# **How to Have Effective Conversations about COVID-19 Vaccines in Rural Communities**



**September 27, 2021** 







#### Housekeeping



**For Panelists:** Please remember to mute yourself when not speaking.



**For Attendees:** Please access today's slides by following the link in the chat:

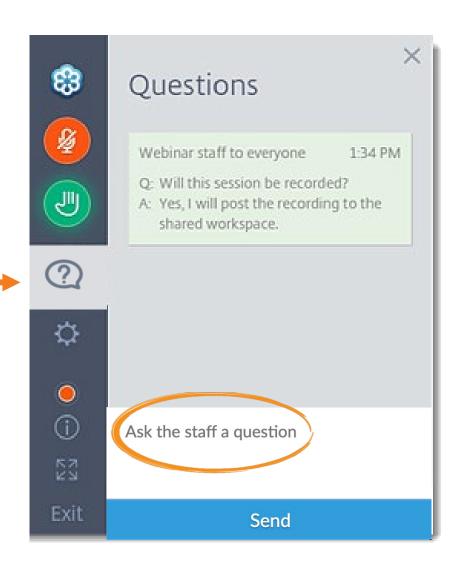


Please use "Questions" pane or raise your hand to ask a question.



# **Questions & Answers**

Submit questions via GoToWebinar "Questions" pane.





### Webinar Objectives

Provide attendees with:

- The latest updates on COVID-19 vaccination in rural communities.
- Key messages addressing common rural patient concerns about the COVID-19 vaccines.
- Communication tools for effective patient conversations.



### We appreciate your feedback

# How confident are you in your ability to effectively speak with rural patients about COVID-19 vaccines?

- 1. Very confident
- 2. Confident
- 3. Somewhat confident
- 4. Slightly confident
- 5. Not confident



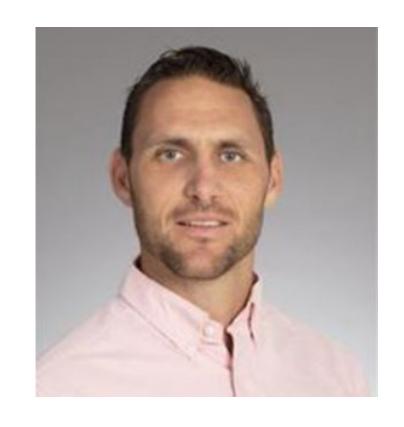
### Agenda: September 27, 2021

Topic	Speaker	Approximate Duration
Welcome	Leslie Amani, Moderator, CDPH	2 minutes
Rural Vaccination Data Overview	Skye Heston, M.D.	8 minutes
Tips & Tricks for Effective Conversations	Jasmeet Bains, M.D.	20 minutes
Resources, Polls, and Q&A	Leslie Amani, Moderator, CDPH	15 minutes





# COVID-19 Vaccination Data in Rural Communities Skye Heston, M.D.





#### **Defining Rural Communities**

#### **Rural Communities:** Areas that have

- low ratio of primary care providers to population; and/or
- geographical barriers to health care access.



#### COVID-19 Vaccines Administered, Cases, and Deaths in California

- 48,813,863 vaccines administered
- 69.6 % fully vaccinated
- 8.2% partially vaccinated
- 70,344 doses per day



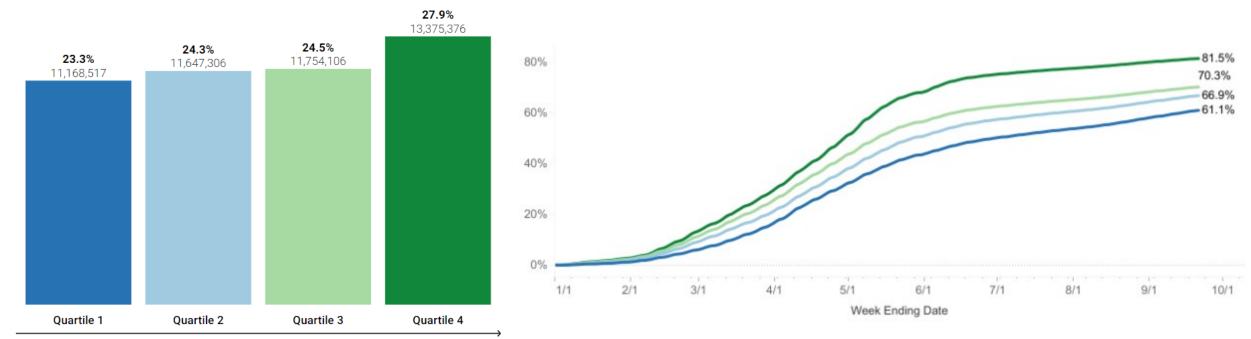
A. Gutierrez receives a COVID-19 vaccination from registered nurse J. Portillo at the Pico Union Project in Los Angeles.

