

Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Total	15.2 (0.26)	7.0 (0.18)	5.1 (0.15)	9.5 (0.20)	3.2 (0.13)	8.8 (0.19)	2.4 (0.11)	1.8 (0.09)	4.3 (0.14)	6.1 (0.16)
Sex										
Male	12.6 (0.34)	5.9 (0.24)	3.9 (0.19)	8.0 (0.28)	2.7 (0.17)	7.2 (0.27)	2.0 (0.14)	1.5 (0.13)	2.8 (0.17)	4.3 (0.20)
Female	17.6 (0.36)	7.9 (0.24)	6.0 (0.20)	10.7 (0.29)	3.7 (0.18)	10.2 (0.27)	2.7 (0.15)	2.1 (0.13)	5.5 (0.21)	7.7 (0.25)
Age (years)										
18–44	5.4 (0.26)	1.9 (0.16)	1.0 (0.12)	2.9 (0.20)	1.6 (0.14)	2.6 (0.18)	0.8 (0.12)	0.5 (0.08)	1.2 (0.12)	1.9 (0.16)
45–64	19.4 (0.50)	8.5 (0.34)	6.4 (0.30)	11.8 (0.39)	5.2 (0.27)	11.6 (0.39)	3.2 (0.21)	2.4 (0.20)	5.3 (0.27)	8.0 (0.33)
65–74	29.8 (0.90)	13.1 (0.67)	9.7 (0.57)	19.1 (0.78)	5.1 (0.44)	18.1 (0.78)	4.3 (0.42)	3.5 (0.38)	7.6 (0.54)	10.6 (0.59)
75 and over	48.0 (1.16)	28.0 (1.02)	21.3 (0.93)	33.2 (1.09)	4.6 (0.44)	28.8 (1.03)	7.5 (0.58)	6.0 (0.55)	17.0 (0.88)	21.5 (0.94)
Race										
One race ²	15.2 (0.26)	6.9 (0.18)	5.0 (0.15)	9.4 (0.21)	3.2 (0.13)	8.7 (0.19)	2.3 (0.11)	1.8 (0.09)	4.2 (0.14)	6.1 (0.16)
White	15.0 (0.30)	6.7 (0.20)	4.7 (0.16)	9.2 (0.24)	3.1 (0.14)	8.7 (0.22)	2.3 (0.12)	1.7 (0.11)	3.9 (0.15)	5.8 (0.18)
Black or African American	18.4 (0.67)	10.1 (0.51)	7.6 (0.46)	12.4 (0.58)	4.2 (0.35)	10.6 (0.53)	3.5 (0.30)	2.5 (0.28)	6.3 (0.41)	8.4 (0.46)
American Indian or Alaska Native	21.3 (2.25)	12.9 (2.09)	8.6 (2.26)	15.1 (2.22)	*6.1 (2.23)	11.0 (2.00)	4.1 (1.07)	*	8.9 (2.11)	11.5 (2.55)
Asian	10.1 (0.76)	4.4 (0.53)	3.1 (0.47)	5.3 (0.55)	2.0 (0.40)	5.4 (0.58)	1.6 (0.33)	1.3 (0.35)	4.5 (0.55)	4.9 (0.57)
Native Hawaiian or Other Pacific Islander	*9.6 (3.95)	*	*	*	*	*	*	*	*	*
Two or more races ³	21.1 (1.87)	11.5 (1.41)	11.0 (1.55)	15.1 (1.79)	5.3 (1.18)	14.3 (1.76)	5.4 (1.27)	*3.2 (1.03)	8.8 (1.49)	9.6 (1.56)
Black or African American, white	17.1 (3.99)	10.9 (2.53)	11.2 (2.76)	13.6 (3.37)	*	*8.8 (3.51)	8.6 (1.93)	*	10.1 (2.10)	*10.1 (3.65)
American Indian or Alaska Native, white	24.7 (2.77)	14.6 (2.28)	13.6 (2.19)	19.2 (2.83)	7.3 (1.98)	18.1 (2.38)	*4.1 (1.33)	*4.6 (1.60)	10.0 (1.98)	12.1 (2.19)
Hispanic or Latino origin ⁴ and race										
Hispanic or Latino	14.4 (0.57)	6.4 (0.40)	5.7 (0.38)	9.0 (0.47)	3.4 (0.30)	8.4 (0.48)	3.1 (0.30)	2.2 (0.28)	6.0 (0.40)	6.9 (0.43)
Mexican or Mexican American	14.9 (0.78)	6.9 (0.57)	5.8 (0.52)	9.5 (0.64)	3.7 (0.45)	9.2 (0.69)	3.2 (0.41)	2.4 (0.42)	6.5 (0.61)	7.7 (0.64)
Not Hispanic or Latino	15.5 (0.29)	7.1 (0.19)	5.0 (0.16)	9.6 (0.23)	3.2 (0.14)	8.9 (0.21)	2.3 (0.11)	1.8 (0.10)	4.1 (0.15)	6.1 (0.18)
White, single race	15.3 (0.34)	6.8 (0.22)	4.7 (0.18)	9.4 (0.27)	3.1 (0.16)	8.8 (0.25)	2.2 (0.13)	1.7 (0.12)	3.6 (0.16)	5.8 (0.21)
Black or African American, single race	18.3 (0.68)	10.2 (0.53)	7.6 (0.47)	12.3 (0.59)	4.3 (0.36)	10.5 (0.54)	3.4 (0.30)	2.5 (0.28)	6.2 (0.41)	8.5 (0.47)

Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵										
Less than a high school diploma	26.7 (0.86)	13.4 (0.66)	11.3 (0.63)	17.0 (0.72)	7.4 (0.55)	16.5 (0.72)	5.5 (0.48)	4.0 (0.40)	9.6 (0.59)	13.3 (0.69)
High school diploma or GED ⁶	20.1 (0.58)	9.8 (0.43)	6.8 (0.35)	12.4 (0.47)	4.2 (0.31)	11.9 (0.47)	3.1 (0.25)	2.6 (0.24)	5.4 (0.30)	7.9 (0.37)
