



# Show–Me Healthy Babies

If you are pregnant and you were not approved for healthcare coverage through MO HealthNet for Pregnant Women, help may still be available through the Show-Me Healthy Babies (SMHB) Program. This program helps infants get a healthy start by offering free healthcare coverage to unborn babies and their mothers.

## Who can get help?

To be eligible for this program, you must:

- Be pregnant
- Apply for **MO HealthNet** (Missouri Medicaid) before your delivery date
- Live in Missouri (a Social Security Number is not required for non-citizens)
- Not make more than 300% of the **Federal Poverty Level** (ex. for a family of 4, your household annual income would need to be less than \$83,250)
- Not have access to employer or private insurance that covers pregnancy-related care
- Not be eligible for any other **MO HealthNet programs**

## What services are available?

The Show-Me Healthy Babies (SMHB) program may be able to help with:

- Healthcare coverage to unborn children and their mother
- Pregnancy care, such as doctor visits and prenatal vitamins
- Healthcare coverage for your child from birth up to one year of age

Some mothers may receive pregnancy-related care for up to 60 days after giving birth. This may include: home visits, breastfeeding help, and an electric breast pump. Your approval letter will let you know if you qualify for this help.

## Questions?

Visit us online at [mydss.mo.gov/healthcare](https://mydss.mo.gov/healthcare). While there, start a chat to answer questions about the SMHB program or call **855-FSD-INFO (573-373-4636)**.

Missouri Department of Social Services, Family Support Division is an equal opportunity program.



[mydss.mo.gov/healthcare](https://mydss.mo.gov/healthcare)  
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## Discrimination & Civil Rights

HHS provides federal financial assistance for many programs to enhance health and well-being, including TANF, Head Start, the Low Income Home Energy Assistance Program (LIHEAP), and others. If you believe that you have been discriminated against because of your race, color, national origin, disability, age, sex (including pregnancy, sexual orientation, and gender identity), or religion in programs or activities that HHS directly operates or to which HHS provides federal financial assistance, you may file a complaint with the Office for Civil Rights (OCR) for yourself or for someone else.

To file a complaint of discrimination for yourself or someone else regarding a program receiving federal financial assistance through HHS, complete the form on line through OCR's Complaint Portal at <https://ocrportal.hhs.gov/ocr/>. You may also contact OCR via mail at: Centralized Case Management Operations, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F HHH Bldg., Washington, D.C. 20201; fax: (202) 619-3818; or email: [OCRmail@hhs.gov](mailto:OCRmail@hhs.gov). For faster processing, we encourage you to use the OCR online portal to file complaints rather than filing via mail. Persons who need assistance with filing a civil rights complaint can email OCR at [OCRmail@hhs.gov](mailto:OCRmail@hhs.gov) or call OCR toll-free at **1-800-368-1019**, TDD 1-800-537-7697. For persons who are deaf, hard of hearing, or have speech difficulties, please dial 7-1-1 to access telecommunications relay services. We also provide alternative formats (such as Braille and large print), auxiliary aids and language assistance services free of charge for filing a complaint.

The Missouri Department of Social Services is and equal opportunity provider.