	10.2 (0.54)
Not poor	11.9 (0.29)	4.8 (0.19)	3.1 (0.16)	6.6 (0.23)	2.0 (0.13)	7.0 (0.24)	1.5 (0.11)	1.2 (0.10)	2.4 (0.14)	4.0 (0.17)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰										
Under 65:										
Private	6.7 (0.26)	2.0 (0.15)	1.3 (0.12)	3.2 (0.18)	1.5 (0.12)	3.6 (0.19)	0.7 (0.10)	0.7 (0.10)	1.2 (0.11)	2.0 (0.14)
Medicaid	23.9 (1.02)	12.4 (0.85)	8.6 (0.69)	16.2 (0.90)	7.1 (0.58)	15.0 (0.92)	4.1 (0.39)	2.5 (0.32)	7.8 (0.63)	11.1 (0.73)
Other coverage	35.1 (1.76)	18.1 (1.45)	12.8 (1.27)	24.5 (1.60)	10.5 (1.16)	22.3 (1.56)	7.6 (1.04)	4.6 (0.74)	10.5 (1.21)	16.2 (1.37)
Uninsured	9.4 (0.70)	3.1 (0.41)	2.5 (0.38)	4.7 (0.51)	2.6 (0.39)	5.8 (0.56)	1.6 (0.33)	1.1 (0.23)	2.4 (0.43)	3.5 (0.45)
65 and over:										
Private	31.3 (0.92)	15.9 (0.82)	10.9 (0.67)	19.6 (0.84)	3.5 (0.40)	19.1 (0.86)	4.2 (0.42)	3.4 (0.40)	8.4 (0.60)	11.1 (0.66)
Medicare and Medicaid	59.8 (2.68)	37.4 (2.56)	34.4 (2.50)	46.8 (2.61)	14.2 (1.97)	39.8 (2.66)	14.0 (1.77)	8.9 (1.44)	30.3 (2.43)	34.0 (2.51)
Medicare Advantage	32.2 (1.28)	16.4 (1.07)	10.6 (0.87)	18.9 (1.15)	3.3 (0.46)	18.3 (1.06)	3.8 (0.56)	2.6 (0.38)	7.5 (0.73)	11.6 (0.94)
Medicare only	36.0 (1.67)	19.8 (1.52)	13.2 (1.25)	23.9 (1.42)	3.9 (0.71)	21.5 (1.47)	6.0 (0.85)	4.2 (0.75)	10.7 (1.11)	15.0 (1.31)
Other coverage	37.4 (2.43)	19.2 (2.01)	13.3 (1.81)	26.6 (2.37)	7.1 (1.47)	27.1 (2.27)	6.2 (1.30)	3.3 (0.97)	9.4 (1.51)	16.5 (2.06)
Uninsured	*	*	*	*	*	*	*	*	*	*
Marital status										
Married	13.9 (0.38)	5.8 (0.26)	3.7 (0.22)	8.1 (0.29)	2.7 (0.18)	8.1 (0.30)	1.7 (0.14)	1.4 (0.13)	3.1 (0.19)	4.8 (0.22)
Widowed	42.8 (1.27)	24.9 (1.16)	18.2 (1.01)	27.5 (1.11)	6.4 (0.72)	26.1 (1.10)	7.6 (0.71)	5.1 (0.53)	15.9 (0.91)	19.4 (1.03)
Divorced or separated	26.5 (0.92)	12.8 (0.68)	9.5 (0.60)	17.3 (0.77)	6.8 (0.50)	16.7 (0.82)	4.9 (0.44)	3.2 (0.35)	7.9 (0.53)	11.7 (0.66)
Never married	8.5 (0.41)	3.8 (0.28)	2.8 (0.25)	5.1 (0.33)	1.7 (0.17)	5.0 (0.33)	1.3 (0.17)	1.0 (0.14)	2.3 (0.21)	3.4 (0.27)
Living with a partner	9.7 (0.79)	4.1 (0.53)	3.0 (0.49)	5.8 (0.63)	2.6 (0.41)	6.3 (0.66)	1.5 (0.34)	1.2 (0.28)	2.5 (0.45)	4.0 (0.53)
Place of residence ¹¹										