(Al Seib / Los Angeles Times)



#### COVID-19 Vaccination Rates by Quartile in California

- California Healthy Places Index: zip codes ranging from less health community condition in Quartile 1 to more healthy community conditions in Quartile 4
- Quartiles 1 and 2 have the lowest vaccination rates



Least healthy community conditions

Most healthy community conditions

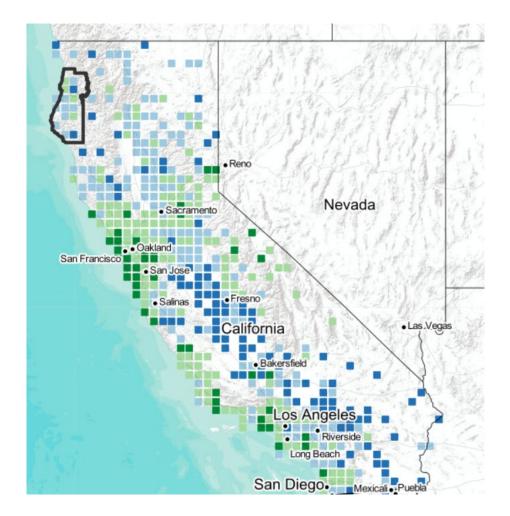
Updated September 22, 2021 with data from September 21, 2021.

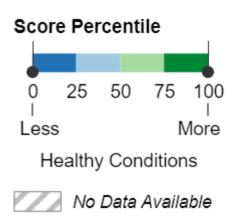
As of 9/22/2021



### Case Study: Humboldt County

In Humboldt County, 55.8% of the population is fully vaccinated compared to 70% statewide.



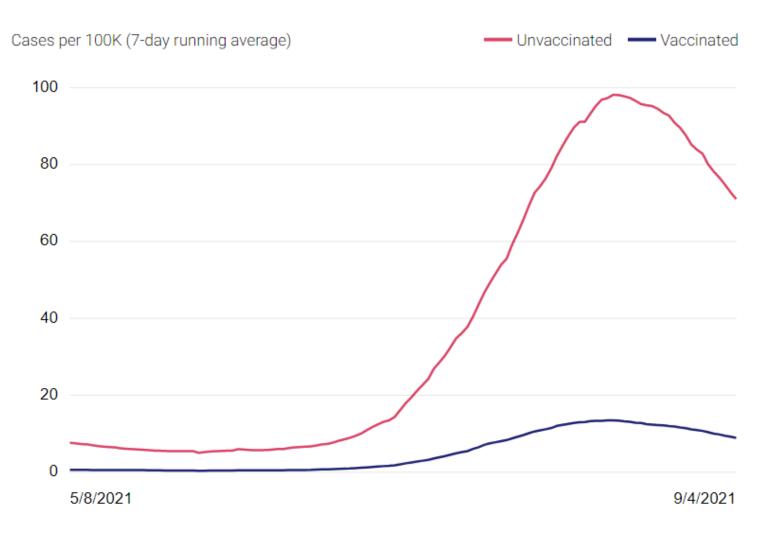


As of 9/24/2021



#### Unvaccinated and Vaccinated Cases in California

From August 29, 2021, to September 4, 2021, unvaccinated people were 8 times more likely to get COVID-19 than fully vaccinated people



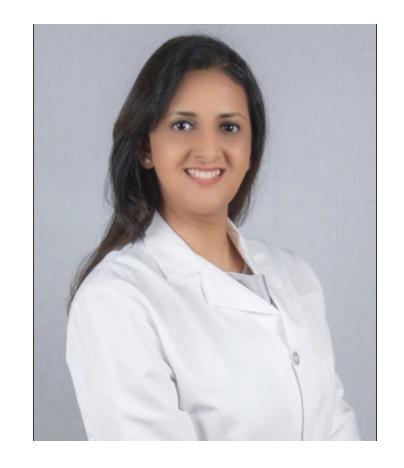






### How to Effectively Communicate about COVID-19 Vaccines

Jasmeet Bains, M.D. #ThisIsOurShot





# Messaging Elements that Resonate in Rural Communities

- Acknowledge concerns: Acknowledge people's hesitancy rather than challenging it.
- **Appeal with facts:** Give people transparent, substantiated answers that address safety concerns and elevate benefits of vaccination.
- **Emphasize protection:** Emphasis on protecting myself, loved ones, and those most vulnerable
- Recognize personal decision: Acknowledge that the decision is theirs to make.
- **Be positive:** People want to hear the benefits of getting a vaccine rather than the consequences of not getting it.
- Listen without judgement