Some college	18.0 (0.50)	7.9 (0.35)	5.5 (0.31)	11.4 (0.42)	4.1 (0.26)	10.6 (0.40)	2.3 (0.19)	2.0 (0.17)	4.4 (0.28)	6.6 (0.32)
Bachelor's degree or higher	10.0 (0.39)	3.9 (0.25)	2.5 (0.20)	6.1 (0.30)	1.2 (0.13)	5.4 (0.31)	1.2 (0.15)	0.9 (0.14)	2.5 (0.21)	3.3 (0.23)
Current employment status⁷										
Employed	7.4 (0.41)	1.9 (0.19)	0.9 (0.10)	2.8 (0.22)	0.9 (0.09)	3.6 (0.29)	0.7 (0.15)	0.7 (0.20)	0.8 (0.09)	1.5 (0.17)
Full-time	5.9 (0.57)	1.4 (0.19)	0.8 (0.13)	2.4 (0.26)	0.8 (0.08)	3.1 (0.48)	0.6 (0.15)	0.4 (0.07)	0.6 (0.10)	1.2 (0.14)
Part-time	10.7 (0.79)	3.0 (0.40)	1.5 (0.26)	4.2 (0.46)	1.4 (0.23)	5.0 (0.53)	*1.1 (0.36)	*1.2 (0.36)	1.5 (0.26)	2.7 (0.40)
Not employed but has worked previously	27.7 (0.65)	13.7 (0.46)	9.7 (0.35)	18.8 (0.54)	7.7 (0.39)	16.7 (0.53)	4.9 (0.30)	3.6 (0.25)	8.3 (0.36)	12.4 (0.45)
Not employed and has never worked	25.5 (1.41)	14.1 (1.13)	11.2 (1.03)	16.7 (1.22)	5.2 (0.80)	12.9 (1.09)	4.5 (0.64)	3.7 (0.65)	11.1 (1.03)	13.3 (1.17)
Family income⁸										
Less than \$35,000	25.2 (0.50)	12.5 (0.38)	9.5 (0.34)	16.7 (0.44)	6.4 (0.30)	15.2 (0.41)	4.6 (0.24)	3.6 (0.23)	7.8 (0.31)	11.4 (0.37)
\$35,000 or more	11.4 (0.32)	4.6 (0.21)	3.2 (0.18)	6.7 (0.25)	2.0 (0.14)	6.2 (0.24)	1.5 (0.13)	1.0 (0.11)	2.6 (0.17)	4.0 (0.20)
\$35,000–\$49,999	15.5 (0.76)	7.5 (0.54)	4.9 (0.44)	10.1 (0.64)	3.4 (0.39)	9.5 (0.62)	2.0 (0.29)	1.5 (0.25)	4.1 (0.45)	5.9 (0.51)
\$50,000–\$74,999	13.8 (0.67)	5.8 (0.46)	4.1 (0.40)	8.3 (0.54)	2.7 (0.37)	7.3 (0.50)	2.3 (0.34)	1.3 (0.23)	3.3 (0.36)	5.0 (0.45)
\$75,000–\$99,999	10.9 (0.70)	3.9 (0.47)	2.8 (0.41)	5.9 (0.55)	2.0 (0.31)	5.7 (0.50)	1.6 (0.35)	1.0 (0.25)	2.0 (0.34)	3.2 (0.41)
\$100,000 or more	8.6 (0.49)	2.8 (0.31)	1.8 (0.28)	4.7 (0.37)	1.0 (0.16)	4.5 (0.39)	0.6 (0.15)	0.8 (0.16)	1.8 (0.26)	2.8 (0.32)
Poverty status⁹										
Poor	29.3 (0.79)	14.5 (0.59)	12.7 (0.60)	20.0 (0.71)	8.5 (0.54)	18.1 (0.67)	6.1 (0.43)	5.0 (0.43)	11.2 (0.56)	14.6 (0.63)
Near poor	22.1 (0.63)	11.4 (0.47)	7.7 (0.39)	14.6 (0.54)	5.4 (0.37)	13.3 (0.54)	3.8 (0.30)	2.9 (0.26)	6.5 (0.36)	9.7 (0.45)
Not poor	11.7 (0.29)	4.8 (0.20)	3.4 (0.17)	6.8 (0.23)	2.0 (0.13)	6.5 (0.22)	1.5 (0.12)	1.1 (0.10)	2.7 (0.15)	4.1 (0.19)

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Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰										
Under 65:										
Private	6.4 (0.24)	2.2 (0.15)	1.4 (0.11)	3.2 (0.18)	1.5 (0.12)	3.4 (0.18)	0.8 (0.09)	0.6 (0.08)	1.3 (0.11)	2.2 (0.15)
Medicaid	27.4 (0.91)	13.4 (0.71)	10.3 (0.65)	18.8 (0.81)	9.2 (0.66)	15.6 (0.73)	5.1 (0.51)	3.6 (0.38)	9.1 (0.58)	12.6 (0.67)
Other coverage	27.2 (1.77)	12.6 (1.26)	8.2 (0.95)	20.0 (1.61)	8.6 (1.01)	17.4 (1.43)	4.7 (0.62)	4.2 (0.83)	7.3 (1.03)	11.9 (1.24)
Uninsured	9.4 (0.68)	3.6 (0.44)	2.7 (0.40)	4.9 (0.49)	2.2 (0.33)	5.1 (0.52)	1.5 (0.30)	1.3 (0.28)	2.5 (0.36)	3.9 (0.50)
65 and over:										
Private	34.4 (1.08)	17.2 (0.90)	12.0 (0.76)	22.3 (0.98)	3.0 (0.36)	20.6 (0.94)	4.0 (0.47)	2.9 (0.38)	9.1 (0.71)	12.6 (0.76)
Medicare and Medicaid	60.9 (2.59)	38.6 (2.57)	31.6 (2.31)	45.8 (2.67)	10.6 (1.84)	40.5 (2.65)	13.5 (1.94)	12.1 (2.04)	29.6 (2.47)	34.4 (2.54)