Large MSA	13.3 (0.38)	6.2 (0.26)	4.2 (0.22)	7.9 (0.29)	2.6 (0.18)	7.9 (0.29)	2.0 (0.15)	1.3 (0.12)	3.6 (0.20)	5.1 (0.23)
Small MSA	17.0 (0.52)	7.7 (0.38)	5.5 (0.32)	10.4 (0.44)	3.4 (0.21)	10.1 (0.43)	2.4 (0.20)	1.9 (0.16)	4.3 (0.25)	7.0 (0.34)
Not in MSA	22.0 (0.87)	10.0 (0.61)	7.3 (0.54)	13.9 (0.73)	4.9 (0.58)	13.5 (0.72)	3.4 (0.30)	2.8 (0.34)	5.9 (0.54)	8.4 (0.55)
Region										
Northeast	14.4 (0.61)	6.8 (0.47)	5.0 (0.43)	8.8 (0.50)	2.6 (0.27)	8.6 (0.51)	1.8 (0.22)	1.7 (0.25)	4.2 (0.33)	6.0 (0.40)
Midwest	15.7 (0.54)	7.1 (0.38)	4.5 (0.31)	9.1 (0.44)	2.7 (0.26)	9.0 (0.45)	2.1 (0.18)	1.6 (0.16)	3.5 (0.22)	5.3 (0.30)
South	16.8 (0.54)	8.0 (0.37)	5.5 (0.30)	10.2 (0.42)	3.6 (0.26)	10.3 (0.42)	2.7 (0.23)	2.0 (0.18)	4.6 (0.28)	6.9 (0.33)
West	14.1 (0.57)	6.1 (0.39)	4.6 (0.34)	8.9 (0.50)	3.2 (0.28)	8.5 (0.44)	2.4 (0.21)	1.3 (0.16)	4.0 (0.34)	5.5 (0.37)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Hispanic or Latino origin ⁴ , race, and sex										
Hispanic or Latino, male	8.5 (1.02)	3.8 (0.71)	3.2 (0.67)	5.8 (0.87)	2.6 (0.66)	5.3 (0.87)	1.1 (0.29)	1.4 (0.34)	2.9 (0.64)	3.8 (0.66)
Hispanic or Latina, female	15.2 (1.10)	6.3 (0.70)	6.0 (0.78)	8.3 (0.83)	4.1 (0.56)	9.4 (0.91)	3.5 (0.66)	1.8 (0.51)	6.0 (0.69)	6.9 (0.75)
Not Hispanic or Latino:										
White, single race, male	13.5 (0.42)	6.0 (0.32)	3.9 (0.25)	8.6 (0.36)	2.3 (0.18)	8.1 (0.35)	1.8 (0.16)	1.6 (0.16)	2.3 (0.19)	4.0 (0.23)
White, single race, female	19.5 (0.50)	8.8 (0.36)	5.9 (0.29)	11.3 (0.40)	3.8 (0.24)	11.5 (0.41)	2.8 (0.20)	1.8 (0.15)	5.5 (0.26)	7.7 (0.33)
Black or African American, single race, male	13.8 (1.26)	7.1 (0.90)	4.8 (0.68)	9.0 (1.05)	2.8 (0.55)	8.3 (0.95)	1.8 (0.35)	1.6 (0.43)	3.0 (0.60)	5.6 (0.78)
Black or African American, single race, female	20.2 (1.16)	10.9 (0.83)	8.4 (0.75)	12.4 (0.87)	4.0 (0.56)	12.1 (0.92)	3.2 (0.46)	2.1 (0.43)	6.8 (0.70)	10.0 (0.79)

* Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), and is not shown.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are included in the denominator when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2017 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2017.