

## Estimating Weekly Study Hours

Guide						
Course Difficulty	Study Hours	Course difficulty is influenced by your background in the subject as well as personal skills and strengths. Use the course difficulty guide and multiply class difficulty by study hours to find a rough estimate of how many hours you should be studying a week.				
high	3	<b>Example Schedule</b>		<b>x Multiply</b>		
medium	2	Courses	Difficulty Level (high, med, or low)	Hours in Class/ Week	Study Hours Based on Difficulty	Needed Study Hours per Week
low	1					
n/a (seminars, etc.)	0	PHYS 220	high	5	<b>X 3</b>	15
		BIO 317	med	5	<b>X 2</b>	10
		PSYCH101	low	5	<b>X 1</b>	5
		Psych Seminar	n/a	1	<b>X 0</b>	0
		Total Study Hours per Week				30

Your Schedule				
Courses	Difficulty Level (high, med, or low)	Hours in Class/ Week	Study Hours Based on Difficulty	Needed Study Hours per Week
Total Study Hours per Week				