Medicare Advantage	36.8 (1.50)	18.8 (1.23)	13.8 (1.08)	24.5 (1.35)	5.1 (0.61)	20.4 (1.23)	5.9 (0.75)	4.5 (0.67)	11.0 (0.93)	14.0 (1.07)
Medicare only	39.6 (1.89)	21.6 (1.55)	17.1 (1.36)	26.0 (1.63)	6.0 (0.84)	23.6 (1.52)	6.9 (0.87)	5.2 (0.82)	13.6 (1.32)	17.5 (1.37)
Other coverage	43.6 (2.59)	21.3 (2.09)	18.2 (1.91)	30.8 (2.55)	6.1 (1.33)	28.7 (2.41)	6.1 (1.18)	7.1 (1.28)	12.2 (1.61)	17.9 (2.11)
Uninsured	34.4 (9.60)	*20.8 (8.70)	*	*	*	*22.6 (9.56)	*	*	*	*
Marital status										
Married	12.6 (0.32)	5.3 (0.22)	3.8 (0.18)	7.6 (0.26)	2.6 (0.15)	7.2 (0.24)	1.8 (0.13)	1.4 (0.12)	3.0 (0.17)	4.6 (0.21)
Widowed	27.3 (4.96)	18.6 (4.88)	*15.0 (4.81)	19.8 (4.88)	*5.9 (1.86)	19.7 (4.90)	*3.9 (1.23)	1.9 (0.40)	*14.3 (4.84)	16.4 (4.87)
Divorced or separated	21.0 (0.79)	10.3 (0.59)	7.4 (0.48)	13.7 (0.64)	5.2 (0.48)	12.6 (0.64)	3.2 (0.37)	2.3 (0.25)	5.8 (0.40)	8.6 (0.47)
Never married	17.9 (0.79)	8.8 (0.65)	5.9 (0.54)	11.2 (0.72)	3.4 (0.42)	10.0 (0.67)	3.1 (0.44)	2.4 (0.48)	5.9 (0.60)	7.9 (0.65)
Living with a partner	16.1 (1.25)	5.5 (0.80)	4.2 (0.74)	9.3 (0.96)	4.7 (0.69)	8.6 (0.94)	2.1 (0.44)	2.1 (0.55)	4.4 (0.80)	5.6 (0.78)
Place of residence ¹¹										
Large MSA	13.9 (0.33)	6.3 (0.23)	4.6 (0.20)	8.4 (0.27)	2.7 (0.16)	7.7 (0.26)	2.0 (0.14)	1.5 (0.13)	4.1 (0.19)	5.5 (0.23)
Small MSA	15.4 (0.46)	7.0 (0.33)	5.0 (0.26)	9.9 (0.37)	3.4 (0.25)	9.3 (0.35)	2.4 (0.19)	1.8 (0.16)	4.2 (0.23)	6.2 (0.28)
Not in MSA	19.8 (0.82)	9.4 (0.51)	6.7 (0.43)	12.5 (0.65)	5.0 (0.38)	11.7 (0.58)	3.6 (0.37)	2.7 (0.28)	4.9 (0.38)	8.0 (0.43)
Region										
Northeast	14.5 (0.64)	5.9 (0.39)	4.0 (0.32)	8.9 (0.53)	2.9 (0.30)	7.8 (0.51)	2.0 (0.25)	1.7 (0.22)	4.5 (0.37)	5.5 (0.38)
Midwest	15.9 (0.51)	7.8 (0.39)	5.6 (0.31)	10.0 (0.42)	2.9 (0.26)	9.3 (0.39)	2.6 (0.26)	1.8 (0.21)	4.1 (0.30)	6.1 (0.34)
South	15.7 (0.44)	7.6 (0.30)	5.4 (0.25)	9.7 (0.34)	3.4 (0.20)	9.5 (0.33)	2.5 (0.15)	2.0 (0.16)	4.3 (0.21)	6.8 (0.28)
West	14.4 (0.52)	6.1 (0.33)	4.7 (0.30)	9.2 (0.42)	3.4 (0.29)	8.0 (0.37)	2.3 (0.22)	1.5 (0.16)	4.3 (0.29)	5.5 (0.30)

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Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Hispanic or Latino origin ⁴ , race, and sex										
Hispanic or Latino, male	10.1 (0.75)	4.7 (0.52)	4.0 (0.50)	6.9 (0.63)	2.6 (0.41)	6.1 (0.61)	2.0 (0.36)	1.4 (0.31)	3.4 (0.48)	4.5 (0.56)
Hispanic or Latina, female	18.4 (0.82)	7.8 (0.59)	7.2 (0.55)	11.1 (0.69)	4.2 (0.43)	10.5 (0.70)	4.0 (0.48)	3.0 (0.44)	8.3 (0.60)	9.0 (0.61)
Not Hispanic or Latino:										
White, single race, male	13.1 (0.46)	5.9 (0.30)	3.7 (0.23)	8.3 (0.37)	2.8 (0.23)	7.4 (0.36)	1.9 (0.18)	1.4 (0.16)	2.4 (0.19)	4.0 (0.25)
White, single race, female	17.4 (0.48)	7.5 (0.31)	5.5 (0.25)	10.4 (0.37)	3.5 (0.22)	10.0 (0.35)	2.4 (0.19)	1.9 (0.16)	4.7 (0.24)	7.3 (0.33)
Black or African American, single race, male	14.1 (0.89)	8.1 (0.69)	5.9 (0.64)	9.1 (0.71)	3.7 (0.48)	8.3 (0.73)	3.1 (0.45)	2.3 (0.39)	4.5 (0.60)	6.3 (0.65)
Black or African American, single race, female	21.6 (0.93)	11.7 (0.71)	8.8 (0.65)	14.8 (0.87)	4.7 (0.53)	12.1 (0.79)	3.7 (0.42)	2.7 (0.39)	7.5 (0.57)	10.0 (0.68)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.