# Messaging Elements to Avoid in Rural Communities

- Negativity & fear: Avoid reminders of how difficult the year has been.
- The right thing to do: References to "do you part" and "step up" can come off as accusatory.
- Over-promising
- "Back to normal:" For many people, post-pandemic life will never be the way it was. For others, life is very much back to normal.



#### Language to Use with Patients and Clients

Do Say	Don't Say
Vaccination	Injection or shot
A safe and effective vaccine	A vaccine developed quickly
Authorized by FDA based on clinical testing	Approved by FDA; Operation Warp Speed; Emergency Use Authorization*
Get the latest information	There are things we still don't know
Keep your family safe; keep those most vulnerable safe	Keep your country safe
Public Health	Government
Health/medical experts and doctors	Scientists
People who have questions	People who are hesitant, skeptical, resistant, or "anti-vaxxers"

<sup>\*</sup> The perceived speed of vaccine development is a current barrier among many audiences.

These recommendations are based partly on research conducted by the de Beaumont Foundation







### 3-5-3 Methodology

# 3 Steps to Start the Conversation

- Ask the questions and listen
- Create an alignment of safety
- Find common goals

#### 5 Key Messages

- The vaccine will keep you safe
- Side effects are common
- Vaccines are very effective
- The vaccine is built on 20 years of research
- Have questions?
   Ask.

#### 3 Post-Conversation Steps

- Acknowledge agency and personal choice
- Keep communication open
- Offer to find a vaccine



# Resources & Poll

Leslie Amani, CDPH



### We appreciate your feedback

# Following this training, how confident are you in your ability to talk with rural patients about COVID-19 vaccines?

- 1. Very confident
- 2. Confident
- 3. Somewhat confident
- 4. Slightly confident
- 5. Not confident



#### Resources

Unvaccinated Californians can go to <a href="mailto:myturn.ca.gov">myturn.ca.gov</a>, call 833.422.4255, or text their zip code to GETVAX or VACUNA to schedule their appointment.



## We appreciate your feedback

I will commit to talking to 30 patients or clients in 30 days about COVID-19 vaccines.\*

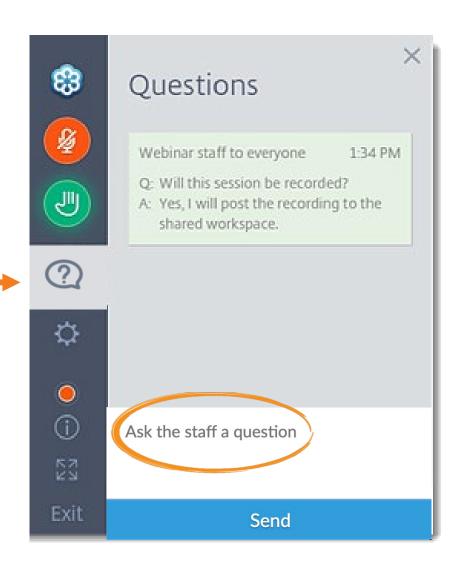
- 1. Yes
- 2. No

\* By choosing yes, you will opt in to weekly #ThisIsOurShot "Hero Alerts" with the latest information on COVID-19 vaccine misinformation trends and conversation resources.



# **Questions & Answers**

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#### Special Thanks to

#### **Today's Presenters:**

Jasmeet Bains, M.D.

Skye Heston, M.D.

#### **Content Support:**

Alex McDonald, M.D., Atul Nakhasi, M.D. and Hussain Lalani, M.D., #ThislsOurShot

#### Webinar Planning & Support:

Alecia Sanchez, California Medical Association

Leslie Amani, Mike Cappelluti, Michael Conrique, Edgar Ednacot, Rachel Jacobs, Michelle Yoon











# Thank you for your commitment to protect the health and well-being of all Californians



And for joining today's webinar!

