

# WHĀRAURAU

## Our Mahi 2021

Improving the mental health of young people and whānau in Aotearoa through..

**SCHOOLS** - Training, tools and resources for workers providing mental health support in schools.

**TE WHATU ORA AND NGO SERVICES** - Service planning and quality improvement advice and training. National networking and training events. Biennial workforce stocktake.

**SUPPORTING WHĀNAU** - Training in evidence-based parenting programmes and single session family consultation. Developing workforce capability to support whānau where a parent experiences mental health and/or addiction issues.

**COMMUNITY** - Improving access and support for young people and whānau through workforce training in early brief intervention.

**ALCOHOL AND OTHER DRUGS SUPPORT** - Increasing workforce capability to assess and help young people at risk of alcohol and other drug problems. Information and guidance for young people.

**CONSUMER PARTICIPATION** - National network of youth consumer advisors. Youth consumer and whānau participation, cross-cultural input in service design and improvement. Guidelines, workshops and co-design projects to increase youth and whānau engagement.

**PROFESSIONAL DEVELOPMENT** - Postgraduate education in infant, child and youth mental health. Competency framework to identify training needs for enhanced service delivery. Blended learning approach – online and face-to-face.

3

sector days

2

new Youth  
Consumer Advisors  
(YCA's)

9290

accessed  
e-modules

201

practitioners  
trained in evidence  
based classroom  
management &  
parenting  
programmes

6

new resources  
developed

12

workforce  
support forums

26

postgraduate  
places  
funded

123

trainings & workshops  
(including  
webinars)

14

co-design  
projects

1

conference  
supported

5038

attended trainings,  
webinars and  
virtual forums



**WHĀRAURAU**  
Empower the Workforce | Manaaki Mokoipuna