 - Quantity zero.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹	
Total	242,501	39,605	18,163	13,239	24,684	8,391	23,038	6,215	4,735	11,045	15,884	
Sex												
Male	116,875	15,255	7,108	4,715	9,718	3,397	8,799	2,421	1,832	3,341	5,259	
Female	125,625	24,349	11,055	8,524	14,967	4,994	14,239	3,793	2,904	7,704	10,625	
Age (years)												
18–44	112,760	6,135	2,115	1,140	3,279	1,759	2,933	917	594	1,313	2,165	
45–64	83,239	16,111	7,102	5,340	9,818	4,337	9,647	2,673	2,020	4,392	6,692	
65–74	27,297	8,147	3,570	2,660	5,210	1,403	4,929	1,178	968	2,079	2,906	
75 and over	19,204	9,212	5,375	4,099	6,377	892	5,529	1,447	1,153	3,260	4,122	
Race												
One race ²	238,301	38,866	17,806	12,892	24,164	8,199	22,563	6,035	4,635	10,772	15,568	
White	191,218	31,787	14,165	10,208	19,649	6,513	18,587	4,769	3,700	8,223	12,313	
Black or African American	29,796	5,354	2,880	2,146	3,600	1,292	3,075	991	727	1,823	2,428	
American Indian or Alaska Native	2,307	425	237	*154	288	*130	238	*89	*	*163	225	
Asian	14,360	1,245	495	351	598	257	647	184	156	533	585	
Native Hawaiian or Other Pacific Islander	619	*54	*	*	*	*	*	*	*	*	*	
Two or more races ³	4,200	739	357	347	520	192	475	180	*101	273	316	
Black or African American, white	851	*105	*53	*57	*66	*	*	*	*	*65	*58	
American Indian or Alaska Native, white	1,647	437	235	224	342	124	310	*67	*71	151	191	
Hispanic or Latino origin ⁴ and race												
Hispanic or Latino	37,755	4,298	1,841	1,610	2,632	1,091	2,527	920	675	1,723	2,002	
Mexican or Mexican American	22,992	2,399	1,039	877	1,487	618	1,492	527	419	979	1,156	
Not Hispanic or Latino	204,746	35,306	16,321	11,628	22,052	7,300	20,511	5,295	4,060	9,322	13,882	
White, single race	157,410	28,019	12,572	8,810	17,342	5,513	16,365	3,970	3,084	6,738	10,513	
Black or African American, single race	28,418	5,133	2,798	2,066	3,446	1,259	2,944	944	696	1,722	2,346	

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education ⁵											
Less than a high school diploma	26,648	8,283	4,322	3,666	5,398	2,162	5,203	1,757	1,235	3,054	4,171
High school diploma or GED ⁶	50,847	11,742	5,847	4,154	7,316	2,321	6,934	1,818	1,516	3,255	4,730
Some college	61,605	11,388	4,879	3,444	7,136	2,653	6,775	1,492	1,318	2,726	4,126
Bachelor's degree or higher	72,373	6,733	2,491	1,553	3,999	887	3,607	884	589	1,646	2,181
Current employment status ⁷											
Employed	148,914	8,676	2,224	1,299	3,515	1,436	4,361	903	710	1,092	2,028
Full-time	121,609	6,126	1,462	907	2,413	1,043	3,115	629	483	675	1,307
Part-time	25,508	2,324	674	359	968	360	1,132	*244	213	367	637
Not employed but has worked previously	79,530	27,694	14,192	10,545	18,982	6,275	17,020	4,727	3,534	8,545	12,225
Not employed and has never worked	13,899	3,206	1,720	1,366	2,161	658	1,630	563	473	1,380	1,604
Family income ⁸											
Less than \$35,000	66,342	18,325	9,296	7,101	12,200	4,396	11,103	3,333	2,646	5,787	8,287
\$35,000 or more	148,656	16,645	6,476	4,383	9,486	3,061	9,181	2,153	1,476	3,654	5,601
\$35,000–\$49,999	25,114	4,093	1,962	1,302	2,653	891	2,493	529	385	1,056	1,542
\$50,000–\$74,999	37,018	5,268	2,191	1,537	3,165	1,039	2,840	868	500	1,224	1,872
\$75,000–\$99,999	27,607	2,914	1,002	737	1,554	596	1,523	437	233	483	830
\$100,000 or more	58,917	4,371	1,321	807	2,113	534	2,325	320	358	891	1,357
Poverty status ⁹											
Poor	28,022	7,326	3,558	3,047	4,956	2,181	4,486	1,496	1,230	2,709	3,605
Near poor	42,375	9,966	5,188	3,526	6,609	2,320	6,000	1,712	1,316	2,943	4,381
Not poor	159,450	20,020	8,173	5,730	11,562	3,441	11,331	2,632	1,890	4,553	6,843

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰											
Under 65:											
Private	135,220	9,736	3,402	2,132	4,835	2,195	5,273	1,232	857	1,922	3,234
Medicaid	25,313	6,788	3,319	2,527	4,652	2,275	3,854	1,275	902	2,235	3,108
Other coverage	9,086	3,420	1,625	1,163	2,452	1,103	2,243	680	564	981	1,604
Uninsured	24,896	2,117	777	588	1,097	503	1,146	335	283	539	849
65 and over:											
Private	19,581	6,427	3,149	2,195	4,162	592	3,870	749	543	1,670	2,316
Medicare and Medicaid	3,267	1,992	1,265	1,036	1,500	346	1,326	440	396	969	1,126
Medicare Advantage	11,634	4,183	2,084	1,537	2,760	599	2,318	665	503	1,216	1,564
Medicare only	7,890	3,034	1,629	1,277	1,971	471	1,813	521	399	1,024	1,310
Other coverage	3,808	1,613	764	656	1,133	240	1,055	224	248	429	659
Uninsured	249	*83	*	*	*	*	*58	*	*	*	*
Marital status											
Married	128,583	18,310	7,747	5,618	11,086	3,880	10,612	2,731	2,145	4,541	6,702
Widowed	14,720	6,619	3,769	2,958	4,400	873	4,203	1,169	798	2,402	3,153
Divorced or separated	27,858	7,181	3,522	2,683	4,778	1,750	4,358	1,083	868	1,959	3,038
Never married	53,374	5,276	2,344	1,433	3,153	1,182	2,650	898	663	1,584	2,169
Living with a partner	17,665	2,161	750	512	1,239	702	1,176	333	253	546	794
Place of residence ¹¹											
Large MSA	134,062	19,286	8,630	6,319	11,595	3,733	10,709	2,777	2,125	5,618	7,616
Small MSA	74,299	12,350	5,658	4,096	7,971	2,684	7,496	2,002	1,492	3,435	4,971
Not in MSA	34,140	7,968	3,875	2,824	5,118	1,974	4,833	1,436	1,119	1,991	3,298
Region											
Northeast	42,320	6,893	2,846	1,952	4,248	1,344	3,750	954	834	2,137	2,604
Midwest	54,367	9,226	4,545	3,311	5,777	1,686	5,432	1,463	1,058	2,381	3,569
South	90,015	15,447	7,477	5,387	9,584	3,386	9,399	2,487	2,033	4,204	6,688
West	55,798	8,038	3,295	2,589	5,075	1,975	4,456	1,309	810	2,324	3,024

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Hispanic or Latino, male	18,798	1,360	639	511	890	380	853	294	206	434	570
Hispanic or Latina, female	18,957	2,938	1,203	1,099	1,742	711	1,674	626	470	1,289	1,432
Not Hispanic or Latino:											
White, single race, male	76,483	11,311	5,074	3,223	7,195	2,357	6,482	1,653	1,232	2,059	3,536
White, single race, female	80,927	16,708	7,499	5,588	10,147	3,156	9,883	2,317	1,851	4,679	6,976
Black or African American, single race, male	12,771	1,721	967	680	1,109	498	1,018	356	264	531	760
Black or African American, single race, female	15,647	3,412	1,830	1,386	2,337	761	1,926	589	433	1,191	1,587

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.
 - Quantity zero.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Total	16.3 (0.29)	7.5 (0.20)	5.5 (0.16)	10.2 (0.23)	3.5 (0.13)	9.5 (0.22)	2.6 (0.11)	2.0 (0.10)	4.6 (0.15)	6.6 (0.18)
Sex										
Male	13.1 (0.38)	6.1 (0.25)	4.0 (0.21)	8.3 (0.30)	2.9 (0.18)	7.5 (0.29)	2.1 (0.15)	1.6 (0.13)	2.9 (0.17)	4.5 (0.21)
Female	19.4 (0.42)	8.8 (0.27)	6.8 (0.24)	11.9 (0.32)	4.0 (0.19)	11.3 (0.32)	3.0 (0.16)	2.3 (0.15)	6.1 (0.24)	8.5 (0.28)
Age (years)										
18–44	5.4 (0.26)	1.9 (0.16)	1.0 (0.12)	2.9 (0.20)	1.6 (0.14)	2.6 (0.18)	0.8 (0.12)	0.5 (0.08)	1.2 (0.12)	1.9 (0.16)
45–64	19.4 (0.50)	8.5 (0.34)	6.4 (0.30)	11.8 (0.39)	5.2 (0.27)	11.6 (0.39)	3.2 (0.21)	2.4 (0.20)	5.3 (0.27)	8.0 (0.33)
65–74	29.8 (0.90)	13.1 (0.67)	9.7 (0.57)	19.1 (0.78)	5.1 (0.44)	18.1 (0.78)	4.3 (0.42)	3.5 (0.38)	7.6 (0.54)	10.6 (0.59)
75 and over	48.0 (1.16)	28.0 (1.02)	21.3 (0.93)	33.2 (1.09)	4.6 (0.44)	28.8 (1.03)	7.5 (0.58)	6.0 (0.55)	17.0 (0.88)	21.5 (0.94)
Race										
One race ²	16.3 (0.30)	7.5 (0.20)	5.4 (0.16)	10.1 (0.23)	3.4 (0.13)	9.5 (0.22)	2.5 (0.11)	1.9 (0.10)	4.5 (0.15)	6.5 (0.18)
White	16.6 (0.34)	7.4 (0.22)	5.3 (0.18)	10.3 (0.27)	3.4 (0.15)	9.7 (0.25)	2.5 (0.13)	1.9 (0.12)	4.3 (0.17)	6.4 (0.20)
Black or African American	18.0 (0.72)	9.7 (0.54)	7.2 (0.48)	12.1 (0.60)	4.3 (0.37)	10.3 (0.55)	3.3 (0.30)	2.4 (0.29)	6.1 (0.42)	8.2 (0.47)
American Indian or Alaska Native	18.4 (2.87)	10.3 (2.60)	*6.7 (2.17)	12.5 (2.85)	*5.6 (1.94)	10.3 (2.09)	3.9 (1.04)	*	*7.1 (2.14)	9.8 (2.53)
Asian	8.7 (0.78)	3.4 (0.48)	2.4 (0.38)	4.2 (0.52)	1.8 (0.35)	4.5 (0.53)	1.3 (0.27)	1.1 (0.31)	3.7 (0.51)	4.1 (0.52)
Native Hawaiian or Other Pacific Islander	*8.8 (4.00)	*	*	*	*	*	*	*	*	*
Two or more races ³	17.6 (1.97)	8.5 (1.33)	8.3 (1.48)	12.4 (1.75)	4.6 (1.02)	11.3 (1.64)	4.3 (1.13)	*2.4 (0.82)	6.5 (1.36)	7.5 (1.40)
Black or African American, white	*12.4 (3.90)	*6.3 (2.57)	*6.7 (3.15)	*7.7 (3.19)	*	*	*	*	*7.6 (3.30)	*6.8 (3.10)
American Indian or Alaska Native, white	26.5 (3.65)	14.2 (2.96)	13.6 (2.88)	20.8 (3.46)	7.5 (2.09)	18.8 (3.17)	*4.1 (1.28)	*4.3 (1.55)	9.2 (2.41)	11.6 (2.59)
Hispanic or Latino origin ⁴ and race										
Hispanic or Latino	11.4 (0.52)	4.9 (0.33)	4.3 (0.31)	7.0 (0.40)	2.9 (0.26)	6.7 (0.40)	2.4 (0.25)	1.8 (0.22)	4.6 (0.33)	5.3 (0.35)
Mexican or Mexican American	10.4 (0.64)	4.5 (0.41)	3.8 (0.38)	6.5 (0.50)	2.7 (0.35)	6.5 (0.50)	2.3 (0.34)	1.8 (0.30)	4.3 (0.43)	5.0 (0.45)
Not Hispanic or Latino	17.2 (0.33)	8.0 (0.22)	5.7 (0.18)	10.8 (0.26)	3.6 (0.15)	10.0 (0.25)	2.6 (0.12)	2.0 (0.11)	4.6 (0.17)	6.8 (0.20)
White, single race	17.8 (0.39)	8.0 (0.26)	5.6 (0.21)	11.0 (0.31)	3.5 (0.17)	10.4 (0.30)	2.5 (0.14)	2.0 (0.13)	4.3 (0.19)	6.7 (0.23)
Black or African American, single race	18.1 (0.74)	9.8 (0.56)	7.3 (0.49)	12.1 (0.62)	4.4 (0.38)	10.4 (0.57)	3.3 (0.31)	2.5 (0.29)	6.1 (0.43)	8.3 (0.49)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵										
Less than a high school diploma	31.1 (0.97)	16.2 (0.78)	13.8 (0.74)	20.3 (0.81)	8.1 (0.57)	19.5 (0.78)	6.6 (0.53)	4.6 (0.44)	11.5 (0.65)	15.7 (0.78)
High school diploma or GED ⁶	23.1 (0.67)	11.5 (0.49)	8.2 (0.41)	14.4 (0.54)	4.6 (0.32)	13.6 (0.53)	3.6 (0.27)	3.0 (0.26)	6.4 (0.35)	9.3 (0.43)
Some college	18.5 (0.55)	7.9 (0.36)	5.6 (0.32)	11.6 (0.44)	4.3 (0.27)	11.0 (0.43)	2.4 (0.20)	2.1 (0.19)	4.4 (0.29)	6.7 (0.33)
Bachelor's degree or higher	9.3 (0.40)	3.4 (0.24)	2.1 (0.18)	5.5 (0.30)	1.2 (0.14)	5.0 (0.30)	1.2 (0.15)	0.8 (0.14)	2.3 (0.20)	3.0 (0.22)
Current employment status⁷										
Employed	5.8 (0.23)	1.5 (0.12)	0.9 (0.09)	2.4 (0.13)	1.0 (0.09)	2.9 (0.16)	0.6 (0.08)	0.5 (0.07)	0.7 (0.08)	1.4 (0.11)
Full-time	5.0 (0.23)	1.2 (0.11)	0.7 (0.09)	2.0 (0.14)	0.9 (0.09)	2.6 (0.17)	0.5 (0.08)	0.4 (0.08)	0.6 (0.08)	1.1 (0.11)
Part-time	9.1 (0.69)	2.6 (0.34)	1.4 (0.25)	3.8 (0.40)	1.4 (0.24)	4.4 (0.45)	*1.0 (0.32)	0.8 (0.20)	1.4 (0.25)	2.5 (0.34)
Not employed but has worked previously	34.8 (0.63)	17.8 (0.48)	13.3 (0.40)	23.9 (0.54)	7.9 (0.33)	21.4 (0.51)	5.9 (0.29)	4.4 (0.25)	10.7 (0.38)	15.4 (0.44)
Not employed and has never worked	23.1 (1.34)	12.4 (0.99)	9.8 (0.87)	15.5 (1.13)	4.7 (0.72)	11.7 (0.95)	4.0 (0.56)	3.4 (0.54)	9.9 (0.87)	11.5 (0.97)
Family income⁸										
Less than \$35,000	27.6 (0.60)	14.0 (0.44)	10.7 (0.38)	18.4 (0.51)	6.6 (0.32)	16.7 (0.48)	5.0 (0.26)	4.0 (0.24)	8.7 (0.35)	12.5 (0.42)
\$35,000 or more	11.2 (0.33)	4.4 (0.20)	2.9 (0.17)	6.4 (0.25)	2.1 (0.14)	6.2 (0.25)	1.4 (0.13)	1.0 (0.11)	2.5 (0.16)	3.8 (0.19)
\$35,000–\$49,999	16.3 (0.83)	7.8 (0.56)	5.2 (0.46)	10.6 (0.68)	3.5 (0.40)	9.9 (0.66)	2.1 (0.32)	1.5 (0.27)	4.2 (0.46)	6.1 (0.53)
\$50,000–\$74,999	14.2 (0.71)	5.9 (0.48)	4.2 (0.41)	8.6 (0.58)	2.8 (0.37)	7.7 (0.53)	2.3 (0.34)	1.3 (0.25)	3.3 (0.38)	5.1 (0.46)
\$75,000–\$99,999	10.6 (0.70)	3.6 (0.43)	2.7 (0.39)	5.6 (0.53)	2.2 (0.33)	5.5 (0.49)	1.6 (0.33)	0.8 (0.22)	1.8 (0.29)	3.0 (0.38)
\$100,000 or more	7.4 (0.46)	2.2 (0.25)	1.4 (0.20)	3.6 (0.30)	0.9 (0.14)	3.9 (0.36)	0.5 (0.12)	0.6 (0.14)	1.5 (0.20)	2.3 (0.25)
Poverty status⁹										
Poor	26.1 (0.92)	12.7 (0.61)	10.9 (0.60)	17.7 (0.77)	7.8 (0.52)	16.0 (0.71)	5.3 (0.41)	4.4 (0.40)	9.7 (0.56)	12.9 (0.65)
Near poor	23.5 (0.70)	12.2 (0.52)	8.3 (0.43)	15.6 (0.59)	5.5 (0.38)	14.2 (0.59)	4.0 (0.31)	3.1 (0.28)	6.9 (0.39)	10.3 (0.49)
Not poor	12.6 (0.33)	5.1 (0.22)	3.6 (0.18)	7.3 (0.25)	2.2 (0.14)	7.1 (0.25)	1.7 (0.12)	1.2 (0.11)	2.9 (0.16)	4.3 (0.19)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰										
Under 65:										
Private	7.2 (0.27)	2.5 (0.16)	1.6 (0.12)	3.6 (0.19)	1.6 (0.13)	3.9 (0.20)	0.9 (0.10)	0.6 (0.09)	1.4 (0.12)	2.4 (0.16)
Medicaid	26.8 (0.98)	13.1 (0.73)	10.0 (0.67)	18.4 (0.85)	9.0 (0.66)	15.2 (0.75)	5.0 (0.50)	3.6 (0.37)	8.8 (0.60)	12.3 (0.69)
Other coverage	37.6 (1.88)	17.9 (1.44)	12.8 (1.21)	27.0 (1.63)	12.1 (1.15)	24.7 (1.60)	7.5 (0.93)	6.2 (0.93)	10.8 (1.18)	17.7 (1.44)
Uninsured	8.5 (0.63)	3.1 (0.38)	2.4 (0.35)	4.4 (0.45)	2.0 (0.30)	4.6 (0.47)	1.3 (0.26)	1.1 (0.24)	2.2 (0.33)	3.4 (0.45)
65 and over:										
Private	32.8 (1.08)	16.1 (0.87)	11.2 (0.73)	21.3 (0.96)	3.0 (0.37)	19.8 (0.92)	3.8 (0.44)	2.8 (0.37)	8.5 (0.68)	11.8 (0.73)
Medicare and Medicaid	61.0 (2.59)	38.7 (2.57)	31.7 (2.37)	45.9 (2.66)	10.6 (1.85)	40.6 (2.64)	13.5 (1.92)	12.1 (2.03)	29.7 (2.46)	34.5 (2.54)
Medicare Advantage	36.0 (1.50)	17.9 (1.20)	13.2 (1.05)	23.7 (1.34)	5.2 (0.62)	19.9 (1.21)	5.7 (0.73)	4.3 (0.64)	10.5 (0.91)	13.4 (1.05)
Medicare only	38.5 (1.90)	20.6 (1.53)	16.2 (1.33)	25.0 (1.61)	6.0 (0.83)	23.0 (1.49)	6.6 (0.84)	5.1 (0.79)	13.0 (1.27)	16.6 (1.33)
Other coverage	42.4 (2.61)	20.1 (2.08)	17.2 (1.90)	29.8 (2.55)	6.3 (1.42)	27.7 (2.44)	5.9 (1.11)	6.5 (1.17)	11.3 (1.54)	17.3 (2.10)
Uninsured	33.5 (8.54)	*15.3 (7.30)	*16.8 (7.78)	*16.8 (7.78)	*	*23.2 (8.30)	*	*	*	*
Marital status										
Married	14.2 (0.37)	6.0 (0.24)	4.4 (0.21)	8.6 (0.29)	3.0 (0.16)	8.3 (0.27)	2.1 (0.15)	1.7 (0.14)	3.5 (0.19)	5.2 (0.23)
Widowed	45.0 (1.23)	25.6 (1.02)	20.1 (0.98)	29.9 (1.14)	5.9 (0.58)	28.6 (1.10)	7.9 (0.64)	5.4 (0.53)	16.3 (0.92)	21.4 (1.01)
Divorced or separated	25.8 (0.82)	12.6 (0.61)	9.6 (0.52)	17.2 (0.69)	6.3 (0.45)	15.6 (0.69)	3.9 (0.33)	3.1 (0.33)	7.0 (0.42)	10.9 (0.53)
Never married	9.9 (0.49)	4.4 (0.32)	2.7 (0.23)	5.9 (0.39)	2.2 (0.24)	5.0 (0.33)	1.7 (0.22)	1.2 (0.18)	3.0 (0.26)	4.1 (0.32)
Living with a partner	12.2 (0.92)	4.2 (0.57)	2.9 (0.46)	7.0 (0.69)	4.0 (0.56)	6.7 (0.71)	1.9 (0.46)	1.4 (0.31)	3.1 (0.51)	4.5 (0.57)
Place of residence ¹¹										
Large MSA	14.4 (0.38)	6.4 (0.25)	4.7 (0.21)	8.6 (0.29)	2.8 (0.17)	8.0 (0.29)	2.1 (0.14)	1.6 (0.13)	4.2 (0.20)	5.7 (0.24)
Small MSA	16.6 (0.53)	7.6 (0.37)	5.5 (0.30)	10.7 (0.42)	3.6 (0.26)	10.1 (0.40)	2.7 (0.21)	2.0 (0.17)	4.6 (0.27)	6.7 (0.31)
Not in MSA	23.3 (0.88)	11.3 (0.56)	8.3 (0.50)	15.0 (0.71)	5.8 (0.40)	14.2 (0.62)	4.2 (0.34)	3.3 (0.31)	5.8 (0.41)	9.7 (0.49)
Region										
Northeast	16.3 (0.73)	6.7 (0.46)	4.6 (0.37)	10.0 (0.58)	3.2 (0.32)	8.9 (0.58)	2.3 (0.28)	2.0 (0.26)	5.0 (0.41)	6.2 (0.43)
Midwest	17.0 (0.59)	8.4 (0.44)	6.1 (0.36)	10.6 (0.48)	3.1 (0.27)	10.0 (0.46)	2.7 (0.27)	1.9 (0.22)	4.4 (0.34)	6.6 (0.38)
South	17.2 (0.52)	8.3 (0.35)	6.0 (0.29)	10.6 (0.39)	3.8 (0.22)	10.4 (0.37)	2.8 (0.17)	2.3 (0.18)	4.7 (0.24)	7.4 (0.32)
West	14.4 (0.55)	5.9 (0.34)	4.6 (0.31)	9.1 (0.43)	3.5 (0.30)	8.0 (0.39)	2.3 (0.22)	1.5 (0.16)	4.2 (0.29)	5.4 (0.30)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2015

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Hispanic or Latino origin ⁴ , race, and sex										
Hispanic or Latino, male	7.2 (0.59)	3.4 (0.40)	2.7 (0.36)	4.7 (0.46)	2.0 (0.33)	4.5 (0.47)	1.6 (0.27)	1.1 (0.23)	2.3 (0.34)	3.0 (0.38)
Hispanic or Latina, female	15.5 (0.80)	6.3 (0.51)	5.8 (0.47)	9.2 (0.62)	3.8 (0.40)	8.8 (0.62)	3.3 (0.43)	2.5 (0.38)	6.8 (0.55)	7.6 (0.56)
Not Hispanic or Latino:										
White, single race, male	14.8 (0.52)	6.6 (0.34)	4.2 (0.27)	9.4 (0.42)	3.1 (0.24)	8.5 (0.40)	2.2 (0.19)	1.6 (0.17)	2.7 (0.22)	4.6 (0.27)
White, single race, female	20.6 (0.55)	9.3 (0.36)	6.9 (0.31)	12.5 (0.42)	3.9 (0.24)	12.2 (0.42)	2.9 (0.20)	2.3 (0.19)	5.8 (0.29)	8.6 (0.36)
Black or African American, single race, male	13.5 (0.90)	7.6 (0.68)	5.3 (0.61)	8.7 (0.71)	3.9 (0.51)	8.0 (0.72)	2.8 (0.41)	2.1 (0.38)	4.2 (0.56)	5.9 (0.63)
Black or African American, single race, female	21.8 (1.06)	11.7 (0.80)	8.9 (0.72)	14.9 (0.94)	4.9 (0.56)	12.3 (0.87)	3.8 (0.46)	2.8 (0.43)	7.6 (0.63)	10.1 (0.75)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity." For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are not included in the denominator when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